Services listed in this Directory Include:

Advocacy      Insurance/Healthcare
Affordable Childcare   Leadership Training
Assistive Technology Units   Legal Services
Banking/Financial Literacy   Life Skills
Budgeting   Medical Equipment
Clothing   Medical Healthcare
Counseling   Medical Transportation
Dental Healthcare   Parenting
Disability Assistance   Prescriptions
Disaster Response   Public Assistance Eligibility
Domestic Violence   Recreation
Education: GED/Credit & Noncredit course   Senior Services
Elder Care   Stress/Anger Management
Employment Services   Substance Abuse
English as a Second Language   Suicide Prevention
Fitness   Teen Services
Food   Transportation
Homecare Services   Utilities
Hospice   Veteran Support Services
Housing Affordable/Assistance   Vision Health Care
Housing Loans/Repairs   Weight Management
Income Tax Preparation   Wellness

Agencies are listed alphabetically in this directory
Agencies are listed alphabetically in this directory

**Advocacy**
AIM Services
American Foundation for Suicide Prevention
Association for the Hearing Impaired
Attentive Care of Albany, Inc.
Autism Society, Greater Capital Region
Backstretch Employees Service Team
Birthright
Capital District Child Care Council
Capital District Developmental Disabilities Services Office
Catholic Charities
Center for Disability Services
Commission on Economic Opportunity
Community, Work & Independence
Eddy Daybreak Adult Day Services
Family & Children’s Service
Fort Hudson Health System
Franklin Community Center
Health Literacy for All, Inc.
Home-Health Care Partners Corp.
Mechanicville Area Community Services Center
National Center for Missing & Exploited Children
Recovery Advocacy in Saratoga (RAIS)
Resource Center of Independent Living, Inc.
Salvation Army
Saratoga Bridges
Saratoga County Citizens Committee for Mental Health
Saratoga County Dept. of Social Services
Saratoga County Economic Opportunity Council, Inc.
Shelters of Saratoga
Southern Adirondack Independent Living
Sustainable Saratoga
Transitional Services Association, Inc.
Wait House
Warren – Washington Counties Homeless Youth Coalition
Wellspring

**Affordable Childcare**
Ballston Area Community Center
Capital District Child Care Council
Early Childhood Education Center
Helping Hands School
Mechanicville Area Community Services Center
Moreau Community Center
Newmeadow
Saratoga County Dept. of Social Services
Saratoga County Economic Opportunity Council, Inc.
Saratoga Regional YMCA
Southern Adirondack Child Care Network
Stillwater Area Comm. Center: Room to Bloom Preschool & Learning Center
Washington County Economic Opportunity Council
Workforce Development Institute
Agencies are listed alphabetically in this directory

**Assistive Technology Units**
Home Helpers and Direct Link

**Bank / Financial Literacy**
Adirondack Trust Company
Saratoga National Bank & Trust Company
SEFCU (State Employees Federal Credit Union)
Social Security Administration

**Budgeting**
CAPTAIN Community Human Services, Inc.
Clearpoint Credit Counseling Services
Community Loan Fund of the Capital Region
Greater Schuylerville Community Relief Fund
Mechanicville Area Community Services Center
Salvation Army
Saratoga County Dept. of Social Services
Saratoga National Bank & Trust Company
Southern Adirondack Independent Living
Warren – Washington Counties Homeless Youth Coalition
Workforce Development Institute

**Clothing**
Birthright
CAPTAIN Community Human Services, Inc.
Moreau Community Center
Salvation Army
Saratoga County Dept. of Social Services
Saratoga County Economic Opportunity Council, Inc.
Shelters of Saratoga
Tri-County United Way
United Way of the Capital Region
Warren – Hamilton Counties Community Action
Washington County Community Action Angels
Agencies are listed alphabetically in this directory

**Counseling**
Adirondack Samaritan Counseling Center
AIM Services
Alcoholics Anonymous
Alliance for Positive Health
Alpha Pregnancy Care Center
Alzheimer’s Association
American Cancer Society
Autumn Run Stables
Berkshire Farm Center & Services for Youth
CAPTAIN Community Human Services, Inc.
Catholic Charities
Chariton School
Community Hospice
Community, Work & Independence
ECS Psychological Services, P.C.
Family & Children’s Service
League of Women Voters
Leukemia & Lymphoma Society
Mechanicville Area Community Services Center
Mediation Matters
National Center for Missing & Exploited Children
National Suicide Prevention Lifeline
New York Statewide Senior Action Council, Inc.
Planned Parenthood
Samaritan Counseling Center of the Capital Region
Saratoga Center for the Family
Saratoga County Mental Health Center
Sexual Trauma & Recovery Services
Southern Adirondack Independent Living
Wait House
Warren Washington Care Center
Wellspring

**Dental Healthcare**
Backstretch Employees Service Team
Fidelis Care
Health Literacy for All, Inc.
Saratoga County Dept. of Social Services
Agencies are listed alphabetically in this directory

**Disability Assistance**
ACCES-VR
AIM Services
All-Metro Health Care
Alzheimer’s Association
Any-Time Home Care
Association for the Hearing Impaired
Autism Society, Greater Capital Region
Capital District Developmental Disabilities Services Office
Capital District Transportation Authority
Center for Disability Services
Clover Patch Summer Camp
Community, Work & Independence
Consumer Directed Choices
Epilepsy Foundation
Fort Hudson Health System
General Hearing / Hearing Health USA
Glens Falls Association for the Blind & Visually Impaired, Inc.
Helping Hands School
Legal Aid Society
Make-A-Wish
NYS Commission for the Blind
Northeast Career Planning
Northeastern Association for the Blind and Visually Impaired
Oak Hill School
Parent Network of the Capital Region
Resource Center of Independent Living, Inc.
Saratoga Bridges
Saratoga County Citizens Committee for Mental Health
Saratoga County Dept. of Social Services
Social Security Administration
Southern Adirondack Independent Living
Umbrella of the Capital Region
Unlimited Potential
Vanderheyden Hall, Inc.
Vocational & Educational Services for Individuals with Disabilities
Warren-Washington & Albany Counties Chapter NYSARC, Inc.
Wildwood Programs, Inc.

**Disaster Response**
American Red Cross

**Domestic Violence**
Mechanicville Area Community Services Center
NYS Coalition Against Domestic Violence
Planned Parenthood
Saratoga County Dept. of Social Services
Sexual Trauma & Recovery Services
Southern Adirondack Independent Living
Wellspring
Agencies are listed alphabetically in this directory

**Education: GED / Credit & Non-Credit Course**
- Burnt Hills–Ballston Lake Central School District
- Corinth Central School District
- Empire State College
- Saratoga Springs City School District
- SUNY Adirondack
- Warren-Washington Counties Homeless Youth Coalition
- Washington, Saratoga, Warren, Hamilton, Essex Board of Cooperative Educational Services

**Elder Care**
- Attentive Care of Albany, Inc.
- Eddy Visiting Nurse Association
- Eldercare Resources Capital Region
- Fort Hudson Health System
- Home Helpers & Direct Link
- Home Instead Senior Care
- Senior Solutions
- Stillwater Area Comm. Center: Room to Bloom Preschool & Learning Center

**Employment Services**
- AIM Services
- Attentive Care of Albany, Inc.
- CAPTAIN Community Human Services, Inc.
- Community, Work & Independence
- Experience Works
- Family & Children’s Service
- Glenmont Job Corps Center
- Greater Schuylerville Youth Program
- Health Literacy for All, Inc.
- NYS Commission for the Blind
- Northeast Career Planning
- One-Stop of Washington County
- Saratoga County One-Stop
- Southern Adirondack Independent Living
- Vocational & Educational Services for Individuals with Disabilities
- Warren County Employment & Training
- Warren-Washington & Albany Counties Chapter NYSARC, Inc.
- Washington, Saratoga, Warren, Hamilton, Essex Board of Cooperative Educational Services

**English as a Second Language**
- Backstretch Employees Service Team
- Capital District Educational Opportunity Center
- CCI Greenheart
- Literacy New York
- Resource Center of Independent Living, Inc.
- Saratoga County Economic Opportunity Council, Inc.
- Saratoga Springs Public Library

**Fitness**
- Fitness Professionals on Demand
Agencies are listed alphabetically in this directory

**Food**
- Capital District Child Care Council
- CAPTAIN Community Human Services, Inc.
- Cornell Cooperative Extension
- Franklin Community Center
- Legal Aid Society
- Mechanicville Area Community Services Center
- Moreau Community Center

**Homecare Services**
- All-Metro Health Care
- Clearpoint Credit Counseling Solutions
- Community Health Center of St. Mary’s Healthcare & Nathan Littauer Hospital
- Community, Work & Independence
- Consumer Directed Choices
- Eddy Visiting Nurse Association
- Fort Hudson Health System
- Greater Adirondack Home Aides
- Home-Health Care Partners Corp.
- Home Helpers and Direct Link
- Home Instead Senior Care
- Interim Health Care
- Northeast Health
- Northeast Health Diabetes Center
- Saratoga County Office for the Aging
- Seton Health Home Care
- Southern Adirondack Independent Living
- Warren-Hamilton Counties Office for the Aging

**Hospice**
- Catholic Charities
- Community Hospice
- Daughters of Sarah Senior Community
- Gateway House of Peace
- High Peaks Hospice

**Housing: Affordable / Assistance**
- CAPTAIN Community Human Services, Inc.
- Cornell Cooperative Extension
- Greater Schuylerville Community Relief Fund
- Habitat for Humanity
- National Church Residences of Ballston Spa, Waterford & Clifton Park
- Saratoga County Dept. of Social Services
- Saratoga County RPC/Veterans & Community Housing Coalition
- Saratoga Housing Committee
- Saratoga Springs Housing Authority
- Saratoga Springs Office of Community Development
- Southern Adirondack Independent Living
- USDA-Rural Development
- Warren-Hamilton Counties Office for the Aging
- Wellspring

**Housing: Loans / Repairs**
- Rebuilding Together Saratoga County
- Saratoga County Dept. of Social Services
- Saratoga County Economic Opportunity Council, Inc.
- Saratoga County Office for the Aging
- USDA Rural Development
- Warren-Hamilton Counties Community Action
Agencies are listed alphabetically in this directory

**Income Tax Preparation**
CAPTAIN Community Human Services, Inc.
New York State Dept. of Taxation & Finance
Saratoga County Economic Opportunity Council, Inc.

**Insurance / Healthcare**
Adirondack Health Institute Enrollment Services (AHI)
AIM Services
Alliance for Positive Health
Capital District Physicians’ Health Plan
Empire Blue Cross
Fidelis Care
Leukemia & Lymphoma Society
MVP Healthcare
NYS Elderly Pharmaceutical Insurance Coverage Program (EPIC)
Saratoga Hospital Health Insurance Navigation Program
Upper Hudson Primary Care Consortium
VNA of Albany, Inc.
Wellcare Health Plans, Inc.

**Leadership Training**
SUNY Adirondack

**Legal Services**
Legal Aid Society
Saratoga County Probation Department
Saratoga Springs Police Department
Warren County Probation Department
Wellspring

**Life Skills**
Adirondack Samaritan Counseling Center
AIM Services
Alcoholics Anonymous
All-Metro Health Care
Autism Society, Greater Capital Region
Autumn Run Stables
Balance Recovery Consultation
Capital District Developmental Disabilities Services Office
Catholic Charities
Eddy Visiting Nurse Association
Glens Falls Association for the Blind & Visually Impaired, Inc.
Health Literacy for All, Inc.
Northeast Career Planning
Saratoga County Economic Opportunity Council, Inc.
Saratoga County RPC/Veterans & Community Housing Coalition
Saratoga Mentoring Program
Saratoga Springs Recreation Department
Southern Adirondack Independent Living

**Medical Equipment**
Association for the Hearing Impaired
Center for Disability Services
Eddy Visiting Nurse Association
Elder Network of the Capital Region
Northeastern Association for the Blind and Visually Impaired
Saratoga County Dept. of Social Services
Southern Adirondack Independent Living
Medical Healthcare
Alzheimer’s Association
American Diabetes Association
Backstretch Employees Service Team
Cancer Services of Saratoga County
Center for Disability Services
Community Health Center of St. Mary’s Healthcare & Nathan Littauer Hospital
Community, Work & Independence
Eddy Visiting Nurse Association
Fidelis Care
Fort Hudson Health System
Four Winds Hospital
Glens Falls Hospital
Health Literacy for All, Inc.
Home-Health Care Partners Corp.
Leukemia & Lymphoma Society
Make-A-Wish
Northeast Health Diabetes Center
Occupational & Environmental Health Center of Eastern NY
Saratoga Care Nursing Home
Saratoga Community Health Center
Saratoga County Dept. of Social Services
Saratoga County Public Health Nursing Services
Saratoga Hospital Mental Health Unit
Schuyler Ridge Residential & Adult Day Health Care
Southern Adirondack Independent Living
Vanderheyden Hall, Inc.
Visiting Nurse Service of Northeastern New York

Medical Transportation
Community, Work & Independence
Glens Falls Association for the Blind & Visually Impaired, Inc.
Home-Health Care Partners Corp.
Saratoga County Dept. of Social Services
Stillwater Area Comm. Center: Room to Bloom Preschool & Learning Center

Parenting
Adirondack Samaritan Counseling Center
AIM Services
Alpha Pregnancy Care Center
Autumn Run Stables
Berkshire Farm Center & Services for Youth
Birthright
CAPTAIN Community Human Services, Inc.
Catholic Charities
Family & Children’s Service
Health Literacy for All, Inc.
Mechanicville Area Community Services Center
Parent Network of the Capital Region
Planned Parenthood
Saratoga Center for the Family
Saratoga County Dept. of Social Services
Transitional Services Association, Inc.
Wait House
Warren-Washington Counties Homeless Youth Coalition
Wildwood Programs, Inc.
Workforce Development Institute
Agencies are listed alphabetically in this directory

**Prescriptions**
- Attentive Care of Albany, Inc.
- Fidelis Care
- NYS Elderly Pharmaceutical Insurance Coverage Program (EPIC)
- Saratoga County Dept. of Social Services
- Senior Solutions

**Public Assistance Eligibility**
- Saratoga County Dept. of Social Services
- Southern Adirondack Independent Living

**Recreation**
- Ballston Area Community Center
- Catholic Charities
- Clover Patch Summer Camp
- Cornell Cooperative Extension
- Friends of Camp Little Notch
- Girls Incorporated
- Girl Scouts
- Greater Schuylerville Youth Program
- Hudson River Fish Advisory Outreach
- Mechanicville Area Community Services Center
- Moreau Community Center
- Salvation Army
- Saratoga National Historical Park
- Saratoga Regional YMCA
- Saratoga Springs Recreation Department
- Shenendehowa Senior Citizens Center
- The Wesley Community
- Wilton Wildlife Preserve and Park
Agencies are listed alphabetically in this directory

**Senior Services**
AIM Services  
Alzheimer’s Association  
Any-Time Home Care  
Attentive Care of Albany, Inc.  
Capital District Developmental Disabilities Services Office  
Center for Disability Services  
Commission on Economic Opportunity  
Consumer Directed Choices  
Daughters of Sarah Senior Community  
Eddy Daybreak Adult Day Services  
Eddy Visiting Nurse Association  
Elder Network of the Capital Region  
Experience Works  
Fort Hudson Health System  
Glens Falls Association for the Blind & Visually Impaired, Inc.  
Greater Adirondack Home Aides  
Greater Glens Falls Senior Care  
Home Helpers and Direct Link  
Home Instead Senior Care  
Interim Health Care  
Mechanicville Area Community Services Center  
Moreau Community Center  
MVP Healthcare  
National Church Residences of Ballston Spa, Waterford & Clifton Park  
New York Statewide Senior Action Council, Inc.  
Prestwick Chase  
Saratoga County Office for the Aging  
Saratoga Springs Recreation Department  
Schuyler Ridge Residential & Adult Day Health Care  
Senior Citizens Center of Saratoga Springs  
Senior Solutions  
Shenendehowa Senior Citizens Center  
Southern Adirondack Independent Living  
Umbrella of the Capital Region  
Warren-Hamilton Counties Office for the Aging  
The Wesley Community

**Stress / Anger Management**
Fitness Professionals on Demand
Agencies are listed alphabetically in this directory

**Substance Abuse**
- Alcoholics Anonymous
- Conifer Park
- Family & Children’s Service
- Glens Falls Hospital
- Northeast Career Planning
- Prevention Council
- Project Safe Point
- Recovery Advocacy in Saratoga
- Saratoga County Dept. of Social Services
- Saratoga County Mental Health Center
- Southern Adirondack Tobacco Free Coalition
- Transitional Services Association, Inc.

**Suicide Prevention**
- American Foundation for Suicide Prevention
- National Suicide Prevention Lifeline

**Teen Services**
- Alpha Pregnancy Care Center
- Autism Society, Greater Capital Region
- Ballston Area Community Center
- Big Brothers, Big Sisters
- Birthright
- CAPTAIN Community Human Services, Inc.
- Catholic Charities
- Community, Work & Independence
- Cornell Cooperative Extension
- Fort Hudson Health System
- Franklin Community Center
- Greater Schuylerville Youth Program
- Health Literacy for All, Inc.
- Northeast Career Planning
- Saratoga County Dept. of Social Services
- Saratoga Springs Recreation Department
- Teen Awareness Group
- Wait House
- Warren-Washington Counties Homeless Youth Coalition
Agencies are listed alphabetically in this directory

**Transportation**
Capital District Transportation Authority  
Fort Hudson Health System  
Home Instead Senior Care  
Moreau Community Center  
Prestwick Chase  
Saratoga County Dept. of Social Services  
Saratoga County Office for the Aging  
Teen Awareness Group  
Warren-Hamilton Counties Office for the Aging  
Warren-Hamilton Counties Community Action  
Washington County Community Action Angels

**Utilities**
CAPTAIN Community Human Services, Inc.  
National Grid  
NYS Energy Research and Development Authority  
Saratoga County Dept. of Social Services  
Saratoga County Office for the Aging  
Warren-Hamilton Counties Community Action  
Washington County Economic Opportunity Council

**Veteran Support Services**
Saratoga County RPC/Veterans & Community Housing Coalition  
Soldier On  
County Veterans Peer to Peer Mentoring Program

**Vision Healthcare**
Fidelis Care  
Glens Falls Association for the Blind & Visually Impaired, Inc.  
Health Literacy for All, Inc.  
Saratoga County Dept. of Social Services

**Weight Management**
Fitness Professionals on Demand

**Wellness**
A Peaceful Place Wellness Center  
Balance Recovery Consultation  
Fitness Professionals on Demand  
One Roof Holistic Health Center  
Parsons Child and Family Center  
Saratoga Regional YMCA  
To Life!
A PEACEFUL PLACE WELLNESS CENTER
1733 Route 9, D & G Village Clifton Park, NY 12065
www.apeacefulplace.com
(518) 371-2225
(518) 371-2583 (fax)
applace@aol.com

Services: A Peaceful Place Massage & Wellness Center is committed to bridging the gap between traditional western approaches to good health and holistic alternatives. We do this by honoring the physical, emotional, mental and spiritual and offering a wide range of therapies. If you suffer from pain, stress, depression, or are confused about what type of service would be most helpful to you, we have people who are trained and licensed to guide you.

ACCESS – VR (NYS Adult Career & Continuing Education Services – Vocational Rehabilitation)
80 Wolf Road, STE 200 Albany, NY 12205
www.acces.nysed.gov
(800) 272-5448
(518) 485-7748
(518) 457-4562 (fax)

Services: ACCESS-VR provides services to assist eligible individuals with disabilities to obtain employment. Services that may be provided as appropriate include:
- Assessment to help identify skills, abilities, interests & limitations
- Career Counseling & guidance
- Rehabilitative & assistive technology
- Training at a vocational school, community college or on the job
- Supported employment
- Job placement & retention
- Other services necessary to achieve the employment goal

Objectives: Assist eligible individuals with disabilities to obtain employment.


Intake Procedures: Individuals can apply for ACCESS-VR services themselves, be referred by their physicians and/or treatment providers or be referred by their schools if they are students. ACCESS-VR offers orientation sessions where individuals can learn about the types of services available. For more information or to schedule an orientation session, contact the Albany District Office at (518) 473-8097 or 1-800-272-5448.

Fees / Payment: ACCESS-VR can pay for services depending on the financial need of the individual and family. ACCESS-VR must consider other benefits and services that are available to individuals. Certain services have reasonable spending or time limits.

Hours: Monday – Friday, 8:30 am – 5:00 pm.

Adirondack Health Institute (AHI)
101 Ridge Street Glens Falls, NY 12801
www.ahihealth.org/ease
(518) 480-0111 ext. 501
(518) 793-5356 (fax)

Services: Free in-person assistance to those who need health insurance or need to renew their coverage with the NY State of Health Marketplace, i.e. Child Health Plus, Medicaid, Essential Plan and Qualified Health Plans.

Objectives: To ensure that all New Yorkers living in Adirondack Region. (Clinton, Essex, Franklin, Hamilton, Warren, Washington and Saratoga)

Target Population: Ages 0 – 65
Intake Procedures: Call 1-866-872-3740 to schedule an appointment with a NYS Certified Navigator.
Fees/Payment: All services are free.
Hours: Monday – Friday 8:00 am – 5:00 pm.
ADIRONDACK HEALTH INSTITUTE ENROLLMENT SERVICES
9 Carey Road Queensbury, NY 12804
(518) 480-0100 (fax)
www.adirondackhealthinstitute.org

Objectives: To enroll individual/families in NYS Health Insurance Programs.
Intake Procedure: Call 1-866-872-3740 for screening and appointments.
Eligibility Criteria: Dependent on income.
Hours: Monday – Friday, 8:00 am - 5:00 pm.

ADIRONDACK TRUST COMPANY (ATC)
473 Broadway Saratoga Springs, NY 12866
www.adirondacktrust.com

Services: Personal Banking, Savings Accounts, Online Banking, Checking Accounts, Home Mortgages, Personal Loans, Insurance, Trust & Investments; including checking and savings accounts, and commercial mortgages.

ADIRONDACK REGIONAL CHAMBER OF COMMERCE
136 Glen Street, PO Box 158 Glens Falls, NY 12801
(518) 792-4147 (fax)
www.adirondackchamber.org

Services: The ARCC is the voice of the Businesses in the Greater Glens Falls Area for more than 100 years. The ARCC provides businesses with opportunities to highlight their services, offering tools, education and advocacy among many membership benefits.
Objectives: The ARCC is committed to the development of the region, retaining and expanding businesses, and fostering an environment that makes our region a dynamic place to live, work and play.
Intake Procedure: Contact Pam Fisher at pfisher@adirondackchamber.org.
Fees/Payment: Membership Fee.

ADIRONDACK SAMARITAN COUNSELING CENTER
15 Boulevard Hudson Falls, NY 12839
(518) 747-2994 (fax)
www.adirondacksamaritan.org

Services & Objectives
Anger Management Project, Anger Management
Psycho-education program for men and women who have difficulty controlling their anger.

Alternatives to Violence, Anger Management *Youth
Psycho-education program for adolescents who have difficulty controlling their anger.

Counseling, Psychotherapy, Bereavement Counseling, Death & Dying Issues, Family Violence Counseling, General Counseling Services, Stress Management

Intake Procedure: Appointment only.
Fees/Payment: Sliding fee scale, private pay, insurance, Medicaid, Medicare.
Hours: Monday – Thursday, 8 am – 8 pm; Friday 8 am – 4 pm.
AIM SERVICES
4227 Route 50 Saratoga Springs, NY 12866
www.aimservicesinc.org

Services: Service Coordination, Community Habilitation, Waiver Respite (individual and community recreation) Individual Support Services, Family Support Services, Family Care, Traumatic Brain Injury Waiver Program, Nursing Home Transition Diversion Waiver, Independent Living Skills Trainer, Family and Education Training, Individualized Residential Alternative (IRA) and Intermediate Care Facilities (ICF), Family Care and Friday Night Out Respite Program, Consolidated support services, supportive apartments, teen & young adult recreation program, summer recreation program.

Objectives: AIM Services, Inc. is a private, not for profit organization providing residential and community based services to individuals with developmental disabilities, traumatic brain injuries and nursing home eligibility. AIM provides high quality services to individuals served and a positive environment for employees.

Target Population: Individuals with developmental disabilities, traumatic brain injuries, nursing home eligible.

Eligibility: OPWDD / DOH eligible.

Intake Procedures: Contact Director of Community Service, Monday – Friday from 8:30 am – 4:30 pm.

Hours: 24 / 7

ALCOHOLICS ANONYMOUS – DISTRICT 5
PO Box 111 Saratoga Springs, NY 12866
www.aahmbny.org


Objectives: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is NOT allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses or opposes any causes. Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.

Intake Procedure: Anyone who thinks they have a problem with alcohol. A desire to stop drinking - One day at a time. Just one day.

Fees/Payment: None

Hours: 24 hour hotline or simply attend a meeting.
Services: HIV PREVENTION PROGRAMMING AIDS/HIV Prevention Counseling Outreach Programs* AIDS/HIV

Objectives: The AIDS Council of Northeastern New York provides a full range of HIV prevention risk interventions, including community outreach; series based prevention trainings to high risk individuals, trainings for human service provider staff and clients, case management for at-risk individuals of unknown HIV status, HIV, STD and Hepatitis C testing and an HIV information hotline. The purpose of the service is to decrease behaviors which place individuals at risk for HIV, increase awareness of HIV infection status and increase integration of HIV prevention messages into counseling and treatment of clients and students in human service programs and educational institutions.

Eligibility: Individuals at risk for HIV.

Intake Procedure: Call or walk in. Walk-in HIV/STD testing Mon.-Thurs. 9:30am-4pm at Albany location, with some walk-in HIV testing in Schenectady.

Fees/Payment Source: No Cost.

Hours: 9 am-5 pm, 7 days a week. Evening hours as needed.

Services: CLIENT SERVICES, Case/Care Management Referrals
* AIDS/HIV General Addictions/Dependencies Support Groups
* AIDS/HIV Helplines/Warmlines
* AIDS/HIV Testing Substance Abuse Counseling

*AIDS/HIV Objectives:

Objectives: The AIDS Council of Northeastern New York provides assessment and coordination of care and facilitates access to services for HIV infected individuals; and offers support services for enrolled clients including transportation, counseling, rent and utility assistance, food pantries and food vouchers as well as social/recreational programming and support groups.

Eligibility: Individuals at-risk for HIV.

Intake Procedure: Call for an appointment.

Fees/Payment Source: No cost, Medicaid.

Hours: 9 am-5 pm, 7 days a week. Evening as needed.

Services: HEALTH INSURANCE ACCESS PROGRAM (HIAP) AIDS Drug Assistance Programs Health Insurance Information / Counseling * AIDS/HIV

Objectives: The Health Insurance Access Program (HIAP) can assist with completing ADAP (Aids Drug Assistance Program), ADAP Plus, Home Care, APIC (Association for Practitioners in Infection Control), and other health insurance applications; and evaluate current health care plans to ensure HIV+ people are in the plan that best fits their needs. Outreach Specialists will assist in finding comprehensive health insurance which includes medical and prescription coverage.

Eligibility: Call for details.

Intake Procedure: Call for appointment.

Hours: Monday – Friday, 9 am-5 pm.
ALL-METRO HEALTH CARE
650 Franklin St Schenectady, NY 12303
www.all-metro.com

Services: Home and Community Support Services (HCSS) and Service Coordination through the TBI and NHTD Waivers; Personal Care Aides; Home Health Aides; Private Pay home care, and more.

Objectives: Since 1955 All Metro Health Care has provided quality in home care services to thousands of people in NY, NJ, and Florida. We are a Licensed Home Care Services Agency whose goal is to help people transition home or remain in their home with the most appropriate services that will ensure their health and welfare.

Hours: 8:00 am - 5:00 pm, On-call 24 hours/7 days.

Target Population: Aging, disabled, and/or those in need of personal care.

Eligibility: Varies based on service requested.

Intake Procedure: Call for appointment.

ALPHA PREGNANCY CARE CENTER
51 Moe Road Clifton Park, NY 12065
www.alphacare.org

Objectives: It is our desire to help individuals and families with an unplanned pregnancy or families with young children.

Services: Free self-administered pregnancy tests, parenting classes, childbirth preparation classes taught by nurses, peer and professional counseling and diapers, baby supplies and equipment.

Target Population: Teens or adults who think they may be pregnant or who have children under the age of six.

Eligibility: Available to everyone free of charge.

Intake Procedure: Stop in or call to enroll in our program.

Hours: Tuesday evenings 6:30 - 8:00 pm or by appointment.

ALZHEIMER’S ASSOCIATION OF NORTHEASTERN NEW YORK
4 Pine West Plaza Suite 405
Washington Avenue Extension Albany, NY 12206
www.alz.org/northeasternny/
aileen.sternfeld@alz.org

Services: SUPPORT GROUPS

Objectives: The NENY Alzheimer’s Association offers more than 30 support groups throughout our region for people in the early stages of Alzheimer’s disease as well as family members, friends, and caregivers of those diagnosed with Alzheimer’s disease and related dementias. Group members learn more about the disease, share experiences and strategies to face daily challenges and provide support and encouragement.

Intake Procedure: Walk in or call for information.

Hours: Monday – Friday, 8:30 am - 5 pm.

Services: EDUCATION PROGRAMS

Objectives: Educational programs, professional trainings and caregiver conferences are offered throughout the year to provide knowledge and practical tips for understanding and caring for persons with Alzheimer’s disease. Programs are listed in our newsletter and on our website, www.alz.org/northeasternny.
Professional Training: For further information on professional trainings, please contact Gretchen Moore Simmons at 518-867-4999 ext. 208 or via email at Gretchen.Moore-simmons@alz.org.

Community Presentations: For further information on community presentations, please contact Jamie Mott at 518-867-4999 ext. 209 or via email at Jamie.mott@alz.org.

**Services: CARE CONSULTATIONS**

**Objectives:** Personalized sessions for individuals and families with Alzheimer’s Association staff to help them better understand the Alzheimer’s disease process and develop an action plan for the future.

**Intake Procedure:** Call for information.

**Hours:** Monday – Friday, 8:30 am - 5 pm.

**Services: 24/7 HELP LINE**

**Objectives:** Families are only a phone call away from getting information, education and support related to Alzheimer’s disease, care giving and community resources throughout 24 hours/day, 7 days/week Helpline. To reach a Helpline specialist, call 1-800-272-3900

**Intake Procedure:** Call for information.

**Hours:** 24 Hours. 7 Days.

**Services: MEDIC ALERT/SAFE RETURN PROGRAM**

**Objectives:** This program is a 24-hour nationwide emergency response services for individuals with Alzheimer’s or a related dementia that wander or who have a medical emergency.

**Intake Procedure:** Call for information.

**Hours:** Monday – Friday, 8:30 am - 5 pm.

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**American Cancer Society**

260 Osborne Road, Albany, NY 12211

[www.cancer.org](http://www.cancer.org)

Available 24 hours a day; 7 days a week for information.

(518) 454-4000 Event Information
(518) 454-4005 Patient Services
(518) 454-4010 Prevention/Screening Information
(518) 438-7841 Administrative
(518) 438-9608 Service/Intake
(800) 227-2345 Toll Free

**Sites:**

AMERICAN CANCER SOCIETY CAPITAL NY REGION – QUEENSbury

959 State Route 9 Mount Royal Plaza Queensbury, NY 12804

Services: TLC TENDER LOVING CARE, Appearance Enhancement Consultation Programs * Cancer

Objectives: TLC Tender Loving Care is a not-for-profit patient service intended to make coping easier for Women who have experienced hair loss due to chemotherapy, radiation treatment or surgery. In addition to helpful editorial advice from the experts at the American Cancer Society, TLC offers a large selection of hair loss products for cancer patients as well as special products for breast cancer patients and survivors.

**Intake Procedure:** Call for information.

**Hours:** Monday – Friday, 8:30 am - 4:30 pm.

**Services: REACH TO RECOVERY, Health Related Support Groups * Breast Cancer**

Objectives: Through face-to-face visits or by phone, Reach to Recovery volunteers, all of whom are
breast cancer survivors gives support and information to current breast cancer patients and their families.

Eligibility: Call for details.
Intake Procedure: Call for information.

Services: ROAD TO RECOVERY, Medical Transportation
Objectives: The Road to Recovery program provides transportation for cancer patients to and from treatment for people who have cancer who do not have a ride or are unable to drive themselves.

Eligibility: Patients with Medicaid are required to use the transportation provided by Medicaid, patients must be ambulatory. Please allow a minimum of 3 business days’ notice to arrange for transportation.
Intake Procedure: Call for information.

Services: MAN TO MAN PROSTATE EDUCATION AND SUPPORT GROUP, Men’s Support Groups
Objectives: The Man to Man program helps men cope with prostate cancer by providing community-based education and support to patients and their family members. In addition, Man to Man plays an important role in community education about prostate cancer.

Intake Procedure: Call for information.

Services: Specialized Information and Referral
Objectives: The American Cancer Society provides information and referral regarding support programs and services for people with cancer.

Intake Procedure: Call for information.

AMERICAN DIABETES ASSOCIATION
2 Pine West Plazas, Suite 204
Albany, NY12205
www.diabetes.org/albany
Justin Hladik, Manager of Mission Delivery
jhladik@diabetes.org

Services: 1-800-DIABETES, Information Lines, Diabetes
Objectives: American Diabetes Association maintains toll free numbers where people can call in and request information on Diabetes. This center is open Monday – Friday, 8:00 am to 8:30 pm.

Intake Procedure: Call for information.

Hours: 8:30 a.m. – 5:00 p.m. Monday - Friday
Fees/Payment: No cost.
AMERICAN FOUNDATION FOR SUICIDE PREVENTION – Capital Region
PO Box 486 East Greenbush, NY 12061
www.afsp.org/capitalregion
(518) 791-1544

Services: Suicide prevention through educational programs, training, suicide loss support and advocacy.

Objectives: AFSP is the leading national non-profit exclusively dedicated to understanding and preventing suicide through research education and advocacy and to reaching out to people with mental illness and those impacted by suicide.

Eligibility: Open to anyone in the community.

Intake Procedure: For more information: 518-791-1544 or lmarx@afsp.org.

Hours: Monday through Friday, 9:00 am -5:00 pm.

Fees/Payment: No Cost.

AMERICAN RED CROSS
33 Everett Road, Albany, NY 12205
www.redcrossadirondackssaratoga.org
www.redcross.org/eny
(518) 459-8268 Fax Albany
(518) 792-6545 Glens Falls
(518) 792-6545 Emergency
murphyc@usa.redcross.org
(518) 792-8586 Fax Glens Falls

Services: COMMUNITY SERVICES, Friendly Visiting

Objectives: Through the Friendly Visiting Televisiting program, volunteers are matched with senior citizens from Warren County who would like someone to either visit with them or talk to them on the telephone on a weekly basis. This contact eases some of the loneliness of the winter months for the homebound, provides companionship for seniors who have no family in the area, and support for those who may simply need someone to talk to. Many wonderful friendships have been fostered through this program. Friend Visiting Televisiting is funded through a contract with the Warren County Office for the Aging.

Eligibility: Call for details.

Intake Procedure: Telephone, Volunteer Connection.

Hours: Monday – Friday, 8:30 am-4:30 pm.

Services: HEALTH & SAFETY, Babysitting Instruction, CPR Instruction, and general First Aid

Instruction Objectives: The Adirondack Saratoga Chapter of the American Red Cross offers a wide range of Health and Safety classes at locations throughout Warren, Washington, Saratoga, Hamilton and Southern Essex Counties.

Eligibility: Call for details.

Intake Procedure: Call for application and information.

ANY-TIME HOME CARE, CORPORATE OFFICE
127 South Broadway
Nyack, NY 10960
www.anytimehomecare.com
info@anytimehomecare.com
(518) 353-8280
(518) 353-8275 Fax

ANY-TIME HOME CARE
1272 Central Avenue Albany, NY 12205
www.anytimehomecare.com
info@anytimehomecare.com
(518) 454-9433
(518) 454-9436 Fax
Services: Home Care, Home Health Aide Services
Objectives: Home Health aides provide personal care in the client’s place of living including assistance with bathing, dressing, transferring, meal preparation, laundry, light housekeeping, errands and accompaniment to appointments.
Eligibility: An individual who has a physician’s order for home care services including TBI & NHTD Waiver participants.
Documents: Physician order required; utility bill with address.
Hours: 24 / 7

ASSOCIATION FOR THE HEARING IMPAIRED
71 Glenwood Avenue, Queensbury, NY 12804
(518) 761-0554
http://www.afthi.org/
hearingimpaired@hotmail.com

Services: ADVOCACY FOR PEOPLE WITH HEARING LOSS Advocacy * Hearing Loss
Objectives: The Association for the Hearing Impaired provides advocacy, support, and services for deaf and hard of hearing persons in most of the Capital Region.
Eligibility: Deaf and hard of hearing people.
Hours: Monday – Friday, 9am-4pm.

Services: ASSISTIVE TECHNOLOGY LOAN-OUT CENTER, Assistive Technology Equipment Loan
Objectives: The Assistive Technology Loan-Out Center offers a variety of devices that people with hearing loss may borrow to try on a short-term basis.
Eligibility: Call for details.
Intake Procedure: Call for information.

Services: SIGN LANGUAGE INSTRUCTION, Sign Language Instruction
Objectives: The Association for the Hearing Impaired offers instruction in American Sign Language for the deaf and the hearing impaired.
Eligibility: No requirements.
Hours: Our sign language cafe continues to meet on the first Friday of each month from 7 pm to 9 pm in the foyer of the Independent Living Center, 71 Glenwood Avenue, and Queensbury. The Wilton group meets on the third Friday of the month at the Barnes and Noble Bookstore at 7 pm.

Services: INFORMATION AND REFERRAL, Specialized Information & Referral * Hearing Loss
Objectives: The Association for the Hearing Impaired offers information and referral services to the deaf and the hearing impaired.
Eligibility: No requirements.
Hours: Monday – Friday, 9 am-4 pm.

Services: LIP READING CLASS, Speech Reading Instruction
Objectives: The Association for the Hearing Impaired offers speech reading lessons to the deaf and the hearing impaired.
Eligibility: No requirements
Hours: The Wilton group meets on the third Friday of the month at the Barnes and Noble Bookstore at 7pm.
ATTENTIVE CARE OF ALBANY, INC.
5 Computer Drive West, Albany, NY 12205
www.attentivecareservices.com

Mission: It is the mission of Attentive Care to provide high quality, trusted and ethical home health Caregivers and service which respects the rights and dignity of our clients and their families enabling them to achieve their personal, family and community goals and needs.

Services Provided: Home Health Care and Staff Services for hospitals, nursing homes, health-related facilities, clinics, emergency rooms and physician’s offices.

Intake Procedure: Call for more information.

AUTISM SOCIETY, GREATER CAPITAL REGION
101 State Street, Schenectady, NY 12305
www.albanyautism.org

Mission: The Autism Society of the Greater Capital Region, New York is a not-for-profit organization that serves people living with Autism in the Greater Capital District and their families. Our mission is to promote lifelong access and opportunities for people on the autism spectrum and their families so they can be fully participating, included members of their communities. We do this through advocacy, public awareness, education and compassionate support.

Services Provided: Information and Referral, Resource Center, Advocacy, Swim Days, Scholarships and Grants, Friday Knights, Camp Spectacular, Family Fun Events, Conferences and Support.

Target Population: Individuals diagnosed with the autism spectrum and their families.

Intake Procedure: Call for information.

AUTUMN RUN STABLES
804 North Road, Amsterdam, NY 12010
Nanette.AHA@gmail.com

Services: A horse adventure, equine-assisted psychotherapy program and the Homestead at Autumn Run Stables specialty foster care home from pre-teen/teen girls.

Objectives: Equine Assisted Mental Health Counseling—We exist to teach kids and families in tough spots how to form healthy relationships, thrive in their environment, express themselves in positive ways, and re-engage with their families, friends, school, and develop new skills to help them be the difference they want to see in the world. The Homestead at Autumn Run Stables Nanette Foster’s horse farm, specializing in Equine Assisted Counseling, provides a stable, loving, Christ-centered home where 5 pre-teen/teen foster care girls (core 7 - 18) can live, learn, and participate in life-giving activities - healing hearts and empowering them through life skill development.

Services: EQUINE ASSISTED COUNSELING, Equine counseling
Objectives: For individuals, groups, and families dealing with mental health issues, addictions, self-harm, sexual abuse/physical abuse, conflict management, communication skill development, and life skill development.

Services: A SPECIALTY HOME FOR FOSTER CARE GIRLS (7 - 18 years)
Objectives: A space for hope and growth in a family-style home instead of a group home residential care environment.

Intake Procedure: Call for more information, 518-229-7701.
Services: BEST is a health and human service agency (501c3) serving the needs of the backstretch community at the Saratoga Racecourse.

Objectives: BEST operates an on-site medical clinic, dental clinic and referrals to local health care providers and specialists. We have a free breakfast program, communication center, free stove, translation and transportation services to other agencies and offices in the community. We also have an office to secure health benefits and other support services.

Eligibility: Workers who live and work on backstretch; employment with trainers at the Saratoga Racetrack.

Intake Procedure: Come to the office or call (518)587-3720.

Hours: 8:00 am - 4:00 pm daily during the week.

BALANCE RECOVERY CONSULTATION
63 Putman Street, Suite 202, Saratoga Springs, NY12866
(518) 222-4870 (518) 583-8900 Fax
www.tknorr12@gmail.com

Services: Workshops & presentations on stress management & work/life balance, human service agency consultation, private recovery case management services & “TAI CHI for Recovery” instruction in Chi Gong & TAI CHI.

Objectives: Seeking to restore balance for staff of human service agencies, the Recovery Community and the general public. “We’re all in recovery from something.” Wellness for the mind, body and soul.

Target Population: Health & Human Service Agencies, the Recovery Community and General Public

Intake Procedure: Call to schedule appointment.

Fees/Payment Source: $80.00 per hour consultation fee, packages & sliding scale availability.

Hours: Monday – Friday, 9:00 am – 5:00 pm (some weekend appointments available).

BALLSTON AREA COMMUNITY CENTER
20 Malta Avenue, Ballston Spa, NY 12020
(518) 885-3261 (518) 884-2572
Ballstonareacc.org (518) 884-0259 Fax

Services: Day Camps, Extended Day Care, Recreational Activities/Sports

Objectives: Services include before and after-school child care for ages 5-13, an all-day summer program for ages 5-13 for 8 weeks, and an all-day summer travel program for ages 10-15 for nine weeks. Also offered are a universal pre-kindergarten for 4-year olds, an evening teen open gym and social recreation program for ages 13-16, and a morning toddler gym.

Eligibility: Before and after school care, and summer program: ages 5-13. Summer travel program: ages 10-15; Pre-kindergarten: 4-year olds; Teen open gym and social recreation: ages 13-16

Intake Procedure: Visit www.ballstonareacc.org

Documents: Physician order and proof of age required.

Fees/Payment Source: Low Cost, Application/registration fee, Scholarship/Financial Aid.

Hours: Before and after school childcare Monday – Friday, 6:30 am - 6pm; Summer Program Monday – Friday, 6:30 am - 5:30 pm for 8 weeks; Summer Travel Program Monday – Friday, 6:30 am - 9 pm for 9 weeks; Teen open gym and social recreation Mon, Wed, Fri 6pm - 9pm, Toddler gym Tues, Thurs 9:30 am - 11am November to April. Weekend hours based on scheduled events and programs.
Services: 

Summer Camps, Day Camps

Objectives: The Ballston Area Community Center's summer program provides school-age children with a structured program that allows parents to work. The program provides a wide range of activities including discovery, arts and crafts, and recreational sports. Swimming lessons are provided at the Village pool and field trips are conducted weekly to area parks and attractions. This program is eight weeks long.


Intake Procedure: Application Procedure

Documents: Physician statement, Proof of age.

Fees/Payment Source: Low cost, Application/registration fee, Scholarship/Financial Aid.

Hours: 6:30 am to 5:30 pm, Monday - Friday for 8 weeks during the summer.

Services: 

Teen Program, Recreation Centers

Objectives: Providing area teens with physical and recreational activities in a safe and supervised environment makes them less likely to be involved in negative activities. These are the only free services in the area. As money is an issue for most teenagers, it does not interfere with their involvement in this program. The staff is dedicated to the youth and listens to what they have to say. The teens themselves have a vital role in sculpting the program to fit their needs. Implemented changes and program design are intrinsically tied to teen input. Staff regularly interacts with youth, and are not only good role models but can also recognize if referral services are necessary and have access to resources for outreach programs.

Eligibility: Children between the ages of 12 and 19.

Intake Procedure: Via the web/Internet, walk in all program members are required to fill out and hand in a membership form that contains age, general personal information, emergency contact information, understanding of facility policies, Internet policy, and parental signature. Teens get their name on the required sign-in sheet by turning in their membership forms.

Fees/Payment Source: None/Not applicable.

Hours: Monday – Friday, 6 am – 9 pm

BERKSHIRE FARM CENTER & SERVICES FOR YOUTH
500 New Karner Road, 3rd Floor, Albany, NY12205
(518) 456-1969
(518) 456-8686 Fax
www.berkshirefarm.org

BERKSHIRE FARM CENTER AND SERVICES FOR YOUTH - WARREN, WASHINGTON & SARATOGA COUNTY
Home Finder for Warren County and Northern Saratoga County Caira Tabor at (518) 390-0878 or (518) 480-3034.
Home Finder for Washington County Kelly Talback 518-380-3992
For All other Services contact the main office in Albany 500 New Karner Rd., 3rd floor Albany NY 12205 (518) 456-1969 (518) 456-8686

Services: The mission of Berkshire Farm Center & Services for Youth is “to strengthen children and families so they can live safely, independently, and productively within their home communities.” By forming strong community partnerships and collaborating with other service agencies and educational organizations, we empower children and families while building healthier and stronger communities.

Objectives: We are a statewide community based non-profit child welfare organization. Many of Berkshire’s programs and services are community-, home-, and school-based and include foster care, group homes, family preservation and reunification, truancy and crisis prevention, and counseling (individual, group, family). Each day, Berkshire serves more than 3,000 children throughout New York State. Your support can help us to change a child’s life and create a better future for them, their family, and their community. In addition to community-based programs, Berkshire’s Residential Treatment Center (RTC), located on our 2,000 acre campus amid the beautiful Berkshire Mountains, provide specialized services to adolescent boys and their families,
including an accredited curriculum in an on-site junior/senior high school. Berkshire creates a
caring, structured, and stable environment that provides adolescent boys and their families
with an opportunity to learn how to lead healthy, productive lives together.

Eligibility: Children and families in need.
Intake Procedure: Contact your local Department of Social Services office or our Albany Office for assistance.
Hours: We offer 24-hour support.

BIG BROTHERS/BIG SISTERS OF THE CAPITAL REGION (518) 862-1250
1698 Central Avenue, Albany, NY 12205 (518) 862-1256 Fax
www.bbbscr.org info@bbbscr.org

Services: Youth Mentoring Program, Adult/Child Mentoring Programs
Objectives: Adult volunteers are matched with children between the ages of 6 and 18 who want and need
a Big Brother or Big Sister. "Biggs" and "Littles" spend time together in the community, building
friendships and enjoying everyday fun and activities. Volunteers and families receive support
and guidance from our professional staff to ensure a positive experience for all involved.

Target Population: School-age youth living in Albany, Schenectady, Saratoga, or Rensselaer Counties. Enrollment is
open to youth 6-14 and services are provided to youth ages 6-18.
Intake Procedure: Call for application procedure or apply via Internet www.bbbscr.org
Fees/Payment Source: No cost.
Hours: Hours vary, please call.

BIG BROTHERS/BIG SISTER OF THE SOUTHERN ADIRONDACKS (518) 798-1010
14 W. Notre Dame St., Glens Falls, NY 12801 (518) 798-1517 Fax
www.mentoringinfo.org info@bbbssadk.org

Services: YOUTH MENTORING, Adult/Child Mentoring Programs
Objectives: Big Brothers, Big Sisters helps vulnerable school-age children succeed at home, in school and in
their communities by matching them with adult or teenaged volunteers who serve as friends
and mentors.

Eligibility: Children and Youth living in Washington County and Warren County, enrollment ages 6- 14,
services ages 6-18.
Intake Procedure: Internet, Application Procedure, telephone
Fees/Payment Source: No cost.
Hours: Hours vary, please call.

BIRTHRIGHT (518) 885-4117
40 Front Street, PO Box 661, Ballston Spa, NY 12020

Services: FREE AND CONFIDENTIAL self- administered pregnancy tests, referrals to medical, mental
health, social services and adoption providers; diapers, formula, layettes and essential baby
items.

Objectives: Provides caring, non-judgmental support to girls or women who are distressed by an unplanned
pregnancy.

Target Population: Pregnant women
How to apply: Stop by Birthright office during office hours or call for an appointment.
Hours: Monday - Friday, 11:00 am - 3:00 pm or anytime by appointment.
### Services:

**School Districts** Burnt Hills-Ballston Lake Central School District serves students K through 12.

### CANCER SERVICES PROGRAM OF SARATOGA COUNTY

**Address:**
- 59D Myrtle Street, Saratoga Springs, NY 12866 (Physical Address)
- 211 Church Street, Saratoga Springs, NY 12866 (Mailing Address)

**Contact Information:**
- Phone: (518) 580-2078
- Fax: (518) 580-2203
- Website: [www.cancerservicesofsaratoga.org](http://www.cancerservicesofsaratoga.org)

**Services:** CANCER SERVICES PROGRAM, Colorectal Cancer Detection, Mammograms, and Pap Tests

**Objectives:**
The Cancer Services Program offers NO COST cancer screenings for men and women without health insurance. We provide colon, breast and cervical cancer screenings for women 40 to 64 years of age and men 50 to 64 years of age. *Breast - Women under 50 with a history or a finding may be eligible. * Colorectal - men and women under 50 with a history may be eligible.

**Eligibility:**
Uninsured or Underinsured

**Intake Procedure:**
Call 518-580-2132

**Fees/Payment Source:**
No cost.

**Hours:**
Monday – Friday, 8:00 am - 4:00 pm

### CAPITAL DISTRICT CHILD CARE COUNCIL

**Address:**
91 Broadway, Menands, NY 12204

**Contact Information:**
- Phone: (518) 426-7181 (Service/Intake)
- Fax: (518) 426-9649
- Email: akovacik@cdcccc.org
- Website: [www.cdcccc.org](http://www.cdcccc.org)

**Services:**
- Child Care Food Program, Child and Adult Care Food Programs

**Objectives:**
The Child Care Food Program is a federally funded program (run by The Department of Health) which gives child care providers in Albany, Fulton, Montgomery, Saratoga, Schenectady and Rensselaer Counties money to help with their child care food expenses. Participating providers supply meals that meet USDA meal patterns.

**Eligibility:**
Licensed/registered or legally exempt Child Care providers

**Intake Procedure:**
Application procedure or application by authorized provider. Call for an appointment and a home visit.

**Documents:**
Proof of license or registration needed to be on program. Proof of enrollment for legally-exempt providers. Federally funded, runs on state level of the Department of Health.

**Target Population:**
Albany, Fulton, Montgomery, Rensselaer, Saratoga, and Schenectady

**Fees/Payment Source:**
Free

**Hours:**
Monday – Friday, 9 am - 5 pm.

### Services:

**Child Care Referrals, Child Care Provider Referrals**

**Objectives:**
Child care referrals are provided to assist families who are looking for child care in Albany, Fulton, Montgomery, Rensselaer, Schenectady and Saratoga Counties. Information is also given to parents about subsidy programs and quality indicators for choosing childcare.

**Eligibility:**
Families with children who need child care.

**Intake Procedure:**
Childcare referrals are given to anyone who calls or visits the office, or contacts the office via web/internet.

**Fees:**
No cost.

**Hours:**
Monday – Friday, 9am-5pm. Messages left on voicemail after hours will be returned within one business day.
**Services:** Training and Technical Assistance, Child Care Provider Training  
**Objectives:** Training and Technical Assistance is provided for current and prospective Child Care Professionals in Albany, Fulton, Montgomery, Saratoga, Schenectady, and Rensselaer Counties on how to provide quality care in their Child Care Programs. Technical assistance and information on starting a home based child care business is provided.  
**Eligibility:** New and current family child care providers.  
**Target Population:** Albany, Fulton, Montgomery, Rensselaer, Saratoga, and Schenectady  
**Intake Procedure:** Application procedure. Call for information.  
**Fees:** Application/registration fee, scholarship/financial aid available to qualified participant, no cost or low cost. Reimbursement through New York State Educational Incentive Plan available to qualified participants.  
**Hours:** Monday – Saturday, hours vary.

**Services:** Child Care Health Consultants, Managed Health Care Information * Child Care Workers  
**Objectives:** Child Care Health Consultants assist child care programs with medication training, offer training about health related issues, develop policies and procedures to help keep children and adults safe and healthy and assist with finding health care plans. Child Care Health Consultants are registered nurses that partner with child care centers, group and family child care homes, and school-age programs to foster a safe and healthy environment for children.  
**Eligibility:** Licensed/registered child care providers and legally exempt providers.  
**Target Population:** Albany, Fulton, Montgomery, Rensselaer, Saratoga, and Schenectady  
**Intake Procedure:** Application Procedure, Call and register for training classes  
**Fees:** Application/registration fee, Scholarship/financial aid available to qualified participants. No cost or low cost, Cash, check, and Credit/Debit Card, Reimbursement through New York State Educational Incentive Plan available to qualified participants.  
**Hours:** Monday – Saturday, hours vary.

**CAPITAL DISTRICT DEVELOPMENTAL DISABILITIES SERVICES OFFICE**  
500 Balltown Road, Bldg. 10, Schenectady, NY12304  
(518) 370-7331

**CAPITAL DISTRICT DDSO SARATOGA**  
3 Care Lane Suite 200, Saratoga Springs, NY 12866  
(518) 583-2810

**Services:** Service Coordination, Case/Care Management Referrals  
**Objectives:** Service Coordination professionals help individuals with developmental disabilities develop, plan, implements and monitor their own plan of services and support.  
**Eligibility:** Persons who are eligible for OMRDD services.  
**Intake Procedure:** Application procedure. Call for information.  
**Fees/Payment Source:** Medicaid.  
**Hours:** Monday - Friday 8:30 a.m. - 5:00 p.m. with flexible hours based on individual needs.

**Services:** Family Support, Case/Care Management, Developmental Disabilities  
**Objectives:** Family Support offers comprehensive services which help families provide in-home care to family members with a developmental disability.  
**Eligibility:** Families whose family member with a development disability resides at home with them.  
**Intake Procedure:** Referral required. Call for information.

**Services:** Residential Services Option, Group Homes for Children and Youth with Disabilities, Group Residences for Adults with Disabilities, Semi-Independent Living Residences for Adults with Disabilities
Objectives: The Capital District Developmental Disabilities Services Office offers group homes and individual residential alternatives or family certified homes that provide room, board and individualized service options for persons eligible for OMRDD services.

Eligibility: OMRDD eligibility.
Documents: Physician’s statement.
Fees/Payment: Fees vary. Medicaid and reimbursement through SSI accepted.
Hours: Monday – Friday, 8:00 am - 5:00 pm.

Capital District Educational Opportunity Center (EOC)
145 Congress Street, Troy, NY 12180
(518) 273-1900
Fax (518) 273-1919
www.hvcc.edu/eoc

Objectives: The EOC is an educational enterprise that serves eligible adult learners. The EOC delivers comprehensive, community based training.


Hours: Monday - Friday
Eligibility Criteria: Individuals must meet economic and academic eligibility. Call for details.
Intake Procedure: Admissions takes place every Tuesday at 8:15 am in Troy and every Friday at 8:15 am at the Albany facility at 30 N. Russell Road. Individuals should plan to stay until noon.
Visit www.hvcc.edu/eoc and click apply now.

CAPITAL DISTRICT PHYSICIANS’ HEALTHPLAN
500 Patroon Creek Boulevard, Albany, NY 12206
(518) 641-3000
Fax (518) 641-4605
www.cdphp.com

Services: HEALTH INSURANCE, Adult State/Local Health Insurance Programs, Children’s State/Local Health Insurance Programs
Objectives: CDPHP provides health care for all subscribers. CDPHP uses the IPA model for the delivery, financing, and administration of health care services. CPPHP also offers health insurance through Family Health Plus, Child Health Plus, Medicaid, and Medicare.

Eligibility: Most low income persons, especially older adults, youth, persons with disabilities and veterans.
Intake Procedure: Call or walk in.
Documents: Call for details.
Fees/Payment Source: Low cost, fees vary.
Hours: Monday – Friday, 8:30 am-5 pm.
Capital District Transportation Authority (CDTA)
110 Watervliet Avenue, Albany, NY 12206
www.cdta.org

Services: Capital District Transportation Authority, Public Transit Authorities
Objectives: The Capital District Transportation Authority (CDTA) provides for the continuance, further development and improvement of transportation and other related services within the Capital Region Transportation District by railroad, omnibus, marine and air. The CDTA provides regular route buses, shuttle buses and paratransit service.

Eligibility: No requirements
Intake Procedure: Get on the bus or call for information.
Hours: Monday – Friday, 8 am – 5 pm.

CAPTAIN COMMUNITY HUMAN SERVICES, INC.
5 Municipal Plaza Clifton Park, NY 12065
www.captaincares.org
info@captiancares.org
(518) 383-7997 Fax
(518) 369-9928 Emergency-Youth Shelter
(518) 584-6042 Referral/Intake Youth Shelter
(518) 469-7897 Street Outreach

CAPTAIN Community Human Services
5 Municipal Plaza Clifton Park, NY 12065
www.captaincares.org
info@captiancares.org
(518) 371-1185 Administrative/General Contact
(518) 383-7997 Fax

CAPTAIN Runaway & Homeless Youth Shelter
Malta, NY 12020
answered by On-call Supervisor
(518) 584-6042 Referral / Intake
(518) 369-9928 24-hour Emergency Hotline
CAPTAIN’s Treasures (518) 383-1788
1705 Route 9 Clifton Park, NY 12065
www.captaincares.org

Cheryl’s Lodge (518) 373-8873
25 Fern Lane Clifton Park, NY 12065

Services: COMMUNITY WORK SERVICE, Community Work Service Program (518) 371-1185
Objectives: The Community Work Service Program is an alternative sentence program for first-time
offenders under the age of 21, charged with a misdemeanor. A judge will offer the person
charged an opportunity to do community service in lieu of a fine and will be monitored by a
program site coordinator.
Eligibility: Call for details.
Intake Procedure: Call for information.

Services: OUTREACH CENTER AT CHERYL’S LODGE, Family Support Center/Outreach (518) 373-8873
Objectives: The Outreach Center at Cheryl’s Lodge offers drop-in center based for low-income families with
young children in southern Saratoga County. Homework support, Head Start, senior programs,
summer camps, summer meal programs, GED, employment services, and so much more.
Eligibility: Call for details.
Intake Procedure: Call for information.

Services: Homework Help, After School Educational Enrichment & Homework Help (518) 373-8873
Objectives: During the school year, a four-day-a-week Homework Help program for grades K-12 is made
possible through the efforts of 35 dedicated volunteers, who provide after-school tutoring and
homework support.
Eligibility: Students who attend Shenendehowa School District.
Intake Procedure: Call or walk in to apply.
Hours: Monday – Thursday, 2:45 pm to 6:30 pm.

Services: PEACE CAMP, Summer Day Camp (518) 373-8873
Objectives: Peace Camp provides a day camp experience for elementary children focusing on conflict
resolution and problem solving through peaceful means.
Eligibility: Call for details.
Intake Procedure: Call for information.

Services: Summer Lunch Program, Summer Meal Programs (518) 373-8873
Objectives: The Summer Feeding program offers free breakfast and lunch to low-income children ages 1-18
throughout the summer when school is not in session.
Eligibility: Children ages 1-18 who receive free or reduced-price lunch during the school year.
Intake Procedure: Call to find out information regarding walk-in enrollment.
Fees: No cost.
Hours: June 25 – August 29, Monday – Friday, 7:30 am to 1:30 pm

Services: SCHOOL SUPPLIES, Back to School Supplies (518) 373-8873
Objectives: CAPTAIN will provide school supplies to children of low-income families.
Eligibility: Call for details.
Intake Procedure: Call for information.
Fees: No cost.
Hours: Mon. – Fri., 9 am – 5 pm
Services: CAPTAIN's TREASURES, Next to New Store (518)383-1788
Objectives: CAPTAIN's Treasures offer gently used clothing and household goods at very reasonable prices. CAPTAIN also provides vouchers to the store for victims of catastrophes, fire, domestic violence and other emergency situations.
Eligibility: No requirements.
Intake Procedure: Walk-in.
Fees: Low cost.
Hours: Monday – Wednesday, 9 am – 5 pm; Thursday, 9 am – 7 pm; Friday, 9 am – 5 pm, Saturday, 10 am – 3 pm; Sunday, 12 – 3 pm.

Services: CAPTAIN Runaway & Homeless Youth Shelter, Youth Shelter & Home for Youth in Housing Crisis
(518) 584-6042 or (518) 369-9928
Objectives: The CAPTAIN Youth Shelter is a temporary shelter certified by the Office of Children and Family Services, where young people can live in a safe, crisis-free, and comfortable residential home setting. It is designed to help youth between the ages of 13 – 17 years who are homeless, in a runaway situation, at risk of becoming homeless, are facing a housing crisis, or need respite. Considerations for children fewer than 13 years are rare, but are made on a case-by-case basis.
Youth are involved in the daily activities of a home, go to school, and receive support services from trained and caring staff. During their stay all efforts are made to address the individual issues that led to their homelessness and reunite them with their family, when it is safe and appropriate.
Eligibility: Call for details.
Intake Procedure: Call for information.
Hours: 24 hours a day (please see emergency number)

Services: STREET OUTREACH PROJECT, Outreach program to Capital District to help homeless, runaway & street-involved youth safely exit the streets - (518) 584-6042 or (518) 469-7897
Objectives: CAPTAIN operates the Street Outreach Project to find runaway, homeless and disenfranchised youth on the streets and provide immediate aid by meeting their basic needs (food, clothing, shelter, etc.), provide crisis intervention, access to emergency shelter as needed, help them escape exploitation and abuse, and provide support services. This project will serve all youth regardless of gender, race, religion or gender identity, ages 13 – 21 throughout Saratoga, Fulton, Rensselaer and Montgomery Counties.
Eligibility: Ages 13-21 years, residents of Saratoga, Fulton, Rensselaer, and Montgomery Counties.
Intake Procedure: Call for information.
Hours: 24 Hours.

Services: Employment Readiness Program, Workforce Investment Employment Program (518)371-1185
Objectives: CAPTAIN operates a work readiness program to help young adults 16-21 years find employment, increase their literacy, earn GED and/or industry recognized certificates, and increase their employability. CAPTAIN serves youth from throughout Saratoga County and is looking to enroll youth who have become disconnected from the workforce.
Eligibility: Ages 16-21 years, resident of Saratoga County, and certain income requirements.
Intake Procedure: Call for information.
Hours: Monday – Friday, 9 am – 5 pm.
Services: FAMILY ASSISTANCE, - Clothing Vouchers, Household Goods Vouchers, Rent Payment Assistance, Utility Service Payment Assistance, Thanksgiving Baskets, Adopt-a-Family, Holiday Toy Shop, Solutions to End Homelessness Program (STEHP) - (518)371-1185 Objectives: CAPTAIN’s Family Assistance program offers advocacy and assistance in accessing emergency funds for basic needs to families within the Shenendehowa School District and southern Saratoga County. Vouchers for clothing and necessary household items are available to all Saratoga County residents. Saratoga County residents who are homeless or at risk of homelessness may apply for STEHP (Solutions to End Homeless Program), a state funded program to find housing for individuals and families who are truly homeless or facing eviction.

Eligibility: Family Assistance – Residents of southern Saratoga County, including single adults or couples without children. Vouchers and STEHP – Saratoga County.

Intake Procedure: Call or walk in.
Fees/Payment: No cost.
HOURS: Mon-Fri 9-5

Services: FAMILY DEVELOPMENT, Adult Mentoring Program - (518) 371-1185
Objectives: Trained volunteer mentors are matched with families in crisis to provide support, resources and guidance. Mentors have up to date resources regarding employment, child care, health insurance, transportation, food stamps, and housing.

Eligibility: Low-income families in southern Saratoga County.
Intake Procedure: Families are referred through their use of other CAPTAIN services including Family Assistance and the Emergency Food Pantry. Families are considered based on need, interest, and availability.
Fees/Payment: No cost
Hours: Mon-Fri 9-5

Services: EMERGENCY FOOD PANTRY, Food Pantry, Diapers/Baby Care Items, Personal Care Items (518) 371-1185
Objectives: The Emergency Food Pantry provides families and individuals with a three-day supply of food, diapers, paper and hygiene products. The pantry may be visited once every 30 days.

Eligibility: Residents of southern Saratoga County
Intake Procedure: Walk in.
Documents: Any form of valid photo ID, proof of address and proof of income.
Fees/Payment: No cost. Non-perishable donations accepted.
Hours: Open Monday, Tuesday, and Thursday 10 am – 4 pm.

Services: CAPTEENS, Youth Development Program (518) 371-1185
Objectives: CAPteens promotes youth development through leadership, community service, and character building opportunities. Students have the opportunity to grow across a wide range of community service and development experiences.

Eligibility: Shenendehowa sophomores, juniors and seniors.
Intake Procedure: Call for information.
Fees/Payment: No cost.
Services: TEEN TALK HOTLINE, Helplines / Crisis Call Center (Adolescents) (518) 383-4680

Objectives: Teen Talk is a peer-staffed confidential helpline for teens. Trained students staff the phone lines to provide emotional support, address teen issues, and provide referrals when necessary. They also provide homework help for students from elementary school through high school.

Eligibility: Students in the capital district.

Intake Procedure: Call for information.

Fees/Payment: No cost.

Hours: 3 pm-8 pm when school is in session.

Services: JOB ASSIST, Job Search / Placement (Youth) (518) 371-1185

Objectives: Job Assist offers teens from 13-19 employment training and placement services. Job Assist recruits employers and individuals who are looking to fill a variety of jobs and matches them with teens.

Eligibility: Local teens and employers.

Intake Procedure: Call or walk in to apply, or apply via www.cliftonpark.org/jobassist

Fees/Payment Source: No cost.

Hours: Monday – Friday, 9 am -5 pm.

CATHOLIC CHARITIES OF SARATOGA, WARREN & WASHINGTON COUNTIES
142 Regent Street, Saratoga Springs, NY 12866 (518) 587-5000
(518) 587-3127 (fax)

Sites:
Catholic Charities of Saratoga, Warren & Washington Counties
142 Regent Street Saratoga Springs, NY 12866 (518) 587-5000
(518) 587-3127 (fax)

Glens Falls Office of Catholic Charities
35 Broad Street Glens Falls, NY 12801 (518) 793-6212 Service/Intake
ccdvp@spa.net

Mary’s Haven – Community for the Dying
35 New Street Saratoga Springs, NY 12866 (518) 584-9397 Service/Intake
marys.haven@jspa.net

Saratoga Mentoring Program of Catholic Charities
368 Broadway Saratoga Springs, NY 12866 (518) 581-1487 Service/Intake
(518) 580-0415 (fax)
www.saratogamentoring.org info@saratogamentoring.org

Services: MENTORING PROGRAM, Adult/Child Mentoring Programs * At Risk Youth

Objectives: This program is a community-based prevention/diversion program that recruits, screens, trains and supports community members who are matched with identified at-risk youth for at least one year. Through these matches, volunteers and participating youth make a significant commitment of time and energy to develop relationships devoted to personal, academic or career development, and social, athletic or artist’s growth. Comprehensive services are provided to the families as well.

Eligibility: Children ages 6 to 14, and their families.

Intake Procedure: Call for information. Referrals come from schools, families, public agencies, word of mouth, etc. Once referred, the child and the parents/caretakers are interviewed. A home visit is made; interests and concerns are explored. Mentors are thoroughly screened. They must undergo a face-to-face interview, fill out an application and provide references. They must agree to undergo a criminal background check, the child abuse registry screening, and participate in
sexual abuse training on the signs of abuse and the characteristic of abusers, etc. Staff also makes a home visit to the potential mentor’s home or apartment. When all is checked out, the child is matched with the most suitable mentor.

Services: CASE MANAGEMENT FOR HOUSING AUTHORITY RESIDENTS, Case/Care Management * Public Housing Residents
Objectives: Catholic Charities provides case management and counseling to the elderly and disabled residing in the Stonequist Apartments and the senior housing in Jefferson Terrace in Saratoga Springs.
Eligibility: Residents of the Saratoga Springs Housing Authority buildings.
Intake Procedure: In-person intake and assessment with program staff. Call for information.
Fees/Payment: No cost.
Hours: Monday – Friday, 9 am - 5 pm.

Services: DOMESTIC VIOLENCE PROJECT, Domestic Violence Hotlines, Domestic Violence Shelters Domestic Violence Support Groups, General Crime Victim Assistance
Objectives: The Domestic Violence Project provides a 24-hour hotline, emergency shelter, supportive counseling, advocacy, crime victim assistance, support groups, community education and outreach. Staff will assess their situation and describe services available. They may access services non-residentially or be admitted to the safe dwelling when needed and appropriate. Those seeking emergency shelter must be a resident of Warren or Washington County. If they are not, they must contact the Domestic Violence Program in their county or be directly referred by the Program. Residential placement requires a face to face interview. Alcohol and drug use are prohibited in the shelter and serious mental health issues cannot be accommodated since there is not 24 hour staff presence on premises. The Domestic Violence project does provide services to men who are victims but is not able to accommodate them in the safe dwelling. Referrals to other options will be sought.
Intake Procedure: Call or walk in.
Fees/Payment: Person in safe dwelling must apply for public assistance.
Hours: 9 am - 5 pm daily. On-call availability, 24 hours a day, 7 days a week.

Services: FAMILY COUNSELING PROGRAM, General Counseling Services
Objectives: The Family Counseling Program provides individual, couple, and family counseling.
Intake Procedure: Telephone, Walk in.
Documents: Proof of income
Fees/Payment: Insurance, Medicaid, Medicare, private insurance, private pay, reimbursement through public agency, sliding fee scale.
Hours: Monday – Friday, 9 am – 5 pm. Alternate Location Times: Evening by appointment in all sites.
Services: GROUP HOME FOR BOYS ADJUDICATED BY THE COURTS, Group Homes for Dependent Children
* Males

Objectives: The group home provides comprehensive childcare, social work and educational services in a residential setting. Individual, group and family counseling is available. The goal of the program is to return youth to their familial setting when appropriate or to prepare them for independent living if necessary. The young men have to be able to function in the public school setting and the local community.

Eligibility: Adolescent boys adjudicated by the courts.
Intake Procedure: Referral from home county, face to face interview with youth and his family.
Fees/Payment: Reimbursement through Public Agency (County DSS)
Hours: 24 Hours. 7 Days.

Services: MARY'S HAVEN - COMMUNITY HOME FOR THE DYING, Hospice Facilities

Objectives: Mary's Haven is a community home for the dying, a two-bed residence serving persons with irreversible illness who are within the last three months of their lives and who can no longer safely remain at home. It is an alternative for those who do not want to spend their final days in a hospital or nursing home setting. The focus is on quality of life rather than quantity. Holistic hospice care will be provided addressing the resident's physical, spiritual, emotional, and social needs.

Eligibility: Any terminally ill person in the last three months of his/her life.
Intake Procedure: Appointment only. Call for appointment, referral required
Documents: Proof of income, Physician's statement.
Fees/Payment: None, Donations accepted.
Hours: 24 Hours. 7 Days.

**CATHOLIC CHARITIES OF THE DIOCESE OF ALBANY**

40 North Main Avenue, Albany, NY 12203
www.ccrcda.org
McCauley Residence
South Manning Boulevard Albany, NY 12208
www.rcda.org

Services: ASSISTED LIVING, Assisted Living Facilities

Objectives: McCauley Residence is a 48-bed assisted living facility. Services include meals, personal care, case management, medication administration, an active recreation program and daily prayer services. Memorial services are held for persons who die at the residence. Religious activities offered include Bible study, communal reconciliation, communion services, communion visits as needed, liturgy, pastoral visits, and rosary.

Intake Procedure: Call for information.

**CCI GREENHEART-FOREIGN EXCHANGE ORGANIZATION**

524 Victory Circle, Ballston Spa, NY 12020
www.ccigreenheart.org

Services: Host an exchange student - private and public school placement, language schools, teach abroad, volunteer, work, intern, or train abroad, high school abroad, FLEX & Yes Grant Programs, ESL & American Culture Program.

Objectives: To promote cultural understanding, academic development, environmental consciousness and world peace.

Intake Procedures: Contact Jill Miller or apply online.
The Center for Disability Services:
314 South Manning Blvd
Albany, NY 12208
www.cfdsny.org

**Centers Mission:** To enable and empower people, primarily those with disabilities, to lead healthy and enriched lives.

**Services Provided:** Service Coordination, Center Health Care, Children’s Health Home Waiver, Adult Day Services, Residential Services, Home and Community Based Waiver Services, Respite Services, Kevin G. Lagan School, Clover Patch Early Childhood, Clover Patch Camp and Camp Spectacular.

For more information about services the Center for Disability Services offers please visit our website at [www.cfdsny.org](http://www.cfdsny.org). Click on the contact us link, complete a short form and someone from the People Services Department will contact you. If you prefer, you can contact the department at (518) 437-5600 M-F 7:30am-6pm.

The Center for Disability also has four divisions:
- Down Syndrome Aim High Resource Center
  [www.dsahrc.org](http://www.dsahrc.org)
- Life Quality Solutions Incubator
  [Prospect Center](http://www.prospectcenter.com)
- St. Margaret’s Center
  [www.stmargaretscenter.org](http://www.stmargaretscenter.org)

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**THE CHARLTON SCHOOL**
322 Lakehill Road, PO Box 47, Burnt Hills, NY12027-0047

**Services:** Services include a 35-bed residential program, a NYSED approved school for grades 8-12, individual therapy, family therapy, group therapy, and therapeutic animal care.

**Objectives:** The Charlton School provides therapeutic, residential educational and aftercare services to young women who have encountered significant problems in their lives, and their families.

**Eligibility:** Females age 13-18 years.

**Intake Procedure:** Call for information.

**Hours:** 24 hours daily - 7 days per week.

**CLEARPOINT CREDIT COUNSELING SOLUTIONS**
5794 Widewaters Parkway, Syracuse, NY 13214

**Services:** BANKRUPTCY COUNSELING, Bankruptcy Assistance

**Objectives:** The consumer will be asked to provide information about income, household expenses and debts so a full budget analysis can be made. Alternatives to bankruptcy will be explained along with any options that may help the financial situation. A complete overview of the bankruptcy process including advantages and disadvantages of bankruptcy will be provided. Clients that complete this counseling will be issued a certificate, which is required for filing a bankruptcy.

**Eligibility:** No requirements.

**Intake Procedure:** Call for an appointment with a Certified Credit Counselor, which is a 90-minute long session. If more time is needed, a second appointment can be scheduled for a later date.

**Documents:** Proof of income, driver's license, monthly living expenses, debt information (credit cards, loans, medical bills, statements/bills from creditors) and photo ID.

**Fees/Payment:** $50 fee. Donations accepted.

**Hours:** Monday – Thursday, 8 am - 7 pm; Friday, 8 am - 5 pm; Saturday appointments available.
Services: CREDIT REPORT REVIEW COUNSELING, *Credit Counseling*

Objectives: Consumer Credit Counseling will help clients understand their credit report, explain their credit rights, show the client how to dispute errors and help develop a plan to improve the client's credit history.

Intake Procedure: Call for an appointment with a Certified Credit Counselor to review the credit report or reports. This is an hour-long session. If more time is needed, a second appointment can be scheduled.

Documents: Driver's license or other form of photo ID and a credit report dated within the last 30 days.

Fees/Payment Source: No cost. Donations accepted.

Hours: Monday – Thursday, 8 am - 7 pm; Friday, 8 am - 5 pm; Saturday appointments available.

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Services: DEBT MANAGEMENT COUNSELING, *Debt Consolidation Services*

Objectives: One of the options that clients may want to use to pay off their debts is the Debt Management Program (DMP). All major creditors participate in the Debt Management Program. Most will offer lower interest rates and an end to additional late and over-limit fees, so that clients are able to pay off their debts in a reasonable amount of time. If the client and counselor agree that the DMP is the best option, the client will make one monthly payment to CCCS that will be disbursed to their creditors. Most creditors will bring past due accounts current after they receive three consecutive payments through CCCS. There is a nominal servicing fee; 100% of payments are disbursed to their creditors.

Eligibility: No requirements

Intake Procedure: Call for an appointment with a Certified Credit Counselor. This is an hour-long session. If more time is needed, a second appointment can be scheduled.

Documents: Proof of income, monthly living expenses, and debt information (credit cards, loans, medical bills, statements/bills from the creditor.)

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Services: HUD APPROVED HOUSING COUNSELING, *Homebuyer/Home Purchase Counseling*

Objectives: Certified housing counselors help clients understand the home-buying process and help them decide on a mortgage amount that is affordable without sacrificing their lifestyle. Fees may apply if a certificate for first-time homebuyer programs is needed. Housing counselors also help clients if they are having difficulty and have fallen behind on their mortgage, or their HUD assisted rent. We can help clients work with their lender or landlord to save the clients home from foreclosure or eviction from their apartment and help understand what their options are. If the client is a senior citizen who wants to stay in the home, but is finding it harder to afford repairs or taxes, reverse equity mortgage counselors can help clients understand reverse mortgages and how they can help.

Eligibility: No requirements

Intake Procedure: Call for an appointment with a Certified Housing Counselor. This is a one-to-two hour session. If more time is needed, a second appointment may be scheduled.

Documents: Proof of income, monthly living expenses, debt information (credit cards, loans, medical bills, statements/bills from creditors) and any documents relating to mortgage.

Fees/Payment: No cost. Donations accepted.

Hours: Monday – Thursday, 8 am - 7 pm; Friday, 8 am - 5 pm; Saturday appointments available.

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Services: BUDGET COUNSELING, *Personal Finances/Budget Counseling*

Objectives: With a certified counselor, the client will review their income, expenses and debt, and create a plan to achieve their financial goals. The client will receive tips on managing their money, and their counselor will develop an Action Plan that will guide the client toward their goals, in a way that reflects their values and priorities.

Eligibility: No requirements

Intake Procedure: Call for appointment with a Certified Credit Counselor, which will be an hour-long session. If more time is needed, a second appointment would be scheduled for a later date.
Documents: Proof of income, monthly living expenses, and debt information.
Fees/payment: No cost. Donations accepted.
Hours: Monday – Thursday, 8 am - 7 pm; Friday, 8 am - 5 pm; Saturday appointments available.

CLOVER PATCH CAMP/CAMP SPECTACULAR
www.cloverpatchcamp.org
(518) 384-3081 offseason
www.cfdsny.org
(518) 399-4759 summer
cloverpatchcamp@cfdsny.org
(518) 384-3001 Fax

Services: Overnight Camp
Objectives: Clover Patch Camp is open to children and adults with developmental disabilities who seek an overnight camping experience. The program provides families and caregivers a period of reprieve while at the same time providing campers with a challenging, educational and fun outdoor living experience in a fully accessible, natural setting.

Services: Day Camp
Objectives: Clover Patch Camp offers a day camp experience to children who may not be ready for the overnight experience or who have special twenty-four hour medical needs that would preclude them from an overnight stay. The day camp participants join in all the daily activities of the overnight campers, thus providing a well-rounded camp experience.

Services: Camp Spectacular
Objectives: Camp SPECTACULAR is specialized program offering a traditional day camp experience for children with autism spectrum disorders including those with high functioning autism, Asperger’s Syndrome, and PDD-NOS. Our unique camp has social workers, special education teachers and counselors ready to meet each camper’s individual needs. The program provides campers with a challenging, educational and fun outdoor experience in a natural setting. As a team, staff work together to give their campers a week full of fun, laughter and new friends.

Eligibility: 5 - 100 years old, coed.
Intake Procedure: Call for information.

COMMISSION ON ECONOMIC OPPORTUNITY FOR THE GREATER CAPITAL REGION (CEO)
2331 Fifth Avenue, Troy, NY 12180
(518) 272-6012
www.ceoempowers.org
(518) 272-0658 Fax

Sites:
JOSEPH L BRUNO FAMILY RESOURCE CENTER
& CEO-Foster Grandparent Program
2330 5th Avenue, Troy, NY 12180
(518) 272-6020 Fax
www.ceoempowers.org

Services: FOSTER GRANDPARENT PROGRAM, Foster Grandparent Program
Objectives: The program matches elderly with children in order to benefit both by training elderly in providing services to children (educational, social, and emotional) and giving children the opportunity to work with the elderly. The program allows a participant to earn a tax-free stipend for volunteering anywhere from 15 to 40 hours a week, helping children to learn and grow through fun and educational activities.

Eligibility: Over age 55, income eligible, and means of transportation.
Intake Procedure: Call (518) 272-1006
Hours: Monday – Friday, 8 am - 4 pm.
COMMUNITY HEALTH CENTER OF ST. MARY’S HEALTHCARE & NATHAN LITTAUER HOSPITAL
2-8 West Main St. Johnstown, NY 12095  (518)762-8215
www.chchomecare.org  (518)762-6921 Fax

Services: CHC offers a full range of in-home health care services. Competent, professional staff is dedicated to bring quality, compassionate, and patient-centered home health care to residents of Fulton, Montgomery, Hamilton, Herkimer, Saratoga, Schoharie, and Warren Counties.

Objectives: You can get a great sense of CHC’s values as an agency by watching one of our caregivers enter a patient’s home. There is always a polite knock at the door, then a smile, a warm greeting, and a respectful dialogue about how the resident is doing as a patient – and as a person. Our nurses, therapists, home health aides, housekeepers and other caregivers are first rate, and our entire business culture is focused on one simple thing: Patient Care.

Target Population/Eligibility: Through our Certified Home Health Agency (CHHA), CHC can help patients with more short-term needs. Registered Professional Nurse Case Managers directly supervise services provided and coordinate other services based on physician's orders, patient needs, and risk assessment.

Services Provided: Nursing, Home Health Aide, Personal Care, Medical Social Services, Physical, Occupational, Respiratory Therapies, Speech and Language Pathology, Nutritional Services, Medical Supplies and Equipment.

Intake Procedures: A home care referral can be started as easily as calling CHC's Intake Department at 518-762-8215 Ext. 1411. A staff member of the intake team will be happy to answer all your questions. Our intake RN is available Monday thru Friday 8am to 4:30pm to accept referrals and answer any questions you might have.

Fees/Payment: Medicare, Medicaid, Third Party Payer (Co-pay might apply), Self-pay.

Hours: Office hours are Monday- Friday 8 am - 4:30 pm. RN and Supervisor available on call 24 hours a day, 7 days a week.

THE COMMUNITY HOSPICE
295 Valley View Boulevard, Rensselaer, NY 12144  (518) 724-0242 Service/Intake
www.communityhospice.org  (518) 285-8150

Community Hospice of Saratoga  (800) 678-0711 Toll Free
179 Lawrence Street, Saratoga Springs, NY 12866  (518) 581-0800
www.communityhospice.org  (518) 581-9460 Fax

Services: GRIEF CENTERS, Bereavement Counseling, Bereavement Support Groups

Objectives: Provides professional support, education, information and resources to bereaved in the community via support groups for adults, children and teens. Memorial services, referrals, community education counseling and community crisis intervention are also provided.

Eligibility: The bereaved in the community

Intake Procedure: Call for information.

Documents: Proof of residency.

Fees/Payment: Free of charge

Hours: Monday – Friday, 8 am - 5 pm, weekend and evening hours vary depending on program and site.

Services: HOSPICE CARE, Hospice Care

Objectives: Services include nursing, social work, medical consultation, home health aides, volunteers, spiritual care, 24 hour on-call nursing, oxygen, medical equipment, prescription medicine, physical therapy, nutritional counseling, palliative home care program, respite care, bereavement care and counseling, bereavement support groups for adults, teens and children.
Services: The Community Loan Fund provides access to affordable loans by pooling investments and donations from socially concerned individuals and organizations, and re-lending it to non-profit organizations for housing and community improvement, to start-up micro-enterprises and expanding small businesses for business development, and to individuals for home ownership and repair. In addition to our lending programs, we provide training and technical assistance, offering free one-on-one business counseling, workshops and legal clinics (with The Legal Project). We also offer an affordable 8 week business training class in partnership with the Huether School of Business at The College of Saint Rose. Finally, the Community Loan Fund offers socially concerned investors an opportunity to pool money with other community-minded individuals and organizations. Individuals and organizations can loan or donate money, providing the capital for the revolving loan fund. The Community Loan Fund has a 100% repayment rate to investors and a 29 year track record of accomplishments.

Objectives: The Community Loan Fund is a community based nonprofit financial institution that promotes sustainable community development efforts for economically under-served people and communities. Incorporated in 1985, we serve 11 Counties, including Albany, Columbia, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schoharie, Schenectady, Warren &Washington.

Target Populations: Women, minorities and/or people with low-income; inner-city neighborhoods and rural communities.

Intake Procedure: Call us at (518) 436-8586.

Hours: Monday - Friday, 8:30 am - 5:00 pm.
Services: CWI offers innovative supports and services empowering people with differing abilities and needs to discover their potential and pursue the lives they envision. CWI’s myriad of programs and services provide supports to people with a developmental and/or intellectual disability, medically frail, brain injured, economically disadvantaged and individuals with other challenges. Offering services to individuals in Warren, Washington, Saratoga and Essex Counties, some of the programs and services we offer include:

Services: Disability Assistance: Medicaid Service Coordination - Medicaid Service Coordination exists to assist individuals and their families through advocacy to negotiate access to county, state and federally funded programs and services. Medical Service Coordination will help families obtain Medicaid and/or Social Security benefits, as well assist in identifying other appropriate supports and services.

Eligibility: All individuals declared eligible through OPWDD.
Intake Procedure: Individuals must have OPWDD eligibility and Medicaid. In absence of OPWDD eligibility, the Director and the MSC can assist with facilitating getting the eligibility. The individual would also require Medicaid prior to the start of services. Referrals can come through phone call or email to the Director of MSC.
Documents: OPWDD Eligibility and Medicaid Eligibility.
Fees/Payment: Fixed cost. Medicaid. Donations accepted.
Hours: Mon.-Fri. 8:00 am-4:30 pm

Services: Transition Services – Guiding individuals from adolescence to adulthood, CWI assists high school students with disabilities and their families to understand and explore realistic prospects for future employment, day program or residential services, vocational or volunteer training or further education. Services are contracted directly with school districts and are provided to individuals primarily in the school-based setting. Please contact us to find out if your school participates.

Counseling/Clinical Services: Foothill’s Clinic - Offers speech, occupational and physical therapy; rehabilitation counseling; and psychiatric and psychological services to the people with developmental disabilities. Diagnostic evaluations include those specializing in Autism Spectrum.

Eligibility: Individuals with developmental disabilities age 5 and older.
Intake Procedure: A referral is required. Call for information.
Documents: Proof of eligibility for OPWDD services, insurance information, psychological assessment, and a physical and social development history.
Fees/Payment: Fixed cost. Medicaid, Medicare, Private insurance accepted. County may pay for one-time assessments for the uninsured.
Hours: Mon.-Fri. 8:00 am-4:30 pm

Community Services: Some community services offer the option of a self-directed model which allows for individuals to have increased independent decision making of their service(s) with regard to selection, scheduling, and co-managing of staff, as well as wage rates.
- In-Home Community Habilitation Services - In-Home Services are supports designed to assist a person with disabilities to learn the skills and receive the necessary supports to pursue
personal interests and aspirations. Community Habilitation is usually provided where the individual lives and interacts in their community. Individuals are OPWDD eligible and enrolled in the Medicaid Waiver Service.

- Individual Support Services (ISS) - ISS offers housing and living assistance to individuals with disabilities as a support service for independent living. Individuals are declared eligible through OPWDD who live independently in the community (not with family).

**Intake Procedure:** The Medicaid Service Coordinator completes the ISS packet and submits it to the local DDRO/OPWDD for approval. A referral is required. Call for information.

**Documents:** OPWDD eligibility and Medicaid.

**Fees/Payment:** Fixed Cost, Medicaid

**Hours:** Mon.-Fri. 8:00 am-4:30 pm

**Consumer Directed Personal Assistance Program** - Offers a unique approach to empower individuals with differing abilities to customize the personal care services they need with their own personal assistants and to choose how and when care is provided. CWI acts as a guide and fiscal intermediary in conjunction with Warren, Washington and Essex County Departments of Social Services.

**Respite Services** is a service provided to primary family caregivers of individuals with a developmental disability who reside at home. Respite provides relief for the family members while ensuring the individual’s needs are met. This service is available to be self-directed to the individual and/or their family.

**Employment Services:** Employment services at CWI are designed to provide support and guidance from the beginning of the journey – career discovery – to job placement, often with on-going supports for the duration of employment. CWI partners with various state agencies and local businesses to provide these services. Please contact us for additional information related to intake, eligibility and payment.

- Pathway to Employment is a short-term comprehensive career/vocational employment planning and support service to ready individuals to begin the process of obtaining competitive employment.
- Community-Based Prevocational Services are a longer-term approach to assist individuals who are interested in obtaining competitive employment, but are not expected to be ready within the next year. Prevocational services are focused on the development of soft skills, understanding the employment relationship, exploring the individual’s strengths, areas of need and interests related to employment and local employment opportunities.
- Competitive Edge – Supported Employment – A full-service employment program that matches individuals with jobs that are compatible with their skills, abilities and preferences. Staff assists individuals with career exploration, job exploration and the application and interviewing process. Following a job placement, Competitive Edge offers job coaching, employment counseling, soft-skills training and support, a safe forum for workplace concerns and guidance to manage employment benefits. Competitive Edge works to ensure satisfaction for both the individual and the employer with each job placement. Group employment options are also available through contracted work opportunities.

**Life Skills:**

- Day Service Services nurture independence, meaningful bonds, shared activity and self-esteem. This service integrates individuals with barriers into the community. CWI operates community sites in Warren, Washington and Saratoga Counties where participants are assisted in basic-skills education, recreation and arts-based activities as well as aspects of employment proficiencies and life-enhancing skills. Hours: Monday-Friday 8:00am-4:00pm
- College Support – This individualizes service on the USNY Adirondack campus assists young adults to attend college among peers. Life Unlimited participants are assisted in navigating the college experience by defining personal goals, pursuing academic interests partaking
in a variety of social settings. Students work on time management, organization and self-advocacy. Interested student must be accepted to SUNY Adirondack, be able to pay for college. Individuals must also have OPWDD eligibility and Medicaid to enroll in CWI’s Day Services Division.

Hours: Monday-Friday, 8:00 am - 4:00 pm.

Services: Teen Services – Youth Respite: Youth Club (ages 16 to 25) is an hourly respite waiver program providing recreational services to individuals who reside at home with their family. Activities are community-based and primarily scheduled on the weekends but occasionally weeknight activities are slated. Transportation is a component of this program.

Documents: OPWDD eligibility and Medicaid.

CONIFER PARK
79 Glenridge Road, Glenville, NY 12302
www.coniferpark.com
(800) 989-6446
(518) 399-6446 Service/Intake
(800) 926-9433 Service/Intake
(518) 399-6842 Fax

Sites:
CONIFER PARK
79 Glenridge Road, Glenville, NY 12302
www.coniferpark.com
(800) 989-6446
(518) 399-6842 Fax

CONIFER PARK GLENS FALLS
55 Elm Street, Glens Falls, NY 12801
(518) 793-7273

Services: DETOXIFICATION SERVICES, Alcohol Detoxification, Drug Detoxification
Objectives: Conifer Park offers alcohol and drug detoxification services.
Eligibility: Call for details.
Intake Procedure: Call for information.
Hours: 24 - hour services.

Services: OUTPATIENT SUBSTANCE ABUSE TREATMENT, Comprehensive Outpatient Substance Abuse Treatment
Objectives: Conifer Park offers outpatient substance abuse treatment for adults and adolescents. Gender specific, early recovery, DWI offender, family, anger management, early intervention, and criminal justice programs are available.
Eligibility: Call for details
Intake Procedure: Call for information
Hours: 8am - 8pm 7 days per week.

Services: INPATIENT REHABILITATION, Residential Substance Abuse Treatment Facilities
Objectives: Conifer Park is a private inpatient rehabilitation program for adults and adolescents who suffer from alcohol and substance abuse. Detoxification services are also offered.
Eligibility: Call for details.
Intake Procedure: Call for information
Hours: 8 am – 8 pm, 7 days per week.
CONSUMER DIRECTED CHOICES
7 Washington Square, Albany, NY 12205
www.cdchoices.org
(518) 464-0810
(866) 335-7153 Toll Free
(518) 690-0481 Fax

Services: CONSUMER DIRECTED PERSONAL ASSISTANCE PROGRAM (CDPAP)
Objectives: Our mission is to provide and advance community based supports to promote self-determination for seniors and people with disabilities and their families. We do this by performing fiscal intermediary services for Consumers who use Consumer Directed Personal Assistance for their home care needs. Our Consumers recruit hire, train, supervise and if necessary, terminate their home care workers. If you would like to try Consumer Direction, Contact your local county Department of Social Services or Managed Medicaid Long Term Care Plan.

Services Provided: Consumer Directed Personal Assistance for seniors and people with disabilities that require long term care at home.
Intake Procedure: Contact DSS or Medicaid Managed Long Term Care Plan
Target Population: Medicaid eligible seniors and people with disabilities who require long term care.
Hours: Office is open Monday – Friday, 9:00 a.m. – 5:00 pm.

CORINTH CENTRAL SCHOOL DISTRICT
105 Oak Street, Corinth, NY 12822
(518)654-9005 - Main Office

Services: The Corinth Central School District educates students grades K through 12.
Fees/Payment: No Cost.

CORNELL COOPERATIVE EXTENSION OF SARATOGA COUNTY
50 West High Street, Ballston Spa, NY 12020
Saratoga@cornell.edu
www.ccesaratoga.org
(518) 885-8995
(518) 885-9078 Fax

Services: 4-H YOUTH DEVELOPMENT, Youth Development
Objectives: The 4-H Program is the youth development component of Cornell Cooperative Extension. There are formal programs for youth age 5-7 are called Cloverbuds, and for youth 8-19 who participate in community clubs. 4-H offers School Enrichment Programs in all public and private schools and out-of-school outreach efforts. Classroom teachers select from a variety of programs that support their classrooms teachings and help satisfy New York State curriculum learning standard requirements.

Intake Procedure: Call for information
Fees: 4-H School Outreach: Fixed Fee, 4-H Clubs: Membership Fee

Services: Food & Nutrition Education
Objectives: Promote wellness and prevent chronic disease through education on food and nutrition topics including heart health, diabetes, weight management, food safety, and cooking and food preservation.

Intake Procedure: Contact CCE to request a presentation
Fees: Determined at the time of scheduling
Hours: Monday through Friday 9 am – 5 pm, also available at night.
Services: EAT SMART NEW YORK, Nutrition Education
Objectives: The Eat Smart New York is a Food stamp Nutrition Education Program that helps limited-income individuals and families to acquire the knowledge, skills, attitudes and changed behavior necessary to improve their diets and make the best use of available food dollars. Eat smart New York offers free sessions to help individuals and families improve their diet within the limits of a food budget. Nutrition Program Educators work individually with families or in small group settings, providing a series of 6 to 8 nutrition lessons.

Eligibility: Those currently receiving food stamps or eligible limited-income individuals and families, including seniors and pregnant and parenting teens.

Hours: 8:00 am – 4:30 pm, Monday – Friday.

Services: 4-H YOUTH DEVELOPMENT, Youth Development
Objectives: The 4-H program is the youth development component of Cornell Cooperative Extension. There are formal programs for youth age 5-7 that are called Cloverbuds, and for youth age 8-19 who participate in community clubs.

Eligibility: Ages 5 - 19
Intake Procedure: Call for information.
Fees/Payment: Membership fee.
Hours: 8:00 am – 4:30 pm, Monday – Friday.

COUNCIL FOR PREVENTION OF ALCOHOL & SUBSTANCE ABUSE, INC.
10 La Crosse St., Hudson Falls NY 12839
(518) 746-1527
www.councilforprevention.org

Services: SUBSTANCE ABUSE EDUCATION/PREVENTION/GAMBLING ADDICTION PREVENTION
Objectives: The Council offers substance abuse prevention education for alcohol and drugs and also offers compulsive gambling prevention education.

Services Provided: Education and Community Mobilization
Intake Procedure: Call, walk-in or check website for information.

DAUGHTERS OF SARAH SENIOR COMMUNITY
180 Washington Avenue Extension, Albany, NY 12203
(518) 456-7831
www.daughtersofsarao.org

Sites:
MASSRY RESIDENCE AT DAUGHTERS OF SARAH (518) 724-3400 Service/Intake
182 Washington Avenue, Albany, NY 12203
www.massryresidence.org
(518) 456-7831
(518) 689-0454 Fax
info@daughtersofsarao.org

Services: MASSRY RESIDENCE, Assisted Living Facilities
Objectives: The Massry Residence is a two-story assisted living facility with 56 apartments that can accommodate 70 individuals. On-site health professionals, elevators, three kosher meals per day; transportation to scheduled medical appointments, assistance with activities of daily living (ADLS), laundry, housekeeping, and scheduled activities are offered. These are apartments with walk-in closets and kitchenettes that include full-size refrigerators and microwave ovens.

Intake Procedure: Call for information
Fees/Payment: Private pay, long-term care insurance.
Hours: 24 hours a day, 7 days a week.

**ECS PSYCHOLOGICAL SERVICES, P.C.**
210 Church Street, Saratoga Springs, NY 12866
www.ecspsychological.com
(518) 580-0520
(518) 580-9975 Fax

Services: CBT, DBT, Equine assisted, play and group therapy and psychological testing.
Target Population & Eligibility: Age 4 to Adult
Fees: Depends on insurance
Hours: Varies, typically 8 am – 5 pm.

**EARLY CHILDHOOD EDUCATION CENTER**
230 Washington Avenue Extension, Albany, NY 12205
Capital District Child Care Coordinating Council
www.earlychildhoodeducationcenter.org
www.capitaldistrictcc.org
(518) 456-3268
(518) 464-1469 Fax
(518) 426-7181 Ext. 315 Service/Intake
eachedctr@aol.com

Services: EARLY CHILDHOOD EDUCATION CENTER, *Preschools* *Children and Youth with Disabilities*
Objectives: ECEC is a preschool for children with disabilities serving children and their families throughout the capital region. All sites have access to a large gym and/or gross motor area, an adapted playground and outdoor play areas. Early intervention services, multidisciplinary evaluations, supplemental evaluations and family support services are provided along with an itinerant special education teacher and both integrated and self-contained classrooms. Related services, such as occupational therapy, physical therapy, and counseling may be provided in the child’s home or child care location.
Eligibility: Any child with a disability from birth to age 5.
Intake Procedure: Professional referral required from school districts or County Department of Health
Fees: No cost.
Hours: 8:00 am - 4:00 pm.

**EDDY DAYBREAK ADULT DAY SERVICES**
2256 Burdett Avenue, Troy, NY 12180
Multiple Sites: Clifton Park, Cohoes, Troy, Rensselaer, Queensbury
www.nehealth.com/daybreak
(518) 729-6523
(518) 271-5906 Fax

Services: Skilled nursing, hot lunch, rehab therapies, lab services, podiatry services, social work services, hairdresser services, preventative medical care, supervision, socialization, educational & recreational activities, assistance with personal care, referral support
Objectives: Eddy DayBreak offers a stimulating and enriching program for adults living at home who due to illness, injury or age need a safe and secure daytime environment. DayBreak gives family caregivers the chance to fulfill work and personal obligations, or just have some time off from the demands of caregiving.
Target Population & Eligibility: Adults/Seniors
Intake Procedures: Call for information.
Fees/Payment: Medicaid, Private Pay, some Long Term Health Care Insurance, Medicaid waiver, certain MLTCs, certain MMCs.
Hours: Hours vary by site; all Monday through Friday.
### The Eddy Visiting Nurse Association

**Address:** 433 River Street, Suite 3000, Troy, NY 12180  
**Phone:** (518) 270-1347  
**Fax:** (518) 274-2908  
**Website:** www.nehealth.com/home_care

**Services:** Visiting nurses, physical, occupational and speech therapists, certified home health aides and personal care aides, medical social workers, nutritionists. Our specialty nursing programs include wound care, home infusion therapy and care for individuals with HIV/AIDS. We are proud to offer anodyne therapy for the treatment of peripheral neuropathy, lymphedema and non-healing wounds, as well as state-of-the-art tele-homecare technology.

**Objectives:** Eddy Visiting Nurse Association provides comprehensive healthcare services to help individuals remain independent and in their own homes.

**Eligibility:** Medicare, Medicaid, Private Pay, Commercial Insurance, Sliding Scale and Charity Care.

**Intake Procedure:** Call 274-6200 or 800-606-1436.

**Hours:** 24 hours – 7 days a week.

### Elder Network of the Capital Region

**Address:** University at Albany—Richardson Hall, Room 321, Albany, NY 12222  
**Phone:** (518) 591-8704  
**Fax:** (518) 442-5380  
**Website:** WWW.ELDERNETWORKNY.ORG

**Services:** Information, training, technical assistance, community outreach and organized collaborations.

**Objectives:** To build an aging-prepared community throughout the Capital Region and reduce costly nursing home and hospitalization admissions among elders.

**Intake Procedure:** Non-service Provider

**Hours:** 9:00am—5:00pm

### Eldercare Resources Capital Region

**Address:** PO BOX 185, Troy, NY 12182  
**Phone:** (518) 763-6012  
**Website:** www.ECRcapitalRegion.com

**Services:** Serve seniors and caregivers in nine Counties through the Capital Region.

**Objectives:** Serves seniors and caregivers in nine Counties throughout the Capital Region. Local services and programs are listed for each individual county. Website visitors can find hundreds of informative articles, watch videos, download helpful guides, and check for Medicare alerts. Learn from national and local experts, read interesting blogs and connect with local providers of products & services for senior, their families and caregivers. A web-based information services with 24-hour service is available to all on the web.

**Eligibility:** Seniors/Caregivers/Available to all.

**Intake Procedure:** info@ECRCapitalRegion.com

**Hours:** 24 hours -7 days a week.
### Empire Blue Cross

**Services:**
Education, Information, Seminars, and Home visits all in an effort to thoroughly explain health insurance and Medicare Part D to Medicare beneficiary, dual eligible (Medicare and Medicaid) and to people who are under age 65 looking for health insurance options. Also, Empire Blue Cross servers as the administrator for all Medicare advantage plan benefits provided.

**Objectives:**
Educate Medicare eligible and disabled individuals about their health insurance options and explain the prescription drug coverage known as Medicare Part D.

**Eligibility:**
Reside in one of the 28 Counties we serve in New York and have Medicare Part A & B.

**Intake Procedure:**
Call Sonya Chandler at (518)-817-6145.

**Hours:**
Empire Member Services 1-800-499-9554, Monday - Friday, 8 am - 5 pm.

### Empire State College

**Services:**
Small, informal, self-paced classes for GED study and job readiness skills training and subsidized work experience.

**Objectives:**
To increase competence of participants so they can effectively compete in the labor market.
This is accomplished by:
1. Raising reading, writing, and math levels so that each student passes the GED exam
2. Learning work maturity skills
3. Getting practical hands-on work experience.

**Target Population:**
Adolescent high school dropouts.

**Eligibility:**
16-21 years old, low-income Saratoga County residents who have not completed school.

**Intake Procedure:**
Call JPTA office, (518) 885-8991.

**Hours:**
9:00 am – 5:00 pm.

### NYS ELDERLY PHARMACEUTICAL INSURANCE COVERAGE (EPIC)

**Objectives:**
EPIC is a free New York State program that helps more than 280,000 income-eligible seniors aged 65 and older to supplement their out-of-pocket Medicare Part D drug plan costs. Seniors can apply for EPIC at any time of the year and must be enrolled or eligible to be enrolled in a Medicare Part D drug plan to receive EPIC benefits and maintain coverage. EPIC helps pay the Medicare Part D drug plan premiums for low to moderate income members. EPIC also provides supplementary drug coverage for Part D covered drugs and Part D excluded drugs purchased while in the Medicare Part D coverage gap.

**Intake Procedure:**
Complete the application and mail or Fax it to EPIC.

**Hours:**
9 am – 5 pm Monday through Friday
EPILEPSY FOUNDATION OF NORTHEASTERN NEW YORK
3 Washington Square, Albany, NY 12205
www.epilepsyfoundation.org
(518) 456-7501 (800) 894-3223 Toll Free
(518) 452-1282 Fax

Services: EDUCATIONAL PROGRAMS, Disease/Disability Information * Epilepsy
Objectives: Educational programs are available for students, school employees and community groups. The purpose is to provide seizure recognition and information about appropriate first aid and information in order to foster acceptance of those living with the disorder.
Eligibility: Individuals with DD and epilepsy.
Intake Procedure: Call foundation at 518-456-7501. Epilepsy must be part of the diagnosis.
Fees/Payment: Medicaid/Grants. Donations accepted.
Hours: Monday – Friday, 8:30 am – 4:00 pm.

Services: INFORMATION AND REFERRAL, Specialized Information and Referral * Epilepsy
Objectives: The Epilepsy Foundation provides accessible and current information about epilepsy/seizure disorders to individuals, parents, family members, friends and members of the community. We also provide referrals to physicians, medical centers, legal counsels and community resources.
Eligibility: Individuals with DD and epilepsy.
Intake Procedure: Call for information or walk-in.
Fees/Payment: No cost. Donations accepted.
Hours: Monday – Friday, 8:30 am – 4:00 pm.

EXPERIENCE WORKS
175 Central Avenue Albany, NY 12205
www.experienceworks.org
(518) 462-7600 ext. 155 (607) 756-2211 Fax

Services: Employment & training assistance for low-income residents age 55+, Serving Saratoga, Schenectady, Albany and Greene Counties
Objectives: Experience Works offers employment and training for low-income unemployed or underemployed people age 55 and older. Experience Works improves the lives of older workers through training, community service, and employment. Eligible participants are matched with a community service training assignment, for approximately 18 hours per week for which they will be paid a subsidized training wage. Participants age 50 to 62 may also qualify for training funding for courses, college, certifications, and licenses.
Eligibility: Unemployed, low-income, 55+.
Intake Procedure: Application.
Documents: Multiple.
Fees/Payment Source: USDOL.
Hours: Monday – Friday, 8:30 am - 5pm.
Family & Children’s Service of the Capital Region
650 Warren Street, Albany, NY 12208
(518) 694-8900 2-1-1 Administrative (518) 462-6531
(518) 393-5775
(571) 447-6632
Call 2-1-1 Service/Intake - 2-1-1
(518) 689-4673 Service/Intake Contact Lifeline (518) 689- HOPE
(518) 462-0181 Fax
www.fcscapitalregion.org

Sites:
FAMILY AND CHILDREN'S SERVICE OF THE CAPITAL REGION
650 Warren Street, Albany, NY12208
(518) 694-8900 2-1-1 Administrative (518) 462-6531

(518) 689-4673 Service/Intake Contact Lifeline (518) 689-HOPE
(518) 462-0181 Fax
www.fcscapitalregion.org

FAMILY AND CHILDREN'S SERVICE OF THE CAPITAL REGION - CLIFTON PARK OFFICE 100 Sitterly Road, Clifton Park, NY 12065
(518) 688-2673 Secondary line - Not for Client use
(518) 462-6531
(518) 383-2241 Fax
www.fcscapitalregion.org

FAMILY AND CHILDREN'S SERVICE OF THE CAPITAL REGION – SARATOGA OFFICE
178 Elm Street, Saratoga Springs, NY12866
(518) 462-6531
(518) 450-0265
(518) 450-0268 Fax
www.fcscapitalregion.org

Services: Capital EAP, Capital Counseling, Center for Problem Gambling, Disaster Case Management, Contact Lifeline, SSTARS.

Objectives: Family and Children’s Service of the Capital Region is the oldest counseling and family service not-for-profit in the country. Today, the organization provides thousands of families and individuals with the counseling, programs, and information resources they need to maintain satisfying and healthy lives. Currently, we have a strong focus on disaster survivors in New York State.

Eligibility: Program specific.

Hours: 9 AM to 5 PM, but varies by program.

Services: 2-1-1 NORTHEAST REGION NEW YORK, Comprehensive Information and Referral

Objectives: The United Way 2-1-1 Northeast Region is a free confidential information and referral line dedicated to providing health and human service information to any individual in Albany, Columbia, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Washington and Warren Counties.

Intake Procedure: Call for information

Fees/Payment: No cost.

Hours: Mon.-Fri. 9am-5pm
Services: THE RIGHT WAY, Driving Safety Education, Substance Abuse Screening

Objectives: The Right Way program provides drug and alcohol assessments when the Department of Transportation (D.O.T.) Drug and Alcohol Regulations are violated. In addition, a Qualified Substance Abuse Professional (SAP) conducts Reasonable Suspicion Training for supervisors. D.O.T. consultations are available upon request. The Right Way is available to non-D.O.T. companies to meet their drug and alcohol policy needs.

Eligibility: Call for details.

Intake Procedure: Call for appointment.

Fees/Payment: Cash, cashier’s check, or money order. Payment is due one week before scheduled appointment.

Hours: Mon.-Fri. 9am-5pm

Services: EMPLOYEE ASSISTANCE PROGRAMS (EAP), Employee Assistance Programs

Objectives: Employee Assistance Programs provide education, counseling, and support to employees of contract companies and their immediate family. These services are designed to assess individual and family concerns, emotional needs, addiction issues, financial, and legal concerns and direct employees to appropriate care providers. Often, brief therapy is included as a component of these services.

Eligibility: Recipients of EAP services must be employees or family members of employees of contract companies and organizations.

Intake Procedure: Appointment only. Call for appointment.

Fees/Payment: No cost.

Hours: Mon.-Thurs 9am-9pm Fri. 9am-5pm.

Services: THE CENTER FOR PROBLEM GAMBLING

Objectives: The Center for Problem Gambling provides specialized counseling treatment to problem gamblers and their family members through individual, group, family and marital counseling. The Center for Problem Gambling also provides community presentations to increase awareness about the problems of compulsive gambling.

Eligibility: Participants need to meet the criteria for problem gambling or to be at risk of problem gambling as determined through assessment and screening tools.

Intake Procedure: Call for appointment.

Fees/Payment: Sliding fee scale, insurance, cash, check.

Hours: Mon., Wed. Fri. 9am-5pm Tues. and Thurs. 9am-7pm, Saratoga Location: Mon and Fri 9am -5pm

Services: FAMILY COUNSELING, General Counseling Services

Objectives: Family Counseling counselors help people with such concerns as depression, anxiety, too much anger, relationship difficulties, parenting challenges, drug use and more.

Intake Procedure: Call for appointment.

Fees/Payment: Private insurance, public insurance, Medicare or private pay.

Hours: Mon.-Thurs. 9am-9pm Fri.9am-5pm

Services: CONTACT LIFELINE, General Crisis Intervention Hotlines, Suicide Prevention Hotlines

Objectives: Contact Lifeline aims to reduce the risk of suicide in the Capital District through services that offer emotional support to those in crisis. A crisis helpline is available at 689-4673, from 9 a.m. to 10 p.m. daily for anyone who is in crisis or needs to talk. In addition, Contact Lifeline offers an annual Hope and Remembrance Ceremony for Suicide Survivors.

Hours: 9 am – 10 pm seven days a week.
### Services:
Assist families in crisis: food insecurity, homelessness, illness, job loss and transportation. Programs included Feet First (provides new school shoes to children), Adopt A Family (provides food and gifts at holidays), Partners For Success (supporting families to move out of generational poverty).

### Objectives:
To assist families in crisis and move towards self-sufficiency while keeping family intact.

### Eligibility:
Low income/ low resource population

### Intake Procedure:
Documentation to support need. Interview and application

### Fees/Payment:
No fee.

### Hours:
Monday – Friday 8:30 am – 4:30 pm; Food Pantry Monday – Thursday 9:00 am - 3:00 pm.
Fidelis Care is the New York State Catholic Health Plan, providing quality, affordable, New York State-sponsored health insurance coverage for people of all ages and at all stages of life.

From its origin in 1993 as the Catholic Health Services Plan of Brooklyn and Queens, Inc., Fidelis Care has grown -- both in the scope of its mission and the services it provides. Today, through a Statewide network of more than 70,000 providers, we support more than 1.5 million children and adults, making Fidelis Care one of the largest government programs-based health insurance plans in New York State.

Fidelis Care offers free or low-cost comprehensive health insurance, including Medicaid Managed Care, Medicare Advantage, Child Health Plus, and products available through NY State of Health: The Official Health Plan Marketplace. Additionally, Fidelis Care offers Managed Long Term Care products for adults who qualify for nursing home care, but are capable of staying safely in their own homes with the right care and support.

**FITNESS PROFESSIONALS ON DEMAND**
7 Locust Lane, Clifton Park, NY 12065
www.fitnessprofessionalsondemand.com
cox@nycap.rr.com

Services: Fitness, Weight Management, Wellness, Stress Management
Fees/Payment: Varies for different classes.
Hours: Call for class schedules.

**FORT HUDSON HEALTH SYSTEM**
319 Broadway, Fort Edward, NY 12828
www.forthudson.com
info@forthudson.com

Services: PCA, HHA, Social Day Program, Medical Day Program, CDPAP, Service Coordination, Case Management, CHAA Services
Target Population: Elderly/Disabled
Fees/Payment: Call for info
Hours: Call for info

**FOUR WINDS HOSPITAL SARATOGA**
30 Crescent Avenue, Saratoga Springs, NY 12866
www.fourwindshospital.com

Services: Adolescent Inpatient Treatment Services, Adolescent Psychiatric Inpatient Treatment Services
Objectives: Adolescents are served in three individual home-like cottages. Treatment integrates individual, group, and family therapy with a full complement of educational, expressive, and recreational therapies. Services are provided in collaboration with schools, referring clinicians, agencies, and families.
Eligibility: Patients must have a psychiatric diagnosis and be in need of an acute care hospitalization.
Intake Procedure: Appointment only. Call for appointment.
Fees/Payment: Medicaid, Medicare, cash, credit cards, private insurance, personal check.
Hours: 24 hours a day, 7 days a week.

Services: ADULT INPATIENT TREATMENT SERVICES, Adult Psychiatric Inpatient Units
Objectives: This program provides medically supervised comprehensive evaluations, acute treatment, and rapid stabilization in an intensive milieu for individuals 18 years and older. Services are provided in collaboration with referring clinicians, agencies, and families in two individual home-like cottages.
Eligibility: Patients must have a psychiatric diagnosis and be in need of an acute care hospitalization.
Intake Procedure: Call for appointment.
Fees/Payment: Medicaid, Medicare, cash, credit cards, private insurance.
Hours: 24 hours a day, 7 days a week.

Services: CHILD INPATIENT TREATMENT SERVICES, Children's Psychiatric Inpatient Units
Objectives: This program serves children in three individual home-like cottages. Treatment integrates individual, group, and family therapy with a full complement of educational, expressive, and recreational therapies. Services are provided in collaboration with schools, referring clinicians, agencies, and families.
Eligibility: Patients must have a psychiatric diagnosis and be in need of an acute care hospitalization.
Intake Procedure: Call for appointment.
Fees/Payment: Medicaid, Medicare, private insurance, private pay.
Hours: 24 hours a day, 7 days a week.

Services: ADOLESCENT AFTER-SCHOOL INTENSIVE, OUTPATIENT PROGRAM (AIOP) Psychiatric Day Treatment * Adolescents
Objectives: AIOP is a short-term intensive, medically supervised outpatient treatment program for adolescents ages 13 through 17. The AIOP operates 3 days a week. The program can be an appropriate alternative to inpatient treatment or can provide a transition from inpatient care to outpatient care.
Eligibility: Adolescents who exhibit psychiatric symptoms of sufficient severity to bring about significant impairment in day-to-day educational, social, and interpersonal functioning.
Intake Procedure: Call for appointment.
Fees/Payment: Medicare, private insurance, private pay.
Hours: Monday, Tuesday, Thursday, 4 pm - 7 pm.

Services: ADULT INTENSIVE OUTPATIENT PROGRAM (IOP), Psychiatric Day Treatment * Adults
Objectives: IOP is a short-term intensive, medically supervised outpatient treatment program for adults 18 years of age and older. The IOP operates five days a week. Most participants attend on a 3-4 visits per week basis. A morning group schedule is available for those individuals who are unable to attend an afternoon schedule.
Eligibility: Adults who need a brief, comprehensive reassessment of their outpatient treatment, including a possible change in their medication regimen will find this program beneficial. Substance abuse issues are also addressed in this program. IOP provides opportunity for more intensive treatment than can be provided in a traditional setting.
Intake Procedure: Appointment only. Call for appointment.
Fees/Payment: Medicare, private insurance, private pay.
Hours: Monday – Friday, 12 noon - 5 pm.

Services: ADULT PARTIAL HOSPITAL PROGRAM (PHP), Transitional Mental Health Services * Adults
Objectives: This program offers a short term, intensive alternative to inpatient care providing a flexible program for patients 18 years and older. This medically managed program features individual case management, group and family psychotherapy, medication education and therapeutic activities addressing four major areas: psychological, psychopharmacological, psychosocial, and vocational. The PHP can be an appropriate alternative to inpatient treatment, but can also be a benefit to patients transitioning from inpatient to outpatient care.

Eligibility: This program is for adults who need a brief, comprehensive reassessment of their outpatient treatment, and/or who are in need of increased structure and support including a possible change in their medication regimen.

Intake Procedure: Call for appointment.
Fees/Payment: Medicaid, Medicare, private insurance, private pay.
Hours: Monday – Friday, 9 am - 5 pm.

FRANKLIN COMMUNITY CENTER
10 Franklin Street, Saratoga Springs, NY 12866
www.franklincommunitycenter.org
info@franklincommunitycenter.org
(518) 587-9826
(518) 587-5293 fax

FRANKLIN COMMUNITY DISTRIBUTION CENTER
101 Washington Street, Saratoga Springs, NY 12866
www.franklincommunitycenter.org
info@franklincommunitycenter.org
(518) 587-9826

FRANKLIN COMMUNITY MANOR
95 Congress Street, Saratoga Springs, NY 12866
(518) 587-9826

Services: PRESENT SERVICES PROGRAM, Food Pantry, General Clothing Provision
Objectives: The Franklin Community Center has a food pantry available to help meet the needs of low-income families and individuals. It also distributes gently used clothing to those in need.
Intake Procedure: Call for information. First time clients will be asked to complete a client information form and show proof of residency, income and children. Residents are able to access the pantry once a month.
Fees/Payment: No fee.
Hours: Monday, Tuesday & Wednesday (9am -1:45 pm), Thursday (2pm -6:45 pm)
Free Store Hours: Wednesday & Thursday (11am -2 pm), vouchers for Free Store (11am – 1:30 pm)
Services: Camp Little Notch offers an authentic and inspiring wilderness experiences for girls! At CLN, girls live in harmony with nature, explore and practice low-impact camping in a beautiful wilderness setting on the shores of a private late.

Objectives: CLN provides the freedom to create a self-determines environment, campers are more relaxed and willing to try new things more than they might in school and return home empowered, with increased confidence and their abilities.

Eligibility: Girls aged 7-17

Intake Procedure: [www.camplittlenotch.org/about](http://www.camplittlenotch.org/about), click register for camp.

Documents: View our brochure at [www.camplittlenotch.org/flip](http://www.camplittlenotch.org/flip)

Fees/Payment: Starting at $310 - $810/week, tiered pricing and camperships offered.

Hours: Call Megan Lumnah, Camp Director at 518-306-8990 or 518-793-9700 (camp)

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GATEWAY HOUSE OF PEACE

Services: Gateway House is a 501(c) 3 charitable organization dedicated to providing a safe, comfortable and caring home free of charge for terminally ill patients under the medical care of Hospice. Located in Ballston Spa, NY, Gateway House is a donor driven community organization, which receives no insurance reimbursements, state or government funding. The home is staffed primarily with volunteers and relies on community support.

Gateway House of Peace is not a medical facility and is run independently, collaborates with Community Hospice of Saratoga who provides the medical management for the patients as they do for anyone receiving hospice care in their own home environment. The volunteers and staff of Gateway House become extended family for our community residents who can no longer remain safe in their own home.

Target Population/Eligibility: Saratoga County residents that are terminally ill who can no longer remain safe in their own home.

Intake Procedure: Referrals come from the hospital, hospice, patient’s doctors, family members or friends

Fees/Payment: No fee. We are a donor driven community organization, which receives no insurance reimbursement, state or government funding.

Hours: 24 hours a day, 7 days a week.
GENERAL HEARING/HEARING HEALTH USA
417 New Karner Road, Albany, NY 12205
(518) 456-3081
(518) 456-3084 Fax
www.hearinghealthusa.com/location/ny-albany/

Services: Hearing testing, medical assessment, communicate with primary care and specialists, hearing instruments and/or med referrals, certain cerumen management and counseling of families. Community awareness: presentation, clinics, in-services, community screening and to educate and motivate to improve.

Objective: With nearly 50 million in US with hearing loss, but only ¼ treating it, hearing problems holding millions back from better opportunities. We want to help as many as possible.

Target Population/Eligibility: Male/Female 45+
Intake Procedure: Paperwork on arrival.
Documents: Insurance information if applicable.
Fees/Payment: Testing is free, treatment programs-variety sources.
Hours: Monday, Tuesday, Friday, 9:00 am – 5:00 pm; Wednesday, Thursday: 9:00 am – 1:00 pm.

GIRLS INCORPORATED OF THE GREATER CAPITAL REGION
962 Albany Street, Schenectady, NY12307
(518) 374-9800
(518) 347-1009 Fax
www.girlsincapitalregion.org info.gcr@girls-inc.org

Services: STRONG SISTERS TOGETHER, Leadership Development, Life Skills Education, Teen Pregnancy Prevention

Objectives: This innovative program for teen girls in middle school offers a variety of activities to energize and motivate girls mentally, physically and emotionally so they have the opportunity to grow and become responsible young women. Programs are offered in leadership and community action, career and life planning, sports and adventure, self-reliance and life skills, culture and heritage and health and sexuality to prevent adolescent pregnancy.

Eligibility: Girls ages 5 - 18 years of age.
Intake Procedure: Call or walk in for an application. A parent or guardian needs to fill out registration for each girl attending the program.
Fees/Payment: None/Not applicable
Hours: Monday – Friday, 2:30 pm - 5:30 pm; Saturday varies.

GIRL SCOUTS OF NORTHEASTERN NEW YORK
8 Mountain View Avenue, Albany, NY 12205
www.gsneny.org

Services: GIRL SCOUTING, Scouting Programs * Girls

Objectives: Girl scouting provides girls with a quality leadership experience through many pathways: traditional troop, camp, special interest and virtual programming, etc.

Eligibility: Girls in grades kindergarten through 12 and adults of all ages.
Intake Procedure: Apply via internet. Call for information.
Fees/Payment: No cost or low cost. Membership fee and registration fee.
GLENMONT JOB CORPS CENTER
822 River Road, Glenmont, NY 12077
www.glenmont.jobcorps.gov

Services: Education and Job Training. Trades include Certified Nursing Assistant, Medical Office Support, Security/MilCap, Automotive, Construction/Facilities/Maintenance and Culinary. Educational training includes High Diploma and TASC.

Objectives: Job Corps is America’s leading career skills training program for youth ages 16 - 24. The Job Corps mission is to attract eligible young people, teach them skills they need to become employable and independent and place them in meaningful jobs or further their education.

Eligibility: Income tested, ages 16 – 24.
Intake Procedure: Contact Admissions at (518) 431-8036 or (518) 767-2295.
Hours: We are a 365 day, 24 hour facility.

GLEN FALLS ASSOCIATION FOR THE BLIND, INC.
144 Ridge Street, Glens Falls, NY 12801
gfab@mybluelight.com

Services: ADAPTIVE LIVING PROGRAM FOR THE BLIND, Independent Living Skills Instruction, Blindness

Objectives: The Glens Falls Association for the Blind’s Adaptive Living Program provides education, rehabilitation teaching and orientation and mobility training for the blind.

Eligibility: Anyone meeting the standards for legal blindness
Intake Procedure: A referral is required, which can be made by a physician or agency via phone or fax
Fees/Payment: No cost.
Hours: Monday – Friday, 8:00 am. - 4:00 pm.

Services: MEDICAL TRANSPORTATION, Medical Transportation, Blindness

Objectives: The Glens Falls Association for the Blind & Visually Impaired will provide transportation for medical purposes.

Eligibility: Anyone meeting the standards for legal blindness
Intake Procedure: A referral is required, which can be made by a physician or agency via phone or fax.
Documents: A verbal statement of date of birth and social security number with a simple signed application.
Fees/Payment: No fee.
Hours: Monday – Friday, 8:00 am. - 4:00 pm.

GLEN FALLS HOSPITAL CENTER FOR ACUTE REHABILITATION
100 Park Street, Glens Falls, NY 12801
www.glensfallshospital.org
mail@glensfallshosp.org

Services: Medical, Nursing, Physical Therapy, Occupational Therapy, Psychology, Case Management, Speech and Language Pathologists

Objectives: Functionally oriented programs which value interdisciplinary teamwork to help patients achieve their fullest potential for return to an independent lifestyle.

Target Population: Patients with a wide variety of diagnoses that need comprehensive rehab.
Eligibility: Require physician care and 24 hour nursing, need 2 forms of therapy, tolerate 3 hours of therapy with potential to improve.
Hours: 24 hours, 7 days a week.
GREATER ADIRONDACK HOME AIDES, INC.  
25 Willowbrook Road Suite 4, Queensbury, NY12804  
www.greateradirondackhomeaides.org  
juliesmith@glensfallshosp.org

Services: HOME HEALTH CARE, Home Health Aide Services, Personal Care, Respite Care  
Objectives: The Greater Adirondack Home Aides provides home-based care for individuals who are ill, elderly or convalescing. These duties can include light housekeeping, assistance with activities of daily living such as bathing, dressing and toileting and health-related care, including monitoring vital signs and changing bandages. Shopping, laundry, and meal preparation can also be provided.  
Eligibility: Serves all.  
Intake Procedure: Call for a consultation.  
Documents: Proof of income, physician statement  
Fees/Payment: Sliding fee scale, Medicaid, Medicare, cash, credit cards, private insurance, or personal check. Donations accepted.  
Hours: Monday – Friday, 7 am - 6 pm, Saturday – Sunday priority only.

GREATER GLENS FALLS SENIOR CENTER  
380 Glen Street, Glens Falls, NY 12801  
www.tcuwny.org  
agreaterglensf@nycap.rr.com

Services: SENIOR CENTER, Senior Centers  
Objectives: The Greater Glens Falls Senior Citizens Center offers numerous services and activities for older adults.  
Eligibility: Age 55 and older.  
Fees/Payment: No cost.  
Hours: September - June: Monday – Friday, 9 am - 4 pm; July and August: Monday – Thursday, 9 am – 4 pm, Friday, 9 am - 3 pm.

GREATER SCHUYLERVILLE COMMUNITY RELIEF FUND  
PO Box 265, Victory Mills, NY 12884  
(518) 926-7070  
(518) 636-0460 Fax

Services: COMMUNITY RELIEF FUND, Undesignated Temporary Financial Assistance  
Objectives: The Greater Schuylerville Community Relief Fund offers emergency financial assistance (e.g. rent, security deposits, gas transportation, fuel assistance, baby formula, medicine, utility bills, food temporary shelter or after the fire assistance.)  
Intake Procedure: Call for information.
GREATER SCHUYLERVILLE YOUTH PROGRAM
(518) 695-6100
Fort Hardy Park, Schuylerville, NY 12871
schuylervilleyouthprogram@hotmail.com

Services: YOUTH EMLOYMENT SERVICE, Job Search/Placement *Youth
Objectives: The Youth Employment Service matches youth looking for work at odd jobs for community residents requesting assistance.
Eligibility: Call for details.
Intake Procedure: Walk in.
Fees/Payment: No cost.
Hours: Monday, Tuesday, Thursday, 2:30 pm - 5:30 pm; Wednesday, Friday, 6 pm – 9 pm.

Services: SCHUYLERVILLE YOUTH PROGRAM, Youth Centers
Objectives: The purpose of the Schuylerville Youth Program is to provide safe, supervised, social recreational activities year-round, where youth have the opportunity to learn about themselves, broaden their experiences, and receive appropriate attention and guidance. Services at the drop-in youth center include a supervised game room for 15 hours per week where activities such as crafts, dances, contests and tournaments are scheduled. Trips to places of interest are provided during school recess. Instructional sports programs (boys' and girls' basketball, co-ed wrestling) use the school's facilities. The Youth Employment Service matches youth looking for work doing odd jobs for community residents requesting assistance.
Eligibility: Age 8 to 18.
Intake Procedure: Walk in.
Documents: Parental permission is required for all services except the drop-in center.
Fees/Payment: Low cost and no cost. Donations accepted.
Hours: Monday, Tuesday, Thursday, 2:30 pm - 5:30 pm; Wednesday, Friday, 6 pm – 9 pm.

HABITAT FOR HUMANITY OF NORTHERN SARATOGA, WARREN & WASHINGTON COUNTIES
(518) 793-7484
4 Glens Falls Technical Park, Suite 4, Glens Falls, NY 12801
www.glensfallshabitat.org
president@mail.glensfallshabitat.org

Services & Objectives: Habitat for Humanity works with communities to provide simple, decent affordable housing in partnership with those in need. As an affiliate of Habitat for Humanity International, we coordinate all aspects of habitat home building in our local area—fundraising, building, site selection, partner family selection and support, house construction and mortgage servicing.
Eligibility: Demonstrated financial need (not able to obtain a mortgage through standard channels), residence and/or employment in Warren, Washington or Northern Saratoga Counties, present living quarters are substandard, meet Habitat financial guidelines, and exhibited willingness to participate in the program. Call for more information.
Intake Procedure: www.gensfallshabitat.org or call for information.
Documents: Application form downloaded from the Internet, most recent W-2 forms from the last 2 years, pay stubs for the most recent 2 pay periods, copy of child support payments check if applicable, SSI income-copy of current award letter if applicable, HUD income copy of award letter if applicable, and lists of all assets if not listed on application.
HEALTH LITERACY FOR ALL, INC.  
1908 Jerome Ave, Schenectady, NY  
info@healthliteracyforall.org

Services: Classes for patients, providers, employers and community agencies to teach what health literacy is, how low health literacy impacts lives as well as the actual skills needed. Private counseling is also available at request of the agency, employer, patient or provider.

Objectives: To support healthy living through improved health literacy. To teach classes on health literacy skills to the 17 million New Yorkers who cannot navigate the healthcare system or make healthy decisions simply because they have never been taught the core skills to do so.

Eligibility: The 88% of New Yorkers deemed to have low to moderate health literacy skills. Fees/Payment: Fee for service, sliding rates.

How to apply: info@healthliteracyforall.org or call 518-881-6405.

HELPING HANDS SCHOOL  
4 Fairchild Square, Clifton Park, NY 12065  
www.helpinghands.org  
dburke@helpinghands.org

Services: Special education services for preschool aged children.

Objectives: Helping Hands Preschool provides specialized services to children with disabilities from 3 to 5 years of age.

Eligibility: Age 3 to 5 year olds approved through the Committee on Preschool Special Education.

Intake Procedure: Referrals Required. Contact school district’s Committee on Preschool Special Education.

Hours: Monday – Friday, 8:30 am - 3:30 pm.

HIGH PEAKS HOSPICE & PALLIATIVE CARE (Administrative)  
309 County Route 47, Suite 7, PO Box 840, Saranac Lake, NY 12983  
www.hphpc.org  
ksauers1@hphpc.org

ESSEX  
PO Box 192 Port Henry NY 12974  
Office Location: 12 Tom Phelps Way, Mineville, NY 12956  
awright@hphpc.org

QUEENSBURY  
79 Glenwood Avenue, 2nd Floor, Queensbury, NY 12804  
mschwalbe@hphpc.org

TRI-LAKES  
PO Box 840, 309 County Route 47, Suite 3, Saranac Lake, NY 12983  
Toll Free Phone: (518) 891-0657 Fax  
mvannortwick@hphpc.org

Services: HIGH PEAKS HOSPICE, Hospice Care

Objectives: High Peaks Hospice and Palliative Care is a community-based health care organization which serves terminally ill individuals in over 30 communities in a 4600-square-mile area of the North Country. Hospice services include all medications related to terminal diagnosis, equipment such as wheelchairs, hospital beds, oxygen, and other necessary medical equipment, 24-hour access to registered nurses, hospice aides, licensed practical nurses and trained volunteers for a variety of needs, a social worker for in-home counseling with patients and loved ones, bereavement counseling and spiritual care, occupational and physical therapists, nutritional and respite care.
Eligibility: Any individual who has been diagnosed with any life-limiting illness.

Intake Procedure: Contact the office closest to the individual, arrange for a consultation with a nurse to determine eligibility. Hospice patients benefit from service as soon after a terminal diagnosis of six months or less as possible.

Documents: Insurance information.

HOME-HEALTH CARE PARTNERS CORP.
1830 Riverfront Center, Amsterdam, NY 12010
www.newyorkhomehealthcare.com
info@newyorkhomehealthcare.com

Services: NURSING AND PERSONAL CARE, Home Health Aide Services/Private Duty Nursing

Objectives: This program provides personal care services, medication assistance, mobility safety, case management, medication monitoring, physician appointments and follow-ups, home safety assessment, diagnostic preparation, community resources, patient education, and skilled nursing services.

Services: NON-MEDICAL COMPANION SERVICES, Personal Care

Objectives: This program provides services that include errands, shopping, bill paying, housekeeping, travel arrangements, daily schedule, medication reminders, social activities, meal planning, escort to appointments/religious services, and companionship during hospital stays.

Eligibility: Serves All

Intake Procedure: Telephone, Walk in.

Fees/Payment: Fixed Cost, cash, private insurance, personal check

Hours: 24 hours, 7 days.

HOME HELPERS & DIRECT LINK
538 Maple Avenue, Suite 3, Saratoga Springs, NY 12866
Debra Obenhoff, owner
www.HomeHelpersNY.com

MISSION: As one of the nation's leading senior care providers, our Mission is to provide compassionate care that enables clients to live healthier, happier and more rewarding lives in the comfort of their own homes. We tailor a home care plan to fit your lifestyle with the flexibility to change as your needs change.

SERVICES PROVIDED:
- Assist with Bathing and Dressing; Shaving, Oral Hygiene and Toileting
- Assist with transferring from Wheelchair to Toilet or Shower and Helping Client Stand, Walk or Sit
- Assist with Medication Reminder and Organizing Medications
  Will Provide Transportation, Light Housekeeping, Meal Preparation, Laundry, Errands and Safety and Supervision

EMERGENCY MONITORING UNITS: Personal Emergency Response Systems provide help at the touch of a button. Worn around the neck or the wrist, they alert a Call Center which contacts 911 in an emergency, and will contact a family member or neighbor in a non-urgent situation.

ELIGIBILITY: No requirements

INTAKE PROCEDURES: Call for information

HOURS: Monday-Friday 8:00am-4:00pm
HOME INSTEAD SENIOR CARE, SARATOGA SPRINGS
(518) 580-1042
12 Mountain Ledge Drive Suite 3, Gansevoort, NY 12831
(518) 429-9293 Emergency
www.homeinstead.com
(518) 580-1043 Fax
his@nycap.rr.com

Services: HOME INSTEAD SENIOR CARE, Adult In Home Respite Care, Errand Running/Shopping Assistance Friendly Visiting, Homemaker Assistance In Home Meal Preparation.

Objectives: Home Instead provides affordable non-medical, companionship, and home helper services to the elderly to assist them in maintaining their independence. Services include companionship, light housekeeping, laundry, meal preparation, errands, incidental transportation including shopping and doctor appointments, outpatient/same day surgery companionship services, Sleep overservice, short term respite, hospital-sitter services, and will coordinate services with other community service providers.

Eligibility: Adults in need of non-medical services. Intake Procedure: Call or walk in for appointment.

Fees/Payment: Low cost, fees vary. Reimbursement through public agency. Donations accepted.

Hours: 24-hour services

HUDSON RIVER FISH ADVISORY OUTREACH
(518) 402-7530
Dept. of Health Outreach & Education – CEH
(518) 402-7539 Fax
ESP, Corning Tower, Room 1642, Albany, NY 12237
Regina Keenan rmk05@health.state.ny.us/hrfa@health.state.ny.us www.health.ny.gov/hudsonriverfish

Services: Fishing is fun and fish are an important part of a healthy diet. However fish in some waterbodies in New York contain chemicals at levels that may be harmful to health. To help people make healthier choices about which fish to eat, the New York State Department of Health (NYSDOH) issues advice about eating fish you catch. One of the water bodies for which NYSDOH has health advice, known as a fish advisory, is the Hudson River.

In 2008, the Hudson River Fish Advisory Outreach Project began a twenty-year initiative with a goal that all Hudson fish and crab consumers know about, understand and follow the NYSDOH Hudson fish advisories. The NYSDOH advice and an important project message is that women under 50 (of childbearing age) and children under 15 should not eat fish or crabs from the Hudson River south of Corinth in Saratoga County to the NYC Battery.

Objectives: NYSDOH communicates the health advice on eating Hudson River fish through the website and distribution of free outreach materials that target a number of audiences. Since 2009, contracts totaling up to $60,000 have been awarded each year to local partners in fish advisory outreach. The program tries to reach both people who fish the Hudson River and families who may eat the fish and seeks more community partners. Program staff and partners attend community events and work with a wide variety of local groups: nutrition programs and perinatal networks, game and conservation associations, immigrant and food bank networks, faith organizations, social service and health providers, municipalities, government agencies, and not for-profit community-based organizations.

Intake Procedure: Contact Regina at rmk05@health.state.ny.us or by phone

Hours: 9:00 a.m. - 5:00 p.m.
Interim Health Care
1735 Central Avenue, Albany, NY 12205
(518) 452-3655
www.interimhealthcare.com
levans@interimhealthcr.com

Services: HOME HEALTH SERVICE, Home Health Aide Services
Objectives: Interim Health Care offers home care services to maintain people of all ages in their home for short and long-term care. In home care provided by companions, aids and nurses 2-24 hours a day. Services include shopping, errands, light housekeeping, personal care, meal preparation, accompaniment to medical appointments, medication management, sitter, respite, treatments such as wound care and IV therapy. The goal of interim Health Care services is to assist individuals to maintain independence in their home for as long as possible.

Intake Procedure: Call for information. The intake process includes the request made by the client, family member or referral source as to the services they need. An in-home assessment by an RN is completed at the client's convenience, if staff is available. Payment responsibility and rates are discussed at intake, and reviewed at the assessment. If a third party payer is involved, interim will contact the payer and validate coverage, as well as obtain prior authorization if required.

Documents: Physician's statement.
Fees/Payment: Fees vary. Reimbursement through County Office for Aging, Medicaid & private insurance accepted.
Hours: Mon.-Fri. 8am-5:00pm, 24/7 On Call

Services: LIVE IN COMPANIONS, Live In Companions
Objectives: Live-in companions share the individual's home and are available on a continual basis for reading, talking, listening, and writing letters and other tasks.

Intake Procedure: Call for information. The intake process includes the request made by the client, family member or referral source as to the services they need. An in-home assessment by an RN is completed at the client's convenience, if we feel we have available staff. Payment responsibility and rates are discussed at intake, and reviewed at the assessment. If a third party payer is involved Interim will contact the payer and validate coverage, as well as obtain prior authorization if required.

Documents: Physician statement.
Fees/Payment: Fees vary. Reimbursement through County Office for Aging, Medicaid & private insurance accepted.
Hours: Monday – Friday, 8 am - 5:00 pm, 24/7 on-call.

League of Women Voters of Saratoga County
1029 Broadway, Saratoga Springs, NY 12866
(518) 885-9769
www.lwvsaratoga.org
info@lwvsaratoga.org

Services: GET OUT THE VOTE DRIVES/VOTER REGISTRATION DRIVES, Get Out the Vote Drives, Voter Registration Drives
Objectives: The Saratoga County League of Women Voters encourages citizens to exercise their civil rights by encouraging them to register to vote and to vote.
Eligibility: U.S. citizens 18 and older.
Intake Procedure: Call for information.

Services: PUBLIC INFORMATION MEETINGS, Subject Specific Public Awareness/Education
Objectives: The League of Women Voters offers public information meetings on a variety of topics.
Intake Procedure: Call for information.
Services: HOMELINESS PREVENTION & RAPID RE-HOUSING PROGRAM (HPRP), Eviction Assistance Rent Payment Assistance

Objectives: Legal Aid Society of Northeastern New York is administering the Homelessness Prevention and Rapid Re-housing Program and will assist with rent payments, and evictions. It will also assist with utility arrears in Fulton, Montgomery, and Schoharie Counties and with rental deposits in Albany County.

Intake Procedure: Call for information.

Services: LEGAL AID, General Legal Aid, Legal Counseling, Legal Representation

Objectives: The Legal Aid Society of Northeastern New York provides free civil legal services to low income people and has special projects for children, elders, victims of domestic violence, the homeless and those at risk of homelessness. The geographic area served includes Albany, Clinton, Columbia, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, St. Lawrence, Schenectady, Schoharie, Warren and Washington Counties. Private Attorney Involvement (PAI) Program enlists a panel of private attorneys who volunteer to serve Legal Aid clients pro bono.

Eligibility: A client must reside in the area served by their branch office and must be financially eligible (125% of the Federal Poverty Guidelines FPG). Spenddowns can be applied to any applicant whose income is up to 200% of the FPG. There are also several programs - domestic violence, people aged 60 or over, or homeowners facing foreclosure with higher or no income guidelines.

Intake Procedure: Call for information Walk in for emergencies only.

Services: THE CHILDREN’S LAW PROJECT, General Legal Aid * Children and Youth with Disabilities

Objectives: The Children’s Law Project offers free civil (not criminal) legal services to low income children with disabilities. Common cases include, but are not limited to, education matters (special education, school discipline, 504 Accommodations Plans, transportation, residency) and Supplemental Security Income (SSI).

Eligibility: Low-income children with disabilities.

Intake Procedure: Call for information: Albany 518-462-6765, Saratoga Springs, 518-587-5188, Amsterdam 518-842-9466. Open intake occurs throughout the day, but the best times to call are 11:00 a.m. to 12:00 noon and 1:00 p.m. to 5:00 p.m.

Fees/Payment: None/Not applicable Donation accepted,

Hours: Monday – Friday, 9 am – 12 pm, 1 pm – 5 pm.

Services: LAWYER REFERRAL SERVICES, Lawyer Referral Services

Objectives: The Legal Aid Society maintains lists of private lawyers and link people who need legal assistance with lawyers who specialize in the required area of law.

Eligibility: Applicants must be financially eligible according to income and assets. Must meet other eligibility guidelines, assessed by telephone.

Intake Procedure: Call, walk in or apply via Internet.

Fees/Payment: Fixed cost or no cost.

Hours: Monday – Friday, 9 am – 12 pm, 1 pm – 5 pm.
Services: NUTRITION OUTREACH AND EDUCATION PROGRAM (NOEP), Nutrition Education Outreach Programs

Objectives: The Nutrition Outreach and Education Program (NOEP) is administered under contract with the New York State Department of Health. The fundamental goal of NOEP is to increase the availability and utilization of federal nutrition assistance programs as a means to ensure better nutrition and reduce the incidence of hunger among low-income populations.

Eligibility: Call for details.
Intake Procedure: Call for information.

LEUKEMIA & LYMPHOMA SOCIETY
1 Marcus Blvd., Suite 104, Albany, NY 12205
www.lls.org/unyvt

Services: LLS is the leading source of free blood cancer information, education and support for patients, caregiver, and healthcare professionals.

Some of our resources include:
- Personalized, one-on-one information and support
- Disease and treatment information booklets
- Weekly online chats
- Local family support groups
- Peer to peer support program
- Regional and local education events
- Webcasts of educational programs and videos, and
- Financial assistance including co-pay and travel assistance programs (as available).

Target: Upstate New York/Vermont/ Blood Cancer Patient, caregiver or healthcare professionals.
Hours: Monday – Friday, 8:30 am - 4:30 pm.
Information Resource Center 1-800-955-4572 9 am -9pm M-F

LITERACY NEW YORK, GREATER CAPITAL REGION
1450 Western Avenue, Suite 101, Albany, NY 12205
www.literacynycap.org

Services: LITERACY, Adult Literacy Programs, English as a Second Language

Objectives: Free instruction to adults who need help with reading, writing and conversational skills in English. Tutoring in reading and writing (basic literacy) and in conversational skills in English to speakers of other languages.

Eligibility: Adults, aged 16 (out of school) or older
Intake Procedure: Call or walk in to apply. Adults should contact the office to arrange an interview to determine literacy level.
Fees/Payment: No cost.
Hours: Monday – Friday, 9 am – 4 pm.
MAKE-A-WISH FOUNDATION
1 Mustang Drive, Cohoes, NY 12047
(518) 782-4673
www.neny.wish.org
neny@neny.wish.org

Services: WISH GRANTING, Wish Foundations
Objectives: The Make-A-Wish Foundation grants the wishes of children with life-threatening medical conditions to enrich the human experience with hope, strength and joy.

Eligibility: Children and youth between the ages of 2 1/2 and 18 years of age with life-threatening medical conditions.

Intake Procedure: Call for information and to apply. Professional or physician referral required.

Documents: Proof of age, copy of driver's license or government-issued ID card, and a copy of birth certificate for each minor child. Referral required from physician or physician's assistant, and parent or guardian. Fees/Payment: No cost.

Hours: Monday – Friday, 9 am – 5 pm.

MECHANICVILLE AREA COMMUNITY SERVICES CENTER
6 South Main Street. PO Box 30, Mechanicville, NY 12118
(518) 664-8322
www.mechanicvillecsc.org
macscgeneral@mechanicvillecsc.org

A Community Center enhancing the lives of area residents through Family Support, empowerment, recreation & education.

Services: EMERGENCY FOOD PANTRY, Food Pantry

Hours: Tuesday, 11:00 am - 1:00 pm, Thursday, 5:30 pm - 7:30 pm


Objectives: DVAP provides non-residential programming to victims of domestic violence and their children. Comprehensive supports to victims include legal advocacy, a domestic violence hotline, safety planning, legal clinics, counseling, emergency cell phones, support groups, children's counseling and support groups, court accompaniment, resource advocacy, direct access to emergency assistance and transportation to victims of domestic violence and their children as well as educational presentations, trainings and workshops for schools and community groups.

Eligibility: Victims of domestic violence and their children.


Fees/Payment: None/Not applicable, Donations accepted.

Hours: Monday – Friday, 9 am – 5 pm.

Services: FAMILY DEVELOPMENT PROGRAM, Bankruptcy Assistance, Children’s Play Groups, Credit Counseling Family Support Centers/Outreach, Financial Management Workshops, Personal Finances/Budget Counseling

Objectives: Family Development seeks to involve and improve the whole community through strengthening of supports and raising awareness of resources for community families. This is done through one-on-one advocacy and support, goal setting, budget development and individual attention as well as larger community presentations, increased access to services and referrals to appropriate community resources.

Eligibility: No requirements.


Fees/Payment: None/Not applicable, Donations accepted.

Hours: Monday – Friday, 9 am – 5 pm.
Services: ELDER CARE SERVICES PROGRAM, Case/Care Management Referrals * Older Adults Financial Management Workshops * Older Adults, Older Adult Social Clubs, Personal Finances/Budget Counseling * Older Adults Senior Centers, VITA Programs

Objectives: Elder Care Services Program, Providing a variety of programs designed to provide support and socialization opportunities for seniors living independently. Health and wellness workshops and speakers, socialization based groups (i.e. quilting, walking, computer classes, grief and loss groups etc.) one-on-one counseling and advocacy, information and referral, caregiver supports, lifeline, housecleaning, field trips, extra helpings food buying coop delivery -- available to residents of Mechanicville Public Housing.

Eligibility: Anyone over age 60.

Intake Procedure: Application Procedure, Telephone, Walk-in, Appointment Only, some services restricted to Mechanicville Public Housing Residents

Fees/Payment: Donation accepted, None/Not applicable.

Hours: Monday – Friday, 9 am – 5 pm, call for schedule regarding hours on site at Mechanicville Public Housing.

Services: CARE (COMMUNITY ADVOCACY REFERRAL & EDUCATION) HOLIDAY PROGRAMS, Christmas Baskets, Holiday Gifts/Toys, Thanksgiving Baskets, Thanksgiving Meals

Objectives: CARE (Community Advocacy Referral & Education) offers holiday programs including Christmas baskets, Christmas programs, holiday gifts and toys, Thanksgiving baskets and Thanksgiving meals. Holiday donations are accepted and welcome.

Eligibility: Call for details.

Intake Procedure: Call for information.

Fees/Payment: No cost.

Hours: Monday – Friday, 9 am – 5 pm.

Services: YOUTH DEVELOPMENT PROGRAM, Day Camps, Recreation Centers * Youth Recreational Activities/Sports* Youth, Youth Enrichment Programs, Youth Job Development

Objectives: MACASC youth development programs offer a range of safe, age appropriate self-esteem building programming for youth in the greater Mechanicville area. Current programs include open gym, Mechanicville After-School Clubs, monthly dances, Summer Adventure Program, field trips, swim trips educational speakers and workshops and sports clinics. Access to computers and other services is provided.

Intake Procedure: Application procedure. Call for information or walk in Tuesday or Thursday.

Fees/Payment: Fees vary.

Services: COMMUNITY CENTERS, Neighborhood Multi-purpose Centers

Objectives: Mechanicville Area Community Services Center (MACSC) offers comprehensive health and human services to Southern Saratoga and Northern Rensselaer Counties including: youth development programming, NYS licensed before and after school care, non-residential domestic violence advocacy program (DVAP), food pantry, emergency rent and utility assistance, satellite site for Saratoga county services, VITA Volunteer Income Tax Assistance, family development programming, health and wellness based senior programs, information and referral and more. All services beside childcare are free of charge and without residency restrictions. MACSC operates as a client and community driven agency constantly adjusting programs to directly serve the needs of the community at large.

Eligibility: No requirements.


Fees/Payment: None/Not applicable, Donation accepted,

Hours: Monday – Friday, 9 am – 5 pm, other events are held during evening hours, please call for details.
MEDIATION MATTERS / CAPITAL DISTRICT CASA (518) 446-0356
10 Russell Road, Albany, NY 12206
www.mediationmatters.org
info@mediationmatters.org

MEDIATION MATTERS – SARATOGA, WARREN AND WASHINGTON COUNTIES (518) 584-6361
480 Broadway, LL-32, Saratoga Springs, NY 12866 (518) 583-9659 Fax

MEDIATION MATTERS – ALBANY AND RENSSELAER COUNTIES (518) 446-0356
10 N. Russell Road, 2nd floor, Albany, NY 12206 (518) 446-0379

MEDIATION MATTERS – SCHENECTADY COUNTY (518) 847-0117 Administrative
1473 Erie Boulevard, Suite 302, Schenectady, NY 12305 (518) 847-0117 Fax

Services: CONFLICT RESOLUTION, Mediation, Arbitration, Restorative Justice & Practices, Training & Program Design & Implementation

Objectives: Mediation is a process in which parties come together to sit down with one or two trained neutral mediators to discuss ways of resolving issues between them. The mediators’ goal is to make sure everyone’s concerns are heard and addressed and potentially resolved through mutual agreement. This voluntary process provides an opportunity to work through issues between parties while attempting to preserve future relationships.


Intake Procedure: Call or walk in for intake.

Fees/Payment: $25 administration fee (waived in case of financial need).

Hours: Sessions can be scheduled at your convenience.

MOREAU COMMUNITY CENTER (518) 792-6007
144 Main Street, South Glens Falls, NY 12803 (518) 792-0837 Fax
www.moreaucommunitycenter.org

The mission of the Moreau Community Center is to meet the multi-generational needs of the community in a compassionate and inclusive environment.


Hours: Monday – Friday, 8 am – 4 pm, Food pantry: 9:00 am – 11:30 am & 12:30 pm – 3:00 pm.

Target Population: All

Eligibility Criteria: Call for program information.

Intake Procedures: Call for intake procedures.

MVP HEALTHCARE (518) 386-7869
625 State Street, Schenectady, NY 12305 (518) 258-8019 Fax
Sheila Rivera, srivera@mvphealthcare.com

Services: MVP Healthcare has health insurance products available for those who are eligible for Medicare.

Intake Procedure: Call or email for information
Objectives: The National Center for Missing & Exploited Children’s mission is to help prevent child abduction and sexual exploitation; help find missing children; and assist victims of abduction and sexual exploitation, their families, and the professionals who serve them.

Intake Procedure: If your child is missing call 9-1-1, then call us at 1-800-THE-LOST (1-800-843-5678).

NATIONAL CHURCH RESIDENCES OF BALLSTON SPA, WATERFORD & CLIFTON PARK
91 Church Avenue, Ballston Spa, NY 12020
www.ncr-home.org

CASTLE HILLAPARTMENTS
114 Green Avenue Castleton, NY 12033
(518) 732-4213 Fax

DOUBLEDAY WOODS
91 Church Avenue, Ballston Spa, NY 12020
(518) 884-2701 Fax (800) 925-8689 TDD

SHENENDEHOWA VILLAGE
300 Solomon Avenue, Clifton Park, NY 12065
(518) 373-1998 Fax

VAN SCHOONHOVEN SQUARE
1 Van Schoonhoven Square, Waterford, NY 12188-2046
(518) 235-0514 Fax

Services: NATIONAL CHURCH RESIDENCES, HUD Management Companies
Objectives: National Church Residences provides safe, affordable housing for very low-income seniors and under aged disabled.

Eligibility: Low-income over age 62 or disabled
Intake Procedure: Call for information
Hours: Monday – Friday, 9 am – 4 pm.

Services: DOUBLEDAY WOODS, Low Income/Subsidized Rental Housing * Older Adults
Objectives: Doubleday Woods offers 95 one-bedroom units, 9 of which are adapted for the disabled to seniors age 62 and up and the disabled, at 30% of adjusted gross income. There is a monthly doctor clinic and a hair salon.

Eligibility: Age 62 and older or disabled.

Services: SHENENDEHOWA VILLAGE, Low Income/Subsidized Rental Housing * Older Adults
Objectives: Shenendehowa Village offers 49 one-bedroom units at 30% of adjusted gross income to seniors age 62 and older. 3 units are adapted for the disabled. There is a community room and a computer room with high-speed access.

Eligibility: Age 62 and older.

Services: VAN SCHOONHOVEN SQUARE, Low Income/Subsidized Rental Housing * Older Adults
Objectives: Van Schoonhoven Square offers 40 units, 4 of which are adapted for the disabled, to seniors age 62 and older or to the mobility impaired for 30% of adjusted gross income. Studios and one bedroom apartments are available.

Eligibility: Age 62 or older or mobility impaired.
Services: CASTLE HILL APARTMENTS, Low Income/Subsidized Rental Housing * Older Adults
Objectives: Castle Hill Apartments offers 40 one-bedroom apartments, 4 of which are adapted for the disabled, to seniors age 62 and older or to the mobility impaired, for 30% of adjusted gross income. There is a laundry room, a community room with scheduled activities, and a computer resource center.
Eligibility: Age 62 and older or mobility impaired.

NATIONAL GRID
www.nationalgridus.com
1-800-642-4272 Customer Service
1-800-443-1837 Collection Services
1-800-867-5222 Power Outage/ downed Lines
National Grid Glens Falls Office
(518) 761-5942
1 Apollo Road, Glens Falls, NY 12801

Services: Consumer Advocacy, Utility Bill Payment Plan Negotiation Assistance, National Grid’s Programs & Services.
Objectives: National Grid’s consumer advocates assist low-income and special-needs customers with bill paying management, outreach & education
Eligibility: National Grid Customer
Intake Procedure: Call for information
Fees/Payment Source: No cost
Hours: Glens Falls office: Mon.-Fri. 8:00 am - 4:30 pm

NATIONAL SUICIDE PREVENTION LIFELINE
www.suicidepreventionlifeline.org
(800) 273-8255 Hotline

Services: NATIONAL SUICIDE PREVENTION LIFELINE, General Crisis Intervention Hotlines, Suicide Prevention Hotlines
Objectives: The National Suicide Prevention Lifeline at 1-800-273-TALK is a free 24-hour hotline available to anyone in suicidal crisis or emotional distress. Calls will be routed to the nearest of more than 140 crisis centers nationwide.
Intake Procedure: Call 1-800-273-8255.
Hours: 24 hours a day, 7 days a week.
NEWMEADOW SCHOOL
(23 Sitterly Road, Clifton Park, NY 12065)
(518) 899-9235
(518) 899-9315 Fax
www.newmeadow.org

Services: Full range preschool using the teaching methods of Bridges Applied Behavior Analysis in both self-contained and integrated classrooms. Special needs services include speech, physical and occupational therapies along with psychological and nursery services. Newmeadow is also a UPK site for the Ballston Spa School District.

Objectives: Prepare 3 and 4 year old children for kindergarten by creating environments that stress acquisition of academic, social and daily living skills. Focus is placed on social and language development opportunities through theme-based activities and teaching moments.

Hours: Monday – Friday, 9 am - 2 pm.

Target Population: Preschool ages, 2- 5.

Intake Procedures: Registration forms.

Documents: See website.

Fees/Payment: See website.

NYS COALITION AGAINST DOMESTIC VIOLENCE
350 New Scotland Avenue, Albany, NY 12208
(518) 482-5465
www.nyscadv.org
www.ncr-home.org

Services: COALITION BUILDING AND NETWORKING, Coalition Building * Domestic Violence Issues

Objectives: The NYSCADV offers Coalition Building and Networking on domestic violence issues. Services include; training and technical assistance, public policy making assistance, intensive focus projects and cultural competence.

Eligibility: No requirements.

Intake Procedure: Call for information.

Fees/Payment: Membership fee.

Hours: Monday – Friday, 9 am – 5 pm.

Services: NYS Domestic & Sexual Violence Hotline

Objectives: The New York State Domestic and Sexual Violence Hotline is a 24-hour statewide hotline providing crisis intervention, counseling, technical assistance and information and referral, including a TTY service for callers who are deaf or hard of hearing.

Intake Procedure: Call for information.

Hours: 24-hour services

Services: COMMUNITY OUTREACH AND RESOURCES, Outreach Programs * Domestic Violence Issues

Objectives: The Coalition Against Domestic Violence has a Community Outreach Program and resources to address the safety and concerns of women who are abused, and provide support and encouragement for the participation of women who are abused in the struggle to eradicate personal and institutional violence against them, and provide for a non-competitive atmosphere that fosters open communication, respect, and cooperation among advocates and women who are abused.

Intake Procedure: No intake. Call for information.

Fees/Payment: No cost

Hours: Monday – Friday, 9 am – 5 pm.
Services & Objectives: The New York State Commission for the Blind and Visually Handicapped (CBVH) provides vocational rehabilitation and other direct services to legally blind New York State residents, including children, adults, and elderly persons. One of CBVH's primary objectives is to assist consumers in achieving economic self-sufficiency and full integration into society. CBVH offers these services from seven district offices across the state.

Target Population: Blind people of all ages.

Eligibility: Must be legally blind in both eyes with best corrected vision.

Intake Procedure: Fill out an application and/or call us.

Hours: Monday – Friday, 10:00 a.m. - 4:30 p.m.

District Office Locations:

District 1: Buffalo
Ellicott Square Bldg., 295 Main Street
Room 590 (mail goes to room 545), Buffalo, NY 14203
(716)847-3516
(716) 847-3500 TDD


District 3: Syracuse
The Atrium, 100 S. Salina Street, Suite 105, Syracuse, NY 13202
(315) 423-5426 TDD

Services: Adults & Children in Broome, Cayuga, Chenango, Cortland, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, Tioga, and Tompkins Counties. Adults only in Chemung, Seneca, Schuyler, and Yates Counties. Children only in St. Lawrence County.

District 4: Albany
40 North Pearl 15th Floor, Albany, NY 12210-2329
(518) 473-1698 TDD


District 5: White Plains
445 Hamilton Avenue, 5th Floor, Room 503, White Plains, NY 10601
(914)993-5327 TDD

Services: Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, and Westchester Counties.

District 6: Manhattan
80 Maiden Lane 23rd Floor, NY, NY 10038
(212)825-7367 TDD

Services: VR only in Bronx, Brooklyn, Manhattan, Staten Island.
Services: VOCATIONAL REHABILITATION PROGRAM

Objectives: The Vocational Rehabilitation (VR) Program offers guidance and counseling to assist consumers who are legally blind find or retain employment. Vocational counselors work with the consumer to develop an Individualized Plan for Employment (IPE). The IPE acts as a road map to guide the consumer toward their employment goals. Goals vary, and include preparing for and finding a job, continuing at a current workplace or maintaining a household independently.

Intake Procedure: Contact your nearest local office.

Services: CHILDREN’S PROGRAM

Objectives: CBVH provides rehabilitation services to children who are legally blind. Early intervention, working with and empowering parents, arranging services to supplement educational activities and ensuring a smooth transition to adult services are all key to maximizing the future independence of each child. Working with the family, a CBVH Children’s Consultant will help develop a plan to meet the child’s needs. The plan may include services provided in the home, the community and/or private rehabilitation agencies. The consultant may provide counseling and guidance to the family, advocacy services, educational consultation and vocational coordination. CBVH also provides children with the opportunity to attend summer camps and year-round recreation programs that they might not otherwise be able to attend without the support of the Commission for the Blind and Visually Handicapped. The goal of the recreation programs is to provide children with opportunities that encourage independence and increase self-confidence.

Intake Procedure: For more information on the CBVH Children’s Program, contact your nearest district office children’s consultant:
- Buffalo/Syracuse: Robert Barbara (716) 847-3533 Carol Hile (315) 423-5439 Richard Little (585)238-8112
- Albany/White Plains: Lauren Corp (518) 473-4359 Joanne Russotti (914) 993-5381
- Manhattan/Hempstead: Paul Geraci (212) 825-7364 Arnold Chapman (516) 564-4319

Services: INDEPENDENT LIVING SERVICES PROGRAM

Objectives: Individuals who are not eligible for vocational rehabilitation services and who are not receiving services through another CBVH Program may qualify to participate in the Independent Living Services Program. The program is designed to help individuals with low vision carry out day-to-day activities. This program provides services through not-for-profit private organizations and from ophthalmologists and optometrists who are certified as low vision specialists. These services are provided based on individual need and may include: orientation and mobility services, rehabilitation teaching, low vision services and devices, social casework and adaptive equipment.

Intake Procedure: Contact the district office nearest to you.
Services: ADAPTIVE LIVING PROGRAM
Objectives: The Adaptive Living Program (ALP) is for people who need training and services to assist them in living at home and in the community. In most cases, the consumer has to be over the age of 55, unless they have circumstances where they do not want to pursue employment. The ALP program provides Adjustment Counseling, Rehab Teaching, and Orientation & Mobility. CBVH contracts with a number of private agencies for the blind who go to consumer's homes to provide services. The primary benefit of this program is to allow senior citizens who are experiencing vision loss to function more independently in daily activities.

Intake Procedure: Contact your nearest local office.

NYS DEPARTMENT OF TAXATION & FINANCE
W.A. HARRIMAN CAMPUS, Bldg. 9, Room 200 Albany, NY 12203
(518) 530-4689
www.tax.ny.gov

NYS ENERGY & DEVELOPMENT AUTHORITY
17 Columbia Circle, Albany NY 12203
(518) 862-1090
(866) 697-3732 Service/Intake: Commercial/Institutional/Industrial
(877) 697-6278 Service/Intake: Residential 1-877-NY-SMART,
www.nyserda.org

Services: NEW YORK ENERGY $MART, Energy Conservation
Objectives: New York Energy $mart programs are designed to lower electricity costs by encouraging energy efficiency as the state’s electric utilities move to competition.

Eligibility: Electric distribution customers (residential, commercial, institutional and industrial) who pay into the System Benefits Charge SBC.

Intake Procedure: Call for information or visit website. Residential: (877) 697-6278 Service/Intake: Residential or visit www.getenergysmart.org. All others: 1-866-NYSERDA (1-866-697-3732) or visit www.nyserda.org.

Hours: Monday – Friday, 8:30 am - 5:30 pm.

NEW YORK STATEWIDE SENIOR ACTION COUNCIL, INC.
275 State Street, Albany, NY 12210
info@nysenior.org
(518) 436-1006
1-800-333-4374
(518) 436-7642 Fax

Services & Objectives: Statewide was organized in 1972 to achieve dignity, well-being and security for all senior citizens in New York State. We provide direct service through our helpline and counseling services and provide information to educate the community as well as state and federal policymakers on issues of importance to older New Yorkers.

Eligibility: Seniors.

Intake Procedure: info@nysenior.org

Fees/Payment: No cost.

Hours: Monday – Friday, 8:30 am – 4 pm.
VOCATIONAL SERVICES, Prevocational Training * Mental Illness/Emotional, Disabilities

Objectives: The Vocational Services Program is a community mental health program serving persons over 18, with severe and persistent mental illness, who are seeking to enter the workforce. The goal of vocational services is to assist individuals in obtaining and maintaining employment in their chosen field via individual counseling and a job club model. Staff help prepare individuals to search for employment, assists them with the hiring process and provides ongoing support once employed. The program assists individuals with connecting with community resources for benefits advisement, intensive job coaching, or obtaining work attire. In addition, staff coordinates employment concerns with clinical providers as well as employers to provide a continuity of care and to ensure the success of the individual.

Eligibility: Individuals are eligible who have a DSM IV diagnosis, are a resident of Rensselaer County, have medical and psychiatric stability sufficient to participate in a vocational program, are currently receiving mental health services, and who are Community Support Services eligible.

Intake Procedure: Referral required. Call for information and application procedure.

Fees/Payment: No cost.

Hours: Monday – Friday, 8:30 am – 4 pm.

Services: JOB PLACEMENT SERVICES, Job Search/Placement

Objectives: Job Placement Services facilitates and promotes effective job seeking and placement for individuals with disabilities for whom competitive employment is a realistic and immediate option, but due to the nature of their disability need some support to locate and secure a good job match. Services include tailored job seeking skills instruction, interview preparation, employment counseling, targeted job seeking, advocacy, job placement, and 90 day post-employment follow-up job counseling.

Eligibility: A person is eligible for services if the individual: has a physical or mental impairment that is a substantial impediment to employment; can benefit in terms of achieving an employment outcome consistent with the individual’s strengths, resources, priorities, concerns, abilities, capabilities, interests and informed choice; and individuals who require vocational rehabilitation services to prepare for, secure, retain, or regain employment.

Intake Procedure: Referral Required, Application Procedure, Appointment Only

Documents: Documentation of disability, relevant background information and I-9 documentation for proof of legal employment eligibility.

Fees/Payment: None/not applicable; Reimbursement through VESID, OMH, and/or CBVH.

Hours: Monday – Friday, 8:30 am – 4 pm; services can be provided during the evening and weekends by appointment.
Services: SCHOOL-TO-WORK TRANSITION SERVICES, School to Work Programs * Young Adults
Objectives: School-to-Work Transition Services provides assistance to students, families and school districts to evaluate and assist in making recommendations for developing and implementing effective transition services to meet student needs. Transition services include: assisting classroom instructional teams in the development of student’s IEPs, providing technical assistance to ensure implementation of transition services of the IEP, presentation of workshops for school staff and students regarding transitional planning and issues regarding transitional planning, meeting with staff and students (and family) to provide support and assistance during the transition process, and providing information and referral assistance regarding the transition from school to adult community services.
Eligibility: Young adults ages 14-21 who have a disability or are at risk.
Intake Procedure: Application by authorized provider; appointment only, referral required.
Document: Documentation of disability. Relevant background information. Student IEP if applicable.
Fees/Payment: Other; Reimbursement through VESID, School District, OMH, OMRDD, CBVH; Payment must be attached to some type of funding stream.
Hours: Monday – Friday, 8:30 am – 4 pm.

Services: LIVES (LOCAL INTERAGENCY VESID EMPLOYMENT SERVICES), Supported Employment * Vocational Assessment * Diseases/Disabilities
Objectives: LIVES (Local Interagency VESID Employment Services) is collaborative grant between Northeast Career Planning, TDA (Temporary Disability Assistance) and VESID (Vocational and Educational Services for individuals with Disabilities.) The grant provides services to TANF (Temporary Assistance to Needy Families) recipients with disabilities (i.e. physical, mental health, learning) from Albany, Rensselaer and Washington Counties in their quest to become more self-sufficient. NCP staff assists consumers with referral documentation for VESID services and completes a Vocational Assessment of consumers' skills and aptitudes. NCP staff assists the consumers with identifying goals and services which can be provided by VESID including Supported Employment, Traditional Employment Services or support for an Educational/Training goal. In addition to coordinating service providers and social services, NCP staff helps establish work activities - such as volunteerism or sheltered employment - for consumers to meet their TANF participation requirements.
Eligibility: Recipients of TANF assistance.
Intake Procedure: Appointment only.
Hours: Monday – Friday, 8:30 am – 4 pm.

Services: SUPPORTED EMPLOYMENT (VESID), Supported Employment
Objectives: Supported Employment facilitates competitive work in integrated work settings for individuals with most severe disabilities for whom competitive employment has not traditionally occurred, and who, because of the nature and severity of their disability, need ongoing support services in order to perform their job. Supported employment provides assistance on and off the job site such as tailored job coaching, employment counseling, advocacy, specialized job training, ongoing extended support services and re-placement as needed. Supported employment provides an avenue to assist people in achieving greater independence and self-esteem through integrated competitive employment.
Eligibility: Eligible persons are those who are eligible for vocational rehabilitation services; who have a severe disability; who have not worked, have worked intermittently, in competitive employment due to the disability; and those who have a comprehensive assessment of rehabilitation needs which identifies supported employment as the appropriate rehabilitation objective for the individual.
Intake Procedure: Application by authorized provider; appointment only, referral required.
Documents: Physician statement, documentation of disability, relevant background information, and I-9 documentation for proof of legal employment eligibility.
Fees/Payment: None/not applicable, Reimbursement through VESID, OMH, OMRDD, CBVH.
Hours: Monday – Friday, 8:30 am – 4 pm.

Services: DIAGNOSTIC VOCATIONAL EVALUATION, Vocational Assessment
Objectives: Assessment services to assist individuals in vocational planning. Skills, interests, and aptitude testing to identify vocational strengths and weaknesses and develop job plans.
Eligibility: Individuals with disabilities or other barriers to employment.
Intake Procedure: Application procedure; telephone & appointment only.
Documents: Physician statement.
Fees/Payment: None/Not applicable.
Hours: Monday – Friday, 8:30 am – 4 pm.

NORTHEAST HEALTH
2212 Burdett Avenue, Troy, NY 12180
www.nehealth.com

Sites:
EDDY HOME CARE AND EDDY VISITING NURSE ASSOCIATION
430 River Street, Troy, NY 12180
www.nehealth.com

THE TERRACE AT THE GLEN AT HILAND MEADOWS
71 Longview Drive, Queensbury, NY 12804
www.nehealth.com

Services: THE TERRACE AT THE GLEN AT HILANDS, Assisted Living Facilities
Objectives: The Terrace at the Glen at Hiland Meadows offers three restaurant-style meals daily, private studio apartment with kitchenette, assistance with bathing, dressing, medication management and activities of daily living, housekeeping, laundry and linen services, 24-hour security and emergency call system, licensed nursing staff and resident care assistants, social activities, cultural recreational and educational programs, and scheduled transportation. Services are provided for a reasonable monthly fee, including all utilizes (heat, electric, air conditioning, telephone, cable TV, high-speed internet access.) For more information, or to schedule a tour, please call us at 832-7864.
Eligibility: Call for details.
Intake Procedure: Call for information.
Fees/Payment: Private Pay.
Hours: 24 Hours. 7 Days.
SERVICES: NORTHEAST HEALTH DIABETES CENTER: COMPREHENSIVE DIABETES EDUCATION PROGRAM

Objectives: The Comprehensive Diabetes Education Program is a 10-hour program that educates an individual on diabetes management, including monitoring blood sugar, nutrition, preventing complications, activity, stress control and behavior modification.

Eligibility: Adults with Type 1, Type 2 or gestational diabetes who need diabetes education.

Intake Procedure: Physician referral required. Patients are typically called within two or three days of receipt of referral.

Documents: Referral from physician; call for details.

Fees/Payment: Medicaid, Medicare, private insurance accepted. Everyone is advised to call insurance prior to visit to ensure that diabetes education is covered. Donations accepted.

Hours: Monday – Friday, 8:30 am – 4 pm.

SERVICES: COMMUNITY SERVICES, Home Health Aide Services, Home Nursing, Long Term Home Health Care Personal Emergency Response Systems

Objectives: Eddy Home Care and Eddy Visiting Nurse Association, provides comprehensive healthcare services to help individuals remain independent and in their own homes. We offer: visiting nurses, private duty nurses, physical, occupational and speech therapists, certified home health aides and personal care aides, medical social workers, nutritionists. Our specialty nursing programs include wound care, home infusion therapy, diabetes management, pediatric nursing, maternal-infant health care, and care for individuals with HIV/AIDS. We are proud to offer anodyne therapy for the treatment of peripheral neuropathy, lymph edema and non-healing wounds, as well as state-of-the-art tele-homecare technology. For more information, please call The Eddy's home care division, (518) 274-6200.

Eligibility: Call for details.

Intake Procedure: Telephone.

Fees/Payment: Medicare, Medicaid, Insurance, Credit/Debit Card, Cash, check.

Hours: 24 Hours. 7 Days.

NORTHEASTERN ASSOCIATION OF THE BLIND AND VISUALLY IMPAIRED (NABA)

301 Washington Avenue, Albany, NY12206

www.naba-vision.org
clawyer@naba-vision.org

SERVICES: SERVICES FOR THE BLIND AND VISUALLY IMPAIRED, Blind Mobility Aids * Blindness Disability Associations* Blindness Low Vision Aids * Blindness Orientation and Mobility Training * Blindness Vision Screening * Blindness

Objectives: Provides services to blind and visually impaired individuals through vision rehabilitation therapy, social work, orientation and mobility, low vision center, job development and placement, assistive technology, manufacturing facility employment, KidSight preschool vision screenings, and a summer youth camp.

Eligibility: Blind or visually impaired.

Intake Procedure: Call for information.

Fees/Payment: Free for legally blind.

Hours: Monday – Friday, 8 am - 4 pm.
OAK HILL SCHOOL
39 Charlton Road, Scotia, NY 12302
(518) 399-5048
(518) 399-6140 Fax

Services: Oak Hill School is a private, state-funded school that provides an individual education program for students. The program focuses on the well-being and development of the student.

Objective: Oak Hill’s mission is to provide a safe, stimulating learning environment for students with Emotional Disabilities and Spectrum Related Disorders.

Eligibility: Students in grades K through 8.

Intake Procedure: The home school district Committee of Special Education sends student referral packet to Oak Hill School (OHS). OHS staff reviews referral packet and arranges intake meeting. The child, parents/guardians, and home district representative visit OHS to discuss placement. Upon acceptance into the program, the home school district arranges transportation and pays the student’s tuition. Contact David Mitchell, Director, at 399-5048 ext. 10 for further information.

Hours: School calendar; 8:10 am - 1:45 pm.

OCCUPATIONAL & ENVIRONMENTAL HEALTH CENTER OF EASTERN NY
1873 Western Ave., Albany, NY 12203
(518) 690-4420 Ext. 220
(518) 690-4427 Fax
www.occmedgroup.emblemhealth.com

Services: Geographic Area(s) Served: We serve the following Counties; Albany, Columbia, Greene, Rensselaer, Saratoga, Schenectady, Washington, & Warren.

Objectives: OEHC is a regional non-profit occupational health center dedicated to the diagnosis, treatment and prevention of occupational and environmental illness and injury. OEHC provides employers and employees with training and educational programs to reduce and prevent illness and injury.

Eligibility: Open to anyone. Every effort will be made to prevent costs from being a barrier to our services. We can bill to insurances. A sliding scale is available to those without health insurance.

Intake Procedure: Call for phone.

Hours: Monday – Friday, 8:30 a.m. - 4:30 p.m.

ONE ROOF HOLISTIC HEALTH CENTER
58 Henry Street, Saratoga Springs, NY 12866- 5185
(518) 581-3180
(518) 581-3182 Fax
www.oneroofsaratoga.com

Services: Holistic Health Center in downtown Saratoga Springs offers a range of services for the body & mind.

Intake Procedure: Varies.

Fees/Payment: Call for information.

Hours: Call for information.
ONE-STOP OF WASHINGTON COUNTY
383 Broadway, Fort Edward, NY 12828
(518) 746-2390
www.thejoblink.org
jtarantino@co.washington.ny.us

Services: Comprehensive Job Assistance Centers
Objectives: The Warren County Employment & Training is a one-stop comprehensive job assistance center offering access to job listings, apprenticeship opportunities, career planning and counseling, civil service, financial aid information, informational workshops, job fairs, job search assistance, labor market information, a resource room for job search, opportunities for individuals with disabilities, reading and writing help, re-employment services, referral to community resources, and help with resume writing.
Eligibility: Call for details.
Intake Procedure: Call for information, walk-in.
Fees/Source: No cost.
Hours: Monday – Friday, 8 am - 4 pm.

PARENT NETWORK OF THE CAPITAL REGION
1190 Troy-Schenectady Road, Latham, NY 12110
(518) 640-3320
www.pncrny.org

Services: Information on laws, regulations, special education process, understanding IEP’s, evaluations. Training and workshops are provided on a wide variety of special education topics. Trainings are offered both during the day and in the evening.
Objectives: The mission of the Parent Network of the Capital Region (PNCR) is to provide parents with the knowledge, skills and resources to facilitate productive relationships with their school districts ensuring an appropriate education for their child. All services are free of charge.
Eligibility: Parents of school age children with disabilities or suspected disabilities.
Intake Procedure: Call us at 518-640-3320.
Fees/Payment: No cost
Hours: Monday – Friday, 8:30 am - 4:30 pm office/resource center.

PARSONS CHILD & FAMILY CENTER
100 Saratoga Village Blvd., STE 26, MALTA, NY 12020
(518) 299-5433
www.parsonscenter.org

Services: Individual and family therapy and medication management.
Eligibility: Children (0 – 21 y/o) and Families.
Intake Procedure: Please call for appointment.
Fees/Source: Insurance information.
Hours: Please call.

PINE KNOLLS ALLIANCE CHURCH
614 Gansevoort Rd., South Glens Falls, NY 12803
(518) 793-7101 Service/Intake
(518) 306-4652 Service/Intake

Services: Food Pantry
Objectives: Food for the needy.
Eligibility: Anyone can use this food pantry.
Intake Procedure: Come in.
Fees/Payment: No cost.
Hours: Saturday, 8:30 am – 10am.
PLANNED PARENTHOOD MOHAWK HUDSON, INC.

1040 State Street, Schenectady, NY12307
www.plannedparenthood.org

(518) 374-5353
(315) 724-5146
(866) 307-4086 Sexual Assault Hotline
(518) 347-1413 Fax

Sites:
PLANNED PARENTHOOD CLIFTON PARK
4. PLANNED PARENTHOOD SARATOGA SPRINGS
1673 Route 9, Clifton Park, NY12065
236 Washington Street, Saratoga Springs, NY 12866
(518) 383-1783
(518) 383-1786 Service/Intake
(518) 373-1786 Fax
(518) 373-1786 Service/Intake
lahealy@nycap.rr.com

2. PLANNED PARENTHOOD GLENS FALLS
5. WARREN COUNTY SEXUAL ASSAULT
135 Warren Street, Glens Falls, NY12801
21 Bay Street, Suite 314, Glens Falls, NY12801
(518) 792-0994 Service/Intake
(518) 792-4305
(518) 792-3791 Fax
(866) 307-4086 Hotline
lahealy@nycap.rr.com

3. PLANNED PARENTHOOD ROME
111 East Chestnut Street, Ste. 205, Rome, NY 13440.
(315) 337-8641 Fax
(315) 337-8584 Service/Intake
www.plannedparenthood.org/ppmh

Services: HIV COUNSELING AND TESTING AIDS/HIV, Prevention Counseling, HIV Testing
Objectives: Planned Parenthood’s Health Services offers HIV testing and counseling.
Intake Procedure: Call for appointment
Hours: Hours vary with location.

Services: FAMILY PLANNING, Birth Control Counseling, Contraception, Emergency Contraception
Objectives: Planned Parenthood’s Health Services offers birth control methods and birth control counseling. Oral contraceptives, Norplant, Depo Provera, diaphragms, condoms, spermicide, IUDs and emergency contraception are available, as well as referrals for a tubal ligation or vasectomy.
Eligibility: Accept most insurance, can assist those who have no insurance
Intake Procedure: Call or visit online.
Fees/Payment: Sliding fee scale, no cost or low cost.
Hours: Hours vary with location.

Services: PREGNANCY TESTING/COUNSELING, Pregnancy Testing, Pro-Choice Counseling
Objectives: Planned Parenthood offers free pregnancy testing and pro-choice counseling.
Eligibility: Accept most insurances, can assist those who have no insurance.
Intake Procedure: Call or visit online.
Fees/Payment: No cost.
Services: SEXUALITY & HEALTH EDUCATION
Saratoga County (518) 584-0041 x 220, Warren, Washington and Essex County (518) 792-0994 x 219 Schenectady County (518) 374-5353 x 217, Oneida County (315) 724 6146 x 253, Fulton and Montgomery County 518-842-0285 x604.

Objectives: PPMH Educators offer programs on a wide range of sexual health topics that are custom tailored to meet the needs of each group or individual they are offered to. Educators are also able to provide training to community professionals. Education and training topics include (but are not limited to): abstinence, parent-child communication, safer sex, pregnancy and birth, sexually transmitted infections, sexual orientation, gender identity, bullying, hygiene and anatomy.

Eligibility: Accept most insurances, can assist those who have no insurance
Intake Procedure: Call or visit online.
Fees/Payment: Sliding fee scale, no cost or low cost.
Hours: Hours vary with location.

Services: WARREN COUNTY SEXUAL ASSAULT SUPPORT SERVICES, Crime Victim Accompaniment Services
Sexual Assault Counseling, Sexual Assault Hotlines, Sexual Assault Prevention

Objectives: Warren County Sexual Assault Support Services provides advocacy accompaniment and crisis counseling to past and present victims of sexual trauma. Primary prevention and professional education programming is offered with topics on child sexual abuse, date rape, bullying, healthy relationships, sexual harassment. There is a 24-hour free and confidential hotline. All services are free and confidential.

Eligibility: Accept most insurances, can assist those who have no insurance. Intake Procedure: Call or visit online.
Fees/Payment: No cost.

Services: STD TESTING & TREATMENT, Sexually Transmitted Disease Screening, Sexually Transmitted Disease Treatment

Objectives: Planned Parenthood offers testing and treatment for sexually transmitted infections. Eligibility: Accept most insurances, can assist those who have no insurance.
Intake Procedure: Call or visit online.

PRESTWICK CHASE (518) 584-7766
100 Saratoga Blvd., Saratoga Springs, NY 12866 (518) 584-4740 Fax
www.prestwickchase.com
info@prestwickchase.com

Services: RETIREMENT LIVING

Objectives: Prestwick Chase is an active adult community that offers spacious suites and private cottages for independent living. Meals, medication administration, assistance with aspects of daily living, weekly laundry and linen service, daily housekeeping, 240 hour supervision, transportation daily activities and an emergency response system are provided.

Eligibility: Call for details.
Hours: 24 hours, 7 days.
Prevention Council

Recover Advocacy in Saratoga (RAIS) of Saratoga County

125 High Rock Avenue, Suite 200, Saratoga Springs, NY 12866

office@preventioncouncil.org

raisourvoice@gmail.com

Services: ALCOHOL & SUBSTANCE ABUSE PREVENTION

Objectives: The Prevention Council offers school-based curricula, a student assistance program, parent education and support, a Problem Gambling Prevention Program, after-school and summer prevention services, coalition and community outreach services, information and referral services, offender programs for DWI and young adult alcohol or drug-related offenses, community education and professional training. The Council also supports recovery advocacy through RAIS (Recovery Advocacy in Saratoga), and is active on Facebook and Twitter.
@PrevCouncil

Eligibility: Call for details, raisourvoice@gmail.com.
Intake Procedure: Call for information.
Fees/Payment: Call for information
Hours: Monday – Friday, 9 am – 5 pm.

Services: UNDERAGE & PROBLEM GAMBLING PREVENTION SERVICES, Gambling Addiction Prevention Programs

Objectives: The Prevention Council offers an Underage and Problem Gambling Prevention Program to promote public awareness and healthy attitudes about gambling, to help youth and families develop the motivation and skills to avoid underage gambling, and to help those who are problem gamblers engage in treatment and recovery.

Eligibility: Call for information
Intake Procedure: Call for information
Hours: Monday – Friday, 8 am – 5 pm.

Services: SARATOGA COUNTY YOUTH COURT, Youth Courts

Objectives: The Saratoga County Youth Court is a restorative justice sentencing court for first-time school-age criminal offenders run entirely by trained high school age officers. Officers receive 18 hours of training. Offenders are sentenced to community service, jury duty and a variety of other sanctions.

Eligibility: Officers: High school age youth who live or go to school in Saratoga County.
Offenders: First time, non-violent criminal offenders who are school age youth between 8 & 19.

Intake Procedure: Offenders 15 or under are referred by the Saratoga County Family Court through the Saratoga County Probation Department. Offenders 16 and over are referred by municipal courts. Offender and a parent or guardian meet with youth court coordinator and if all agree that a hearing is appropriate, it is scheduled, usually within 3 weeks of meeting.

Documents: Referring documents are received by Youth Court directly from the referring court.
Fees/Payment: No cost.
Hours: Monday – Friday, 8 am – 4 pm. Court takes place weekday evenings. Community and other sanctions may take place on Saturdays as well as after school and evening.
PROJECT SAFE POINT
100 Slingerlands Street
Albany, NY 12202
www.projectsafepoint.org

Services: Syringe exchange, OPIOID overdose prevention, Care Coordination, Treatment Readiness and Counseling, HIV and Hepatitis C Screening, Syringe Disposal and Treatment Referral
Objectives: Our goals are to prevent disease and improve the lives of people who use drugs, including those who inject. We meet people where they are, preparing and assisting with entry into drug Rehab Programs when and if they are able to take this step.
Target Population/ Eligibility: Opioid users, Injection drug users.
Intake Procedures: Varies with service.
Fees/Payment: All services are free to participants.
Hours: Monday – Friday, 8:30 am – 4:30 pm. 24-hour emergency available.

REBUILDING TOGETHER SARATOGA COUNTY, INC.
132 Milton Avenue, Ballston Spa, NY 12020
www.rtsaratoga.org

Services: Home repairs for low-income homeowners who are elderly, disabled or veteran. There is no cost for qualified homeowners.
Objectives: Our mission is to bring volunteers and communities together to improve the homes and lives of homeowners in need. Home repairs to keep homeowners warm, safe and dry.
Eligibility: Saratoga County homeowner who are elderly, disabled low-income or a veteran
Intake Procedure: Call office for application or download from website.
Hours: Monday – Friday, 9 am – 5 pm.

RESOURCE CENTER OF INDEPENDENT LIVING, INC.
347 West Main Street Amsterdam, NY 12010
www.rcil.com

Services: Advocacy (individual and systemic), Consumer Directed Personal Assistance Program (CDPAP), Work Incentives Planning and Assistance (WIPA), Employment, Residential Habilitation, Individual Support Services, Nursing Home Transition and Diversion Waiver (NHTDW), Developmental Disabilities Medicaid Service Coordination (MSC), Developmental Disabilities Respite Program, Lion’s Loan-Out Library- Assistive Technology. *Please call for more information about services/programs listed above and the Counties that each individual service covers.
Objectives: We believe if you want to live independently, you don’t need permission, you need resources. At RCIL, we provide real solutions to the personal, social or governmental barriers that are stopping decisions from being respected and realized. We have four decades of experience in providing personally tailored advocacy, information and training services. Our goal is for people to live in their communities with only the support that they need and choose.
Eligibility: Call for details.
Intake Procedure: Call for information about the intake procedure.
Documents: Call for details.
Hours: Monday - Friday, 8:30 am - 4:30 pm.
Services: HOLIDAY FOOD BASKETS, Christmas Baskets, Thanksgiving Baskets
Objectives: The Glens Falls Salvation Army distributes holiday food baskets to needy families at Thanksgiving and Christmas.
Eligibility: Call for details.
Intake Procedure: Walk in or call for information.
Documents: Call for details.
Fees/Payment: No cost or low cost.
Hours: Monday – Friday, 8:30 am – 12 noon, 1 pm - 3:30 pm.

Services: FOOD PANTRY, Food Pantries
Objectives: The Glens Falls Salvation Army has a food pantry to assist people in need.
Eligibility: Call for details.
Intake Procedure: Walk in or call for appointment.
Documents: Identification. Call for details.
Fees/Payment: No cost or low cost. Donations accepted.
Hours: Monday – Friday, 8:30 am – 12 noon, 1 pm - 3:30 pm.

Services: CLOTHING, General Clothing Provision
Objectives: The Glens Falls Salvation Army provides assistance to people who are in need of clothing.
Eligibility: Call for details.
Intake Procedure: Walk in or call for appointment.
Documents: Identification. Call for details.
Fees/Payment: No cost or low cost. Donations accepted.
Hours: Monday – Friday, 8:30 am – 12 noon, 1 pm - 3:30 pm.

Services: FURNITURE, General Furniture Provision
Objectives: The Glens Falls Salvation Army will provide needy people with assistance in obtaining furniture and household items.
Eligibility: Call for details.
Intake Procedure: Walk in or call for appointment.
Documents: Identification. Call for details.
Fees/Payment: No cost or low cost. Donations accepted.
Hours: Monday – Friday, 8:30 am – 12 noon, 1 pm - 3:30 pm.

Services: HOLIDAY GIFTS/TOYS, Holiday Gifts/Toys
Objectives: Helps needy families find presents for their children for the Holiday Season.
Eligibility: Call for details.
Intake Procedure: Call for information.

Services: CRISIS INTERVENTION, In Person Crisis Intervention
Objectives: The Salvation provides crisis intervention, problem solving, short-term case management and advocacy for persons in need.
Eligibility: Call for details.
Intake Procedure: Walk in or call for appointment.
Documents: Identification. Call for details.
Fees/Payment: No cost or low cost. Donations accepted.
Hours: Monday – Friday, 8:30 am – 12 noon, 1 pm - 3:30 pm.

Services: SCHOOL SUPPLIES
Objectives: The Salvation Army will provide a few school supplies to those in need (but no backpacks.)
Intake Procedure: Call for information.

Services: WEEKLY SOUP KITCHEN, Soup Kitchens
Objectives: The Glens Falls Salvation Army provides a soup kitchen once a week for people in need.
Eligibility: Call for details.
Intake Procedure: Walk in.
Fees/Payment: No cost or low cost. Donations accepted.
Hours: Tuesday, 5:30 pm.

Services: EMERGENCY FINANCIAL ASSISTANCE, Undesignated Temporary Financial Assistance
Objectives: The Salvation Army provides emergency financial and material assistance to address needs in the area of food, clothing, shelter, rent, utilities, and medication, transportation, household and furniture items.
Eligibility: Those in need. Call for details.
Intake Procedure: Appointment only. Walk in for application and appointment.
Fees/Payment: No cost or low cost. Donations accepted.
Hours: Monday – Friday, 8:30 am – 12 noon, 1 pm - 3:30 pm.

Services: YOUTH ENRICHMENT PROGRAMS, Youth Enrichment Programs
Objectives: The Glens Falls Salvation Army offers youth enrichment programs, which include summer camping trips and opportunities for social and spiritual development.
Eligibility: Call for details
Intake Procedure: Walk in or call for appointment.
Fees/Payment: No cost or low cost. Donations accepted.
Hours: Monday – Friday, 8:30 am – 12 noon, 1 pm - 3:30 pm.

SALVATION ARMY – SARATOGA
27 Woodlawn Avenue, Saratoga Springs, NY 12866 (518) 584-1640

SALVATION ARMY FAMILY STORE
29 Old Route 146, Clifton Park, NY 12065 (518) 373-5880 Service/Intake

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Sites
SALVATION ARMY – SARATOGA
27 Woodlawn Avenue, Saratoga Springs, NY 12866 (518) 584-1640

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SALVATION ARMY FAMILY STORE
29 Old Route 146, Clifton Park, NY 12065 (518) 373-5880 Service/Intake

Services: Food pantry, after school programs for children, worship, clothing, community breakfast, soup kitchen (last 2 Mondays of the month), residential summer camp, youth and family services, emergency disaster services.
Objectives: We are committed to meeting human needs in Saratoga County.
Eligibility: All populations served in Saratoga County.
Intake Procedure: Personal interview.
Documents: NYS Driver’s License or ID-proof of county residence (Saratoga).
Hours: Hours vary for each program. Call for details.
SAMARITAN COUNSELING CENTER OF THE CAPITAL REGION
220 North Ballston Avenue, Scotia, NY 12302
(518) 374-3514 Service/Intake
www.samaritancounselingcenter.org
office@samaritancounselingcenter.org

Sites
SAMARITAN COUNSELING CENTER OF THE CAPITAL REGION CLIFTON PARK OFFICE
971 Route 146, Clifton Park, NY 12065
(518) 374-3514 Service/Intake

CLIFTON PARK VILLAGE PLAZA
Medical Arts Building 5 Southside Drive, Clifton Park, NY 12065 (next to Jenny Craig)

SAMARITAN COUNSELING CENTER OF THE CAPITAL REGION
JONESVILLE OFFICE 963 Main Street, Jonesville, NY 12065
(518) 374-3514 Service/Intake

JONESVILLE OFFICE 963 Main Street, Jonesville, NY 12065

SARATOGA SPRINGS
75 Railroad Place, Saratoga Springs, NY 12866

Services: Individual, Couples, and Family Counseling
Objectives: To help individuals, couples, and families build strong, healthy relationships.
Target Populations: Individuals, couples, and families.
Eligibility Criteria: N/A
Intake Procedure: Call the main office at (518)374-3514.
Hours: By appointment.

SARATOGA BRIDGES (NYSARC, Inc. Saratoga County Chapter)
16 Saratoga Bridges Boulevard, Ballston Spa, NY 12020
(518) 587-0723
www.saratogabridges.org
info@saratogabridges.org

Services: Saratoga Bridges is the 3rd largest non-profit human service agency and 1 of the top 15 largest employers in Saratoga County. The people who access our programs constitute every race and ethnicity and 1/3 use adaptive equipment for mobility. Presently, our 550 dedicated employees offer a full range of professional services to over 830 individuals and families including:

- Advocacy & Outreach to increase awareness
- Clinical – occupational, physical & speech therapies, nursing, nutrition, psychology & Program Coordination and social work.
- Community Opportunities blend pre-vocational, Day Hab & Supported Employment Programs.
- Day Habilitation (Hab) – 450 people receive daily services at 12 Program sites.
- Employment – 130 people are employed in the community through Alpha Career Options, our Supported Work Program. 15 individuals work at the Corinth Pallet & Production Facility.
- Legislative Advocacy.
- Recreation & Social opportunities.
Residential – 132 people live in 19 homes, 4 people live in Family Care & 7 women & 3 man live in supportive apartments.

Service Coordination – 285 persons are assisted.

Transportation – 500 individuals are transported daily to & from employment or program, accruing close to 1 million miles annually.

Volunteering hundreds of hours weekly at numerous venues.

Objectives: Parents from Saratoga, Rensselaer, Warren & Washington Counties founded Saratoga Bridges (formerly Saratoga County ARC) in 1954 to create a rightful place in society for their children, develop educational opportunities, increase physical, verbal, communication and daily living skills and promote better personal and social opportunities. This life-planning process focuses on the gifts and talents of each individual and encourages staff to discover new ways to strategize future visions. Every person receives an individualized program designed to help them conquer everyday challenges and realize their dreams which are to work, learn, socialize, live independently, volunteer, recreate and participate in the community. Our aim is to enhance each person’s life by addressing their needs, while simultaneously encouraging understanding, acceptance, and inclusion. The ultimate goal is for our individuals to have full, active, integrated lives. As a voluntary human services provider, we feel that the care we give increases immeasurably the quality of life for every citizen. We truly believe that every day is full of possibilities! Our person-centered philosophy is addressed in our mission statement – “Saratoga Bridges is committed to advocacy for people with disabilities by providing resources that enable them to live enriching lives in the communities where they are valued for their abilities and contributions.

Eligibility: Saratoga Bridges does serve children, however most programs are designed for adults over 21 years old who have a developmental disability.

- Individuals who are interested in Saratoga Bridges Day, Residential or Family Support Services must submit documentation to New York State Office for Persons With Developmental Disabilities (OPWDD) to have their eligibility determined.
- Individuals who want to pursue community employment opportunities must have a documented disability.

Hours: Our offices and day programs are open 8 am - 4:30 pm. Our homes are open 24/7.

Intake Procedure: Once someone obtains eligibility, he/she needs to contact our Intake Coordinator, Julianne Furlong, at 587-0723 ext. 1227 or jfurlong@saratogabridges.org. Individuals who are interested in supportive employment must contact Access VR at 473-8097 or www.accesss.nysed.gov/vr

SARATOGA CARE NURSING HOME
211 Church Street, Saratoga Springs, NY 12866
(518) 583-8488
(518) 583-8414 Fax
www.saratogahospital.org
abalcolm@saratogacare.org

Services: NURSING HOME, Skilled Nursing Facilities

Objectives: Saratoga Care Nursing Home is a skilled nursing facility and can take complex cases.

Fees/Payment: Private-pay cost, private room; $254.40 private pay cost, semi-private room$243.80.
Services: MENTAL HEALTH COUNSELING, Family Counseling Agencies, General Counseling Services
Objectives: The Center’s mental health counseling service focuses on healing the effects of abuse and violence, but also includes counseling for family dysfunction, depression, anxiety, behavioral problems, anger and emotional issues related to ADHD and other learning challenges. The services are structured around a supportive crises intervention model and strengths-based solution-focused therapy. Clients are seen in individual, family and group treatment.

Eligibility: Children and adults in need of counseling.
Intake Procedure: Call for information.
Fees/Payment: No cost, low cost or sliding fee scale. Cash, check, private insurance, credit/debit card.
Hours: Monday, 8 am – 5 pm, Tuesday, 8 am – 7 pm, Wednesday, 8 am - 6 pm, Thursday, 8 am - 7 pm, Fri. 8 am – 4 pm.

Services: PARENTING, Parenting Skills Classes
Objectives: Parenting groups focus on the various needs of caregivers in search of education and support during the challenging times of parenting. Groups are designed to meet the needs of caregivers interested in improving their parenting skills and developing child-rearing knowledge and skills. Program content may include: using love and limits, understanding family values and roles, encouraging good behavior and using consequences in a positive way.

Eligibility: Anyone who is a parent.
Intake Procedure: Telephone.
Fees/Payment: Application/registration fee. Cash, check, credit/debit card.
Hours: Vary, call office for schedule.

Services: CHILD CUSTODY STRESS PREVENTION, Separation/Divorce Support Groups
Objectives: The Child Custody Stress Prevention Program works with separating/divorcing parents to focus attention on the needs and development of their children. Striving to prevent more serious social and emotional harm to children, the program attempts to reduce the conditions, which produce stress. The six-hour program is a NYS certified parent education awareness program that accepts court mandated referrals. Classes meet twice for 3 hours. This program is off-site and held at Skidmore College, Saratoga Springs, NY.

Eligibility: Divorcing/Separating parents with children
Intake Procedure: Telephone
Fees/Payment: Application/registration fee. Cash, check, credit/debit card.
Hours: Vary, call office for schedule.

Services: Anger Management
Objective: A five week program designed to help participants learn to express strong emotions in a healthy balanced way. The group evaluates: what is anger, how to recognize things that make you angry, was to recognize feelings of anger and how to deal with them.

Eligibility: Must be 18 years or older
Intake: Vary, call office for schedule.
Services & Objectives: The Saratoga Community Health Center offers comprehensive health care for community members who are searching for quality affordable, healthcare. Our mission is: Service to our community of patients. To practice mission based medicine. To practice medicine with meaning. We have a team of professionals who work together with the patient to help each patient get and stay healthy. The Saratoga Community Health Center makes it easy and affordable for patients to receive primary care, behavioral health, and dental and case management services, all in one convenient location. Services are billed on a sliding scale, based on ability to pay with every effort to support the patient’s financial efforts.

Target Population & Eligibility: Underserved and un/underinsured community members or for patients who are seeking comprehensive health care services in one convenient location. Additionally we serve newly insured patients who are in need of establishing primary care.

Intake Procedures: Call (518) 886-5600 to make an appointment.

Hours: Monday – Thursday, 7:30 am – 7:00 pm, Friday – 8:00 am – 4:30 pm.

SARATOGA COUNTY CITIZENS COMMITTEE FOR MENTAL HEALTH
PO Box 820, Saratoga Springs, NY 12866
www.scccmh-saratoga.org

Services: SCCCMH provides information to help people living with mental illness, their family and friends, and mental health professionals. This includes information to better understand and live with mental illness, practical advice on crisis management, individual and family rights, and tips on coping with stress, as well as resources, for mental health professionals. In addition, SCCCMH awards grants to local non-profit organizations and by recognizing individuals and organizations for their efforts on behalf of individuals with mental illness.

Objectives:
- Increase Awareness: Increase public awareness of the needs of individuals with mental illness, i.e., increase access to public transportation, decrease stigmas and stereotypes, etc.
- Program Development and Enrichment: The SCCCMH awards grants, usually up to $1,000, to agencies and programs in Saratoga County so they can enrich existing programs or expand services for people with mental illness. Advocacy: Advocate for improved mental health care and services by lobbying government and elected officials. Education: Provide affordable educational opportunities for mental health professionals as well as consumers of mental

Eligibility: No prerequisites.

Intake Procedure: N/A

Fees/Payment: N/A
SARATOGA COUNTY ONE-STOP CAREER CENTER
152 West High St., Ballston Spa, NY 12020
(518) 884-4170
www.saratogacountyny.gov

Services: EMPLOYMENT AND TRAINING, Comprehensive Job Assistance Centers
Objectives: Personal assistance from professional staff to provide career guidance, resume workshops, job search workshop, job referrals, interview workshops, mock interviews and educational and training grants. Fax machine, phone access, copier and a library of employment materials and software. We also offer Metrix E-Learning and a Job Fair the 1st Thursday of every month.

Eligibility: Call for details.
Intake Procedure: Call for information or walk-in.
Fees/Payment: No cost.
Hours: Monday – Friday, 8:30 am - 5:00 pm.

SARATOGA COUNTY DEPARTMENT OF SOCIAL SERVICES (DSS)
152 West High Street, Ballston Spa, NY 12020
(518) 884-4140
www.saratogacountyny.gov/departments/social-services/

Services: ADOPTION, Adoption Evaluation/Placement
Objectives: Saratoga County DSS places children who are freed for adoption in approved adoptive homes and finalizes adoptions through the Family Court system; arranges for judicial surrender for parents who want to surrender their parental rights and place children in permanent homes.

Eligibility: Call for details.
Intake Procedure: Call for information.
Hours: Monday – Friday, 9am-5pm.

Services: ADULT PROTECTIVE SERVICES, Adult Protective Intervention/Investigation
Objectives: Saratoga County DSS Adult and Family Services provides protective services to at-risk adults as well as information and referral and preventive services.

Eligibility: 18 years or older; physical or mental impairment that places the individual at risk of harm, and has no one willing or able to assist.
Intake Procedure: Call for information.
Hours: Monday – Friday, 9am-5pm.

Services: DAY CARE, Child Care Subsidies
Objectives: Saratoga County DSS assists low-income families who need child care to become/remain employed. Childcare information and referral and DSS subsidized childcare are provided as funds remain for eligible families.

Eligibility: Low-income childcare at/below 200% poverty level; transitional child care at/below 200% poverty level based on specific criteria for child care block funds. Additional child care funding through Workforce Development Institute (WDI) services families between 200- 275% federal poverty level as funding is available.
Intake Procedure: Call for information.
Hours: Monday – Friday, 9am-5pm.

Services: CHILD SUPPORT, Child Support Assistance/Enforcement
Objectives: Saratoga County DSS will assist a custodial parent in location of an absent parent, prepare necessary paperwork to establish paternity and support orders through court, coordinate with the central collection agency and prepare paperwork for enforcement of court-ordered support.

Eligibility: Custodial parent in need of assistance in establishing paternity and/or obtaining child support for dependent children.
Intake Procedure: Phone 1-888 208-4485 and apply in office.
**Services:** CHILDREN’S SERVICES PROTECTIVE/PREVENTIVE, Child Abuse Reporting/Emergency Response, Family Maintenance/Reunification, Family Preservation Programs

**Objectives:** Saratoga County Children's Protective Services investigates hotline reports and assesses the safety/risk to children in order to reduce the occurrence of abuse and maltreatment. Preventive services are those supportive and rehabilitative services provided to children and their families for the purpose of averting a disruption of a family which will or could result in the placement of a child in foster care, enabling a child who has been placed in foster care to return to his or her family at an earlier time than would otherwise be possible, or reducing the likelihood that a child who has been discharged from foster care will return to foster care.

**Eligibility:** Protective - families named on a hotline report. Preventive - applicant must meet standards (both general and specific) to be eligible for mandated preventive services.

**Intake Procedure:** Protective: Child Abuse Hotline 1-800-342-3720 Preventive: Call for information

**Hours:** Protective: 24-hour services Preventive: Monday – Friday, 9 am – 5 pm.

**Services:** DOMESTIC VIOLENCE, Domestic Violence Hotlines, General Crime Victim Assistance Domestic Violence Issues

**Objectives:** Saratoga County provides emergency services for victims of domestic abuse and their children. Services include coordination of services, information and referral, and payment of residential and support services.

**Eligibility:** Call for details

**Intake Procedure:** Call for information

**Hours:** Monday – Friday, 9 am -5 pm.

**Services:** HOME ENERGY ASSISTANCE PROGRAM COOLING COMPONENT, Fans/Air Conditioners

**Objectives:** HEAP may provide an air conditioning unit to low-income households where a member has a documented medical condition that is exacerbated by heat. A fan may be provided if an air conditioner cannot be safely installed.

**Eligibility:** HEAP-eligible-households with a family member who has a physician’s documented medical condition that is exacerbated by heat.

**Intake Procedure:** Call for information.

**Hours:** Monday – Friday, 9 am – 5 pm, when program is open.

**Services:** SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP), Food Stamps

**Objectives:** The Saratoga County Department of Social Services assists low-income households in buying food by administering the federal Supplemental Nutrition Assistance Program (SNAP).

**Eligibility:** Must be income eligible.

**Intake Procedure:** Call for information, or application, walk in, or apply online at www.mybenefits.ny.gov.

**Hours:** Monday – Friday, 9 am -5 pm.

**Services:** FOSTER CARE SERVICES, Foster Home Placement

**Objectives:** Saratoga County DSS provides temporary safe shelter (foster home, group home, or residence) for Saratoga County children removed from their home, until they can be safely discharged according to their designated permanency plan (discharge to parent, relative, own responsibility, or adoption.) DSS also provides a certification program to Saratoga County individuals or families over the age of 21 who are interested in providing a loving, stable home to a child or children removed from their home.

**Eligibility:** Call for details.

**Intake Procedure:** Call for information.

**Hours:** 24 hours a day, 7 days a week.
Services: ADULT AND FAMILY SERVICES RESIDENTIAL PLACEMENT, Housing Search Assistance
Objectives: Adult Protective Services provides residential placement services for adults.
Eligibility: Medicaid, public assistance, SSI eligibility
Intake Procedure: Call for information.
Hours: Monday – Friday, 9 am - 5 pm.

Services: HOME CARE/HOMEMAKER SERVICES, In Home Supportive Services Subsidies
Objectives: Saratoga County DSS will provide personal care services, long term home health care services, private duty nursing services, care at home I and II programs.
Eligibility: Applicant must be a Saratoga County resident who is Medicaid eligible. Physician orders are mandated for each program. The individual must be seen within 30 days prior to the signing of the orders.
Intake Procedure: Call for information.
Hours: Monday – Friday, 9 am – 5 pm.

Services: EMPLOYMENT, Job Search/Placement * Unemployed Individuals
Objectives: Saratoga County DSS assists applicants and recipients of Temporary Assistance search for employment and job placement. Childcare, transportation and other supportive Services may be offered.
Eligibility: Eligibility is assessed on a case-by-case basis. Intake Procedure: Call for information and an appointment.
Hours: Monday – Friday, 9 am – 5 pm.

Services: MEDICAID, Medicaid Applications
Objectives: Medicaid provides coverage for the medical needs of people of all ages who have insufficient income and/or resources to meet the cost of necessary medical care as determined by state standards.
Eligibility: Income and resource limits vary according to program.
Intake Procedure: Call to request information on how and where to apply. Depending on criteria, those who are eligible may apply at their local DSS or at the State, 1-855-355-5777, or nystateofhealth.ny.gov.
Hours: Monday – Friday, 9 am – 5 pm.

Services: MEDICAL TRANSPORTATION, Medical Transportation
Objectives: Adult and Family Services will assist with medical transportation for Medicaid-eligible adults.
Eligibility: Medicaid-eligible
Intake Procedure: Call MAS at 1-855-852-3292 Hours: Monday – Friday, 9am-5pm.

Services: MANAGED CARE, Case/Care Management Referrals * Medicaid Recipients
Objectives: Saratoga DSS will enhance access to and availability of cost-effective quality health care services for Medicaid recipients by giving them membership in a Health Maintenance Organization.
Eligibility: Medicaid eligible. Family Assistance, Safety Net categories are eligible for enrollment. Call for details.
Hours: Monday – Friday, 9am-5pm.

Services: TEMPORARY AND DISABILITY ASSISTANCE/EMERGENCY ASSISTANCE, Burial/Cremation Expense Assistance, Undesignated Temporary Financial Assistance
Objectives: Saratoga County DSS provides temporary financial support and emergency assistance to individuals and families who meet income and resource eligibility criteria. Assistance with burial or cremation expenses may also be provided.
Eligibility: Income and resource eligible.
Intake Procedure: Call for information.
Hours: Monday – Friday, 9 am – 5 pm.

Services: HOME ENERGY ASSISTANCE PROGRAM ( HEAP), Utility Service Payment Assistance
Objectives: The Home Energy Assistance Program (HEAP) provides energy assistance to families with low income by issuing regular and emergency grants to dealers for fuel for heating and utility-related costs.

Eligibility: Income and resource eligibility.
Intake Procedure: Apply at Social Services office. Applicants over 60 years old can apply at The Office for the Aging (884-4111). Applications can also be completed online at www.mybenefits.ny.gov
Hours: Monday – Friday, 9 am – 5 pm when program is open.

SARATOGA COUNTY ECONOMIC OPPORTUNITY COUNCIL (EOC) (518) 288-3206
39 Bath Street, PO Box 169, Ballston Spa, NY 12020 (518) 288-3236 Fax
www.saratogaeoc.org
info@saratogaeoc.org

Services: Head Start & Early Head Start, WIC (Women, Infants and Children Supplemental Food Program), Weatherization Assistance Program, Latino Community Advocacy Program, and Community Services Programs including family development, crisis intervention services, emergency food programs (Food Pantry & Soup Kitchen), Rural Food Delivery, Summer Youth Lunch Program, Dress for Work, VITA Tax Preparation.

Objectives: EOC is the state designated non-profit Community Action Agency for Saratoga County. EOC is the designated anti-poverty agency for Saratoga County, dedicated and determined to proving and promoting opportunities for individuals and families to achieve self-sufficiency.

Eligibility: Differs with each program. (See below) Low to moderate income Saratoga County residents; Weatherization Assistance and Empower NY programs provided for Schenectady County residents as well.

Intake Procedure: Varies with each service. Please call for information or visit our website.
Hours: Monday – Friday, 8:00 a.m. - 4:30 p.m.

Services: COMMUNITY SERVICES PROGRAM
Objectives: The EOC Community Services Department operates a variety of programs to assist families with essential programming to address the needs of low-income throughout the county. It provides opportunities for families to maintain safety, stability and self-sufficiency through direct services, education, support programs, and referrals.

Services: Emergency Food Pantry located at 39 Bath Street Ballston Spa. Soup Kitchen located at 24 Circular Street, the Presbyterian New England Congregational Church, in Saratoga Springs. Summer Youth Lunch Program, Dress for Work, VITA Tax Preparation, Rural Food Delivery. Advocacy services for housing, health, education, and safety problems, supportive counseling; educational and self-help; case management, crisis intervention and referrals. Also, Thanksgiving baskets and dinner.

Food Pantry Hours: Monday 12:30 pm - 5:00 pm, Tuesday 9:00 am - 12:00 pm, Wednesday 9:00 am - 11:30 am & 12:30 pm - 4:00 pm, Thursday: Closed, Friday – 12:30 pm – 4:00 pm.

Soup Kitchen: Monday – Saturday 11:45 am – 1:00 pm, Sunday 3:00 pm - 4:00 pm.
Eligibility: Low-income and in need of assistance.

Services: LATINO COMMUNITY ADVOCACY PROGRAM (LCAP), (518) 937-7240
Objectives: The Latino Community Advocacy Program provides English as a second language classes, translation for Spanish speaking individuals, and consultation and referral for immigrants with regard to medical attention, immigration, legal rights, obligations and processes, assistance with taxes, education programs and other services in the community.
Services: English as a Second Language classes, advocacy, interpretation, referrals
Eligibility: Saratoga County Low income, Limited English Proficient individuals and families in need of assistance.
Intake Procedure: Call (518) 937-7240
Hours: By appointment Monday through Friday 8:00 am - 4:30 pm.

Services: WIC - THE SPECIAL SUPPLEMENTAL NUTRITION PROGRAM FOR WOMEN, INFANTS & CHILDREN
Objectives: To improve the health and nutritional status of women, infants and children (to age 5).
Services: WIC provides nutritious foods, nutrition education (including breastfeeding promotion and support), and referrals to health care and other human services. WIC serves income eligible pregnant, postpartum and breastfeeding women, and infants and children up to age 5. “WIC clinics” are held at various locations throughout Saratoga County. WIC goals are to improve pregnancy outcomes, support and encourage breastfeeding, reduce the number of low birth weight infants and support the growth and development of infants and children. The foods provided through WIC are a good source of essential nutrients that are often missing from the diets of women and young children. WIC participants have longer, healthier pregnancies and fewer premature births.
Target Population: Pregnant, postpartum, or breast-feeding women; infants and children up to age 5 who are income eligible.
Eligibility: Income eligible women, infants and children up to age 5 (must be New York State resident). Applicant must prove that their total household income is at or below 185% of the federal poverty level.
Intake Procedure: Call (518) 288-3232 for prescreening.
Hours: Monday: 8:30 am – 4:30 pm, Tuesday & Wednesday: 9:00 am – 4:30 pm, Thursday: 9:00 am – 7:00 pm, Friday: 8:00 am – 2:30 pm, Saturday (1 Saturday/month): 9:00 am – 12:00 pm (call for dates). WE TRAVEL! Temporary Site locations: Clifton Park - King of Kings Lutheran Church, 1st and 4th Wednesday of the month 9:30 am - 3:30 pm. Corinth - Corinth Town Hall, 3rd Wednesday of the month 9:30 am - 3:30 pm. Mechanicville - Mechanicville Community Center, 2nd and 4th Tuesday of the month 9:30 am - 3:30 pm Saratoga Springs - Saratoga Community Health Center, 1st Thursday of the month 1:00 pm - 5:30 pm, and the 3rd Tuesday of the month from 9:30 am - 3:30 pm. South Glens Falls - Moreau Community Center, 2nd Wednesday of the month from 9:30 am - 3:30 pm.

Services: HEAD START/ EARLY HEADSTART, (518) 288-3226 or (518) 288-3206, FAX: 518-288-3236
Objectives: To assist families in breaking the cycle of poverty by encouraging children and empowering adults to commit to learning and personal growth. Through the provision of educational, health, and social services to enrolled children and families, we aim to develop social competency and economic self-sufficiency.
Services: Center based classrooms for infants, toddlers and preschool children. Many integrated class rooms are available. Home based weekly visits for pregnant women and children birth to 5 years. Family support, health, nutrition, mental health and some transportation services available.
Hours: 8:00 am – 4:00 pm. Call Head Start Program Administrative Office (518) 288-3206 for more information. Classroom schedules vary by location.
Target Population: Low income pregnant women, children birth to 5 years & children with disabilities are welcome.
Eligibility: 1. Low income, must meet federal income guidelines. 2. Reside in Saratoga County within school district served by SCEOC HeadStart.
Intake Procedure: For information, call one of the following Head Start Centers: Ballston Spa, Burnt Hills/Ballston Lake 50 Wood Road (Saratoga City Only), Clifton Park, Galway Ballston Spa, NY 12020 and

Objectives: The Weatherization Assistance program is funded through the New York State Homes and Community Renewal (HCR) to serve residents of Schenectady and Saratoga Counties. Weatherization improves energy efficiency to produce fuel savings in the home.

Eligibility: Households must have categorically (LIHEAP, SSI or Food Stamps) or financially eligible applicants to receive Weatherization services (call for details).

Documents: Proof of income, Proof of categorically eligible documentation, copy of utility and/or fuel bills, proof of ownership.

Intake Procedure: Come to EOC office or call 288-3206.

Hours: Monday – Friday, 8:30 am – 4:00 pm.

SCAP Hours: Tuesday/Thursday, 9:30 am – 3:00 pm (518-374-1702)

SARATOGA COUNTY VETERANS SERVICE AGENCY
152 WEST HIGH STREET, BALLSTON SPA, NY 12020
(518) 884-4115
www.veteranspeerconnection.org
veterans@saratogacountyny.gov
www.facebook.com/pages/Saratoga-County-Veterans-Peer-to-Peer

Services: Saratoga County is home to approximately 17,800 veterans and their families. The Agency is staffed by Accredited Services offers to assist in filing claims for Federal VA benefits which include: disability compensation, pension health care, education and training, home loan, burial and memorial, dependents and survivors. Additional services include: transition assistance, homeless outreach (housing assistance), van transportation to VA Medical Center, military records and medals requests, outside agency connections and referrals and employment connections and referrals to resources. In 2013, The Saratoga County Veterans Service Agency was one of four Counties selected to participate in the PFC Joseph P. Dwyer Peer Support Program for Veterans. This provides an opportunity for local Veterans who have re-integrated to civilian life to assist fellow Veterans who may experience post-traumatic stress disorder (PTSD) or other re-acclimation challenges. Personalized and informal, these pairings yield relationship intended to ease the transition from military to civilian life.
SARATOGA HOUSING COMMITTEE
474 Broadway, City Hall, Saratoga Springs, NY 12866
(518) 587-3550
(518) 580-9480 Fax
cindy.phillips@saratoga-springs.org

Services: The Committee meets one time per month for opportunities of networking with other agencies and attend quarterly presentations on prevention of homelessness and serving these clients. Also, be able to apply for Continuum of Care funds for permanent supportive housing.

Objectives: Decreasing homeless by increasing participation inclusive collaborative effort committed to reducing homelessness in Saratoga County. All Saratoga County, NYS and local government community leaders, not-for-profit organizations, housing developers, service providers and formerly homeless persons are part of the alliance or invited to join.

Hours: Meet on the 2nd Tuesday of each month @ Nolan House, 24 Circular Street, Saratoga Springs.

Target Population: Homeless
Eligibility Criteria: Homeless or in danger of losing housing.

SARATOGA COUNTY MENTAL HEALTH CENTER
135 South Broadway, Saratoga Springs, NY 12866
(518) 584-9030 Service/Intake
(518) 581-1709 Fax
www.saratogacountyny.gov
menthahealth@saratogacountyny.gov

Services: Adult, children and family outpatient mental health, PROS & Alcohol & substance abuse services outpatient.

Target Population: Call for insurance/eligibility requirements.
Intake procedures: Varies, please call.
Fees/Payment: Varies, please call.
Hours: Monday - Friday

Sites
FRIENDSHIP HOUSE CONTINUING DAY TREATMENT PROGRAM
228 Church Street, Saratoga Springs, NY12866
(518) 587-7190 Service/Intake

SARATOGA COUNTY ALCOHOL & SUBSTANCE ABUSE SERVICES
254 Church Street, Saratoga Springs, NY12866
(518) 587-8800 Service/Intake

SARATOGA COUNTY MENTAL HEALTH CENTER
211 Church Street, Cramer House, Saratoga Springs, NY 12866
(518) 584-9030 Service/Intake
(518) 581-1709 Fax
mentalhealth@saratogacountyny.gov

Services: SARATOGA COUNTY MENTAL HEALTH CLINIC, Community Mental Health Agencies General Crisis Intervention Hotlines

Objectives: The Saratoga County Mental Health Clinic provides outpatient treatment designed to reduce symptoms of mental illness and emotional disturbance, to improve daily functioning, and to provide ongoing support. Treatment includes emergency and crisis intervention, screening and referral, individual, family and group counseling medication education and management, symptom management, and case management. In addition to the main clinic in Saratoga Springs, the Clinic maintains two satellites in Clifton Park and Mechanicville. Youth Services provides treatment for emotionally and behaviorally disturbed children and adolescents up to the age of eighteen, who, together with their parents, often require intensive and community-based interventions.
Youth Services provides treatment for emotionally and behaviorally disturbed children and adolescents up to the age of eighteen, who, together with their parents, often require intensive and community-based interventions. Youth Services provides community-oriented consultative activities in conjunction with community-based interventions. Adult Services provides treatment for mentally ill adults, particularly those who are seriously and persistently mentally ill. For the seriously and persistently mentally ill, a long-term disease management approach to medication management and supportive therapy is utilized. In addition, outreach services in the community are provided on an exception basis.

Eligibility: Saratoga County residents who are on Medicaid, Medicare, or managed Medicaid, or who are uninsured.

Intake Procedure: Call for appointment. Ask for Intake worker. If eligible, a screening appointment will be made. An application is to be filled out, financial information provided, as well as Medicaid/Medicare cards.

Documents: Proof of income, W-2 or 1099, bank statement.

Fees/Payment: Sliding fee scale. Medicaid, Medicare, cash and personal check accepted.

Hours: Monday, Wednesday, Thursday, Friday, 9 am – 5 pm, Tuesday 9 am - 9pm; Crisis hotline 24/7.

ALCOHOL AND SUBSTANCE ABUSE SERVICES, Comprehensive Outpatient Substance Abuse Treatment

Objectives: Saratoga County Alcohol and Substance Abuse Services is a medically supervised outpatient program providing treatment for individuals with an alcohol or drug problem and for family members trying to cope with the presence of alcohol or drug problems within the family. Treatment is designed to promote abstinence, to improve community integration, and to improve daily functioning. Services include screening, referral, assessment, and individual and group counseling.

Eligibility: Saratoga County residents who are on Medicaid or who are uninsured.

Intake Procedure: Call and ask for Intake worker. If eligible to receive services, a screening appointment will be made. An application is to be filled out, financial information must be provided, and Medicaid/Medicare cards presented.

Documents: Proof of income, W-2 or 1099, bank statement and Medicare/Medicaid cards if applicable.

Fees/Payment: Sliding fee scale. Medicaid, Medicare, cash or personal check accepted.

Hours: Monday, Wednesday, Thursday, Friday, 9 am – 5 pm, Tuesday 9 am - 9pm.

CONTINUING DAY TREATMENT PROGRAM, Psychiatric Day Treatment * Medicaid Recipients

Objectives: Friendship House provides treatment for mentally ill patients who require more structure and more intensive clinical interventions than can be provided in a clinic setting. Services are designed to support continued living in the community, to enhance and maintain functioning, and to develop increased capacities to cope with the requirements of daily living. Services include medication education and therapy, supportive therapy, symptom management, skills training, individual and group counseling, and case management. Three treatment tracks are offered: One for emotional and behavioral disorders, another for thought disorders, and one for co-occurring mental illness and alcohol/drug dependence.

Eligibility: Saratoga County residents on Medicaid.

Intake Procedure: Call and ask for Intake worker. If eligible to receive services, a screening appointment will be made. An application is to be filled out, financial information provided, and Medicaid/Medicare cards presented.

Documents: Proof of income, W-2 or 1099, bank statement.

Fees/Payment: Sliding fee scale. Medicaid, Medicare, cash and personal check accepted.

Hours: Monday, Wednesday, Thursday, Friday, 9 am – 5 pm, Tuesday 9 am - 9pm.
Services: HEALTH CARE SCREENING, Blood Pressure Screening * Older Adults Cholesterol/Triglycerides Tests * Older Adults Diabetes Screening * Older Adults

Objectives: Through a contract with Saratoga County Public Health, screenings for blood cholesterol, glucose, and blood pressure are provided at senior centers and nutrition sites.

Eligibility: Age 60 and older

Intake Procedure: Call for information. Walk-in.

Fees/Payment: None/Not applicable.

Hours: Monday – Friday, 9 am – 5 pm.

Services: CAREGIVER SUPPORT PROGRAM, Caregiver Counseling, Caregiver/Care Receiver Support Groups Respite Care

Objectives: The Caregiver Support Program assists caregivers by giving them relief from the burdens of care giving via counseling, support group meetings, and respite care services.

Eligibility: Caregivers of people over 60 years of age who reside in Saratoga County and have deficiencies in at least two activities of daily living.

Intake Procedure: Telephone. Referral Required.

Fees/Payment: None/Not applicable. Donation accepted.

Hours: Monday – Friday, 9 am – 5 pm.

Services: SENIOR NUTRITION PROGRAM, Congregate Meals/Nutrition Sites * Older Adults

Objectives: A hot, nutritious noontime meal is served to seniors Monday through Friday at the following locations: Shenendehowa Senior Center - 6 Clifton Common Court, Clifton Park, NY 12065 / Galway Town Hall - 5910 Sacandaga Road (Route 147), Galway, NY 12074 / Malta Meadows - 5 Applewood Drive, Ballston Lake, NY 12019 / Corinth Senior Center - 22 Hamilton Avenue, Corinth, NY 12822 / Greenfield Community Center - Wilton Road, Greenfield Center, NY 12833 / Mechanicville Senior Center - 178 North Main Street, Mechanicville, NY 12118 / Doubledey Woods - 91 Church Avenue, Ballston Spa, NY 12020 / Halfmoon Senior Center - 285 Lower New Town Road Waterford, NY 12188 / Senior Citizens Center of Saratoga Springs - 5 William Street, Saratoga Springs, NY 12866 / Edinburg Town Hall Military Road Edinburg, NY 12134 / Malta Community Center 1 Bayberry Drive Malta, NY 12020 / Saratoga Town Hall 30 Ferry Street Schuylerville, NY 12871 / Moreau Community Center 144 Main Street South Glens Falls, NY 12803. Grace Church 26 Third Street Waterford, NY 12188.

Eligibility: Saratoga County residents age 60 and older.

Intake Procedure: Call for a reservation one day in advance.

Fees/Payment: The suggested contribution is $2.00 per meal, but all persons age 60 and over is served regardless of their ability to contribute.

Hours: Monday – Friday, 9 am – 5 pm.

Services: IDENTIFICATION CARDS, Discount Transit Passes * Older Adults Identification Cards * Older Adults

Objectives: The Saratoga Office for the Aging issues half-fare cards for the CDTA bus service to those over the age of 65 for a fee of $3.00 and senior ID cards for those over the age of 60 for $2.00.

Eligibility: Age 65 and over for half fare CDTA cares, age 60 and over for senior ID cards.

Intake Procedure: Walk-in

Documents: Proof of age Proof of residency

Fees/Payment: $3.00 for half-fare CDTA cards. $2.00 for senior ID cards.
Hours: Tuesdays 2:00 pm - 4:00 pm.

Services: WEATHERIZATION REFERRAL & ASSISTANCE PROGRAM (WRAP), Fans/Air Conditioners
Objectives: The Weatherization Referral and Assistance Program (WRAP) assists HEAP-eligible homeowners with energy conservation home repairs. Air conditioners may also be provided to those who need them for health reasons.
Eligibility: Seniors over the age of 60 who are eligible for HEAP.
Intake Procedure: Telephone, Application Procedure.
DOCUMENTS: Proof of income, Driver’s License, Proof of age.
Fees/Payment: None/not applicable.

Hours: Monday – Friday, 9 am – 5 pm.

Services: LEGAL SERVICES, General Legal Aid
Objectives: Legal advice & representation is available to seniors through a contract with a private attorney.
Eligibility: Saratoga County residents age 60 & older.
Intake Procedure: Telephone, Appointment Only.
Fees/Payment: None/not applicable; donation accepted.

Hours: Monday – Friday, 9 am – 5 pm.

Services: HEALTH INSURANCE INFORMATION, COUNSELING AND ASSISTANCE PROGRAM (HIICAP) Health Insurance Information/Counseling, Long Term Care Insurance Information/Counseling
Objectives: HIICAP counselors provide information about Medicare, Medicare Supplemental Insurance, Managed Care, Medicaid and QMB, EPIC, the low income subsidy and Long Term Care Insurance.
Eligibility: Saratoga County residents age 60 & older.
Intake Procedure: Telephone, Appointment Only.
Fees/Payment: None/not applicable.

Hours: Monday – Friday, 9 am – 5 pm.

Services: SENIOR NUTRITION PROGRAM, Home Delivered Meals * Older Adults
Objectives: A hot noontime meal is delivered to homebound seniors throughout the county.
Eligibility: Homebound seniors age 60 and up.
Intake Procedure: Application Procedure
DOCUMENTS: Proof of age
Fees/Payment: None/not applicable; donation accepted.

Hours: Noon - Monday through Friday.

Services: LONG TERM CARE OMBUDSMAN PROGRAMS
Objectives: The Ombudsman Program assists residents of long term care facilities in resolving complaints and securing their right to quality care.
Eligibility: Seniors over the age of 60.
Intake Procedure: Telephone, appointment only.
Fees/Payment: None/Not applicable

Services: EXPANDED IN-HOME SERVICES FOR THE ELDERLY PROGRAM (EISEP), Personal Care
Objectives: The Expanded In Home Services for the Elderly (EISEP) offers non-medical in-home services (housekeeper/chore and/or personal care) and case management to individuals meeting eligibility requirements.
Eligibility: Clients must be at least 60 years of age, reside in Saratoga County and have deficiencies in at least two activities of daily living.
<table>
<thead>
<tr>
<th>Services:</th>
<th>SENIOR RIDE PROGRAMS</th>
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<tbody>
<tr>
<td>Objectives:</td>
<td>The Office for the Aging offers transportation through a subcontractor for the Saratoga Springs area, Ballston, Malta, Milton, Wilton, Greenfield, Northumberland, Providence, Galway, Charlton, Edinburg and Town of Saratoga.</td>
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<tr>
<td>Eligibility:</td>
<td>Seniors over the age of 60.</td>
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<td>Intake Procedure:</td>
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<td>Documents:</td>
<td>Proof of age.</td>
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<tr>
<td>Fees/Payment:</td>
<td>None/Not applicable. Donation accepted</td>
</tr>
<tr>
<td>Hours:</td>
<td>Monday – Friday, 9 am – 5 pm.</td>
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</table>

| Services: | NY CONNECTS, Specialized Information & Referral * Long Term Care Issues * Specialized Information and Referral * Older Adults |
| Objectives: | NY Connects provides specialized information and referral regarding long term care issues and services for older adults. |
| Eligibility: | Age 60 or older. |
| Intake Procedure: | Call for information. |
| Hours: | Monday – Friday, 9 am – 5 pm. |

| Services: | HOME ENERGY ASSISTANCE PROGRAM ( HEAP ), Utility Service Payment Assistance * Older Adults |
| Objectives: | The Home Energy Assistance Program is a federally funded program which can help low- income people contend with the high cost of heating their homes during the winter months. |
| Eligibility: | Low-income people 60 years of age or older. |
| Intake Procedure: | May apply by mail. Emergency benefits are available by applying in person. |
| Documents: | Proof of income, Birth Certificate, Driver’s License, Proof of age, Proof of residency, W-2 or 1099, Utility bill with address. |
| Fees/Payment: | None/not applicable. |
| Hours: | Monday – Friday, 9 am – 5 pm. |

| Services: | INCOME TAX PREPARATION, VITA Programs |
| Objectives: | Volunteers from the AARP assist seniors in the preparation of income tax returns. |
| Eligibility: | Saratoga County residents aged 60 and older. |
| Intake Procedure: | Appointment only. |
| Fees/Payment: | No cost. |
| Hours: | Monday – Friday, 9 am – 5 pm, from February to April 15 only. |

| Services: | RETIRED SENIOR VOLUNTEER PROGRAM (RSVP), Volunteer Recruitment/Coordination Volunteer Opportunities * Retired People |
| Objectives: | The Retired Senior Volunteer Program (RSVP) offers diverse opportunities for volunteers 55 years of age or older to volunteer their services. Volunteer assignments are a match between the specific interests of the volunteer and the particular needs of an organization Volunteers are covered by liability insurance while volunteering and mileage reimbursement is available. |
| Eligibility: | Age 55 and older. |
| Intake Procedure: | Application Procedure, Telephone. |
| Hours: | Monday – Friday, 9 am – 5 pm. |
SARATOGA COUNTY PROBATION DEPARTMENT
152 West High Street, Ballston Spa, NY 12020
(518) 884-4120
saragaprob@yahoo.com
www.saratogacountyny.gov

Services: SARATOGA COUNTY PROBATION DEPARTMENT, Adult Probation, Juvenile Probation

Objectives: This agency services include the preparation of pre-sentence investigation and reports for the criminal courts and the supervision of criminals sentenced to probation. Investigation and supervision functions are also provided for criminals released from jail by the local Conditional release Commission. Intake, investigation and supervision services are provided for Family Court. Many discretionary services for pretrial and alternative sentencing are also provided.

Hours: Monday – Friday, 9 am – 5 pm.

SARATOGA COUNTY PUBLIC HEALTH NURSING SERVICES
31 Woodlawn Avenue, Saratoga Springs, NY 12866
(518) 584-7460 Service/Intake
(518) 693-7389 Fax
www.saratogacountyny.gov/publichealth

Services: Immunizations, maternal and child visits, emergency preparedness program, lead poisoning prevention program, STD program, tuberculosis program, rabies program, communicable disease surveillance program, Lyme disease program, early intervention program, children with special health care needs, physically handicapped children program and health education and outreach.

Objectives: Offer health education, facilitate important community connections and collaborate with community partners to improve health and wellness for all residents of Saratoga County

Eligibility: Saratoga County residents.

Fees/Payment: Call for more information.

Hours: Monday – Friday, 9 am – 4:30 pm.

SARATOGA HOSPITAL HEALTH INSURANCE NAVIGATION PROGRAM
211 Church Street, Saratoga Springs, NY 12866
(518) 580-2046
(518) 580-2021
Catharine C. Wright (888)242-1418 toll free
(518) 885-9490 Fax

Services Provided: Free in-person assistance with enrolling in Medicaid, Child Health Plus, the Essential Plan, or a Qualified Health Plan from the New York State of Health Marketplace. There are several handicap accessible and/or bi-lingual enrollment sites located throughout the Saratoga County to better assist the consumer in obtaining health insurance.

Objective: To assist all Saratoga County residents with enrolling in the appropriate health plan that fits their needs and the needs of their dependents.

Target Population: Residents of Saratoga County that are under the age of 65 and do not have health insurance.

Intake Procedure: Call for a free consult and/or schedule an appointment with a certified health insurance navigator in your community.

Documents: Will be discussed and evaluated during the consult.

Fee/Payment Source: A free service of Saratoga Hospital through a grant from the NYS Department of Health. Main office: 59D Myrtle Street, Saratoga Springs is open weekdays from 9-4:30pm and evenings/weekends by appointment. Other enrollment sites are by appointment only and hours vary.
SARATOGA HOSPITAL MENTAL HEALTH UNIT
211 Church Street, Saratoga Springs, NY 12866
(518) 583-8405
(518) 583-8463 Fax

Services: 16 bed inpatient mental health unit. Comprehensive treatment with a multidisciplinary treatment team, consisting of Psychiatrists, R.N.’s, social workers, and case management. Psychiatric Evaluation, medications management, discharge planning and coordination of care. Individual and group therapy, family education, referrals to appropriately indicated treatment and services.

Objectives: To provide short term mental health treatment for acute psychiatric crisis. Treatment is focused on rapid stabilization and connecting clients with ongoing treatment and resources to provide continuity of care in the community when ready for discharge from the hospital.

Intake Procedure: Evaluations for admissions are done through the Saratoga Hospital Emergency Room
Eligibility: In need of/meeting criteria for inpatient mental health admissions.
Target Population: 18 years old and older
Hours: 24 hours a day, 365 days a year.

SARATOGA MENTORING PROGRAM
368 Broadway, Saratoga Springs, NY 12866
www.saratogamentoring.org
info@saratogamentoring.org

Services: MENTORING PROGRAM, Adult/Child Mentoring Programs
Objectives: The Saratoga Mentoring Program matches children ages 6-14 with adult mentors to help build strong bonds and friendships.

Eligibility: Children 6-14 and volunteers interested in being mentors
Intake Procedure: Call for information
Hours: Monday – Friday, 9 am – 5 pm. Skidmore College, Saturday from 12-3.

SARATOGA NATIONAL BANK & TRUST COMPANY
171 South Broadway Saratoga Springs, NY 12866
www.saratoganational.com

Services: Online and mobile banking, consumer and commercial loans, trust and retirement services. Money market and deposit accounts, asset management and insurance services

Objectives: Saratoga National Bank and Trust Company has been serving residents and businesses in the Capital Region since 1988. We offer exceptional service and outstanding products, and we’re proud of our commitment to the community through both charitable giving and volunteerism.

Hours: Call for specific branch hours.
Services: Saratoga NHP offers a wide range of special events and activities throughout the year. Some of these include:

- Natural History Hikes
- Children’s Programs (Junior Ranger Programs)
- Encampments and Living History Demonstrations
- Self-guiding tours of the Battlefield

A detailed list of events, dates, times and locations can be found on our website.

Objectives: Keeping in line with the National Park Service mission to “conserve the scenery and the natural and historic objects and the wildlife therein and to provide for the enjoyment of the same in such a manner and by such means as will leave them unimpaired for the enjoyment of future generations,” Saratoga NHP seeks to raise awareness about the need to conserve and preserve both natural and historical culture within park boundaries.

Hours: Monday – Sunday, 9:00 am - 5:00 pm.

SARATOGA REGIONAL YMCA
290 West Avenue, Saratoga Springs, NY 12866, Saratoga Springs, NY 12866 (518) 581-7598 Fax

The YMCA has 5 branches- Saratoga Springs, Malta, Corinth, Wilton and Battenkill.

Services: AQUATICS AND SWIM LESSONS, Aquatic Centers, Swimming/Swimming Lessons

Objectives: The YMCA offers swimming lessons for infants 6-36 months, preschoolers 3-5 years of age, and youth 6 years and up. Adult swim instruction, aqua jogging, lifeguard instruction and aquatic after-therapy exercise are offered for a fee. Pool available for recreational swimming, lap swimming and aquatic exercise. Sauna, steam room and whirlpool on pool deck. Pool located at Saratoga Springs Branch

Eligibility: 6 months and older.

Intake Procedure: Call or walk in to apply.

Fees/Payment: Fixed cost.

Hours: Monday- Sunday, pool hours coincide generally with building hours

Services: E.P.I.C. Camps

Objectives: Have an E.P.I.C. experience with us at our Saratoga Springs Branch! E.P.I.C. runs for 9 one-week sessions. Campers will participate in games, sports, archery, projects, team building, nature activities, trips, swimming and more! You may choose to attend day camp for one week or any combination of weeks. Experienced counselors will supervise children and a ratio of 1:10 ensures a safe, quality camping experience. All camp staff are CPR and First Aid certified. Campers bring a nourishing nut-free lunch and drink each day, as well as a swimsuit, towel and knapsack. Scholarships are available for camp for those with demonstrated need.

Eligibility: This camp is for children entering 1st grade through entering 5th grade.


Fees/Payment: $278 or $306 per week depending on length of camp day (2015 rates).
Services: TRAVEL CAMP

Objectives: Join us for an adventure-packed summer. Travel Camp provides campers entering fifth grade through tenth grade an opportunity to travel every day to fun-filled locations. Campers have a chance to explore different summer activities: amusement and water parks, outdoor sports, fairs, and horseback riding. Travel Camp conducts 9 one-week sessions. Join us for one week or for all; this is your choice. Located at the Saratoga Springs Branch, most day trips depart at 9:00 am and return by 4:30 pm. Campers will be grouped according to age and supervised by experienced adult staff. A 1:10 ratio ensures a safe, fun, and quality camping experience. This program is popular, so register early. Scholarships are available for camp for those with demonstrated need.

Eligibility: This camp is for youth entering fifth grade through tenth grade.


Services: PRE-SCHOOL, Community Based Preschools

Objectives: The character values of caring, honesty, respect, and responsibility are at the heart of everything we do. At our Preschool, children are inspired to develop an excitement and joy for learning. Caring, qualified teachers offer a theme based, developmental curriculum that enhances a child’s total development and nurtures their potential. In the classroom, children engage in activities that develop their fine and gross motor skills as well as strengthen their self-esteem, communication, reading, science, math and literacy skills. We welcome parents and guardians to be a part of your child’s school experience and participate in our program. Students in Saratoga Springs’ 3 & 4 year olds classes swim weekly while the Wilton students enjoy a weekly tumbling class. Spanish lessons are also provided for these 3 & 4 year old students. Children at our unique intergenerational program held at The Wesley Community learn while they interact with the residents as part of their preschool activities. An exciting Kids’ Fit program, monthly swim class, and Spanish lessons enhance The Wesley Preschool. Our Preschool is a school year/school schedule program. Scholarships are available for preschool for those with demonstrated need.

Fees: Contact Preschool Director for information. Payable in 10 installments.

Eligibility: Age 2 by December 1, up to age 5.

Hours: ½ day, morning or afternoon, one to five days per week.

Services: GROUP HEALTH AND WELLNESS CLASSES, Exercise Classes/Groups

Objectives: The Y offers drop-in group health and wellness classes including but not limited to cardiovascular and strength training, yoga, Pilates, Zumba, Gravity, cycle, kickboxing, tai chi, interval classes, meditation, and running for those 14 and older. In addition, some branches offer group exercise classes for children. Schedules are available at the member service desk of any branch, or on our website or mobile app.

Fees/Payment: Free for YMCA member; day fee for guest.

Services: SILVER SNEAKERS FITNESS PROGRAM, Exercise Classes for all & membership benefits for some.

Objectives: SilverSneakers® is the nation’s leading exercise program designed exclusively for older adults and is offered through Healthways. Healthways partners with many insurance programs to offer SilverSneakers® at various locations. SilverSneakers® offers physical activity, health education and social events for people who are Medicare eligible and Group Retiree members. SilverSneakers® Program Members have a complimentary membership with access to all of the Saratoga Regional YMCA branches. Participants do not have to be covered by Silver Sneakers to take part in the Silver Sneakers classes offered at the Y. Have fun and move through a variety of exercises designed to increase muscle strength, range of movement and activity for daily living skills.
Eligibility: Please contact your insurance company directly to determine if you are eligible. In addition, the member service desk at any of our branches can assist you in determining your eligibility.


Other Programs and Offerings
- Gymnastics/Tumbling (Wilton Branch)
- Sports Tennis (Wilton Branch)
- Field House (Wilton Branch)
- Weightlifting
- Personal Training
- Massage
- Livestrong at the YMCA
- Basketball
- Karate
- Indoor track (Saratoga Springs Branch)

Inquire at any branch for schedules, fees and eligibility.

MALTA CHILDCARE
100 Saratoga Village Blvd. #28. Malta, NY 12020
(518) 583-4342
(518) 587-2256 Fax

Services: This NYS licensed full-day developmental program fits the needs of the children according to their ages and individual progress. It uses a thematic approach to reading readiness, language, math, science, art, music, social studies, multi-cultural activities, health and nutrition, fitness, and social-emotional growth for children ages 6 weeks through 5 years old. Individualized infant care
- Fundamental learning experiences for infants (6 weeks-18 months) and toddlers (24-36 months)
- Developmentally-appropriate activities
- Creative Curriculum themed activities, including arts and crafts, letter introduction, science, math and social skills
- Safe and nurturing learning environment for Kindergarten readiness and peer interactions
- Seasonal field trips and in-house learning experiences
- Swim lessons for 4 and 5 year olds.
- Gym program for 3, 4 and 5 year olds
- Large Motor Play Areas: inside and outside
- NYS funded Universal Pre-Kindergarten program with NYS Certified Teachers
- Certified staff with CPR and first aid training
- Breakfast, lunch and snack served.

Eligibility: 6 weeks through 5 years old.

Intake Procedure: Application Procedure, Telephone.

Fees: Contact Director for fees. Vary based on age of child. Scholarships are available for Malta Childcare for those with demonstrated need.

Hours: Year round, Monday- Friday, 6:30 am – 6:00 pm.

BASE (Before & After School Enrichment) & PREP (Pre-teen Recreational & Enrichment Program)

Objectives: BASE is a morning and/or afternoon program for children to learn, grow and thrive. This NYS licensed program engages Kindergarten through Seventh grade students in fun, social play. Children are empowered through indoor/outdoor activities, creative arts, homework help, and large and small group games. This program provides the working parent with a sense of comfort and security. Eight locations in the Saratoga Springs, Ballston Spa, Greenwich and Corinth school districts. Snow day and vacation day care available for Y members and BASE and PREP members, with limitations. Scholarships are available for BASE and PREP for those with demonstrated need.

Eligibility: Kindergarten through Seventh grade students; eligible grades vary by location.


Fees: Contact Director for fees.

Hours: 7:00 am for morning care; until 6 pm for afternoon care.
Services: Section 8 housing, homeless veterans
Objectives: Assistance is provided for veterans who want to improve their understanding of the consumer credit lending and collections systems and maximize their skill in utilizing the credit that is available to them. Services may include help in completing credit application forms; and information and guidance about a variety of topics such as understanding how credit information is analyzed, choosing the best credit cards and/or interest rates available, determining how many credit cards can be managed, protecting one’s credit information and credit rating, communicating with creditors, repairing poor credit ratings and eliminating credit card debt.
Eligibility: Veterans, Veteran families, low-income families
Fees/Payment: No cost
Hours: Monday – Friday, 8:30 am – 4:30 pm.

SARATOGA SPRINGS CITY SCHOOL DISTRICT
3 Blue Streak Blvd., Saratoga Springs, NY 12866
www.saratogaschools.org
public_information@saratogaschools.org

Objectives: The Saratoga Springs City School District has six elementary schools for grades kindergarten to five, one middle school for grades six to eight and one high school for grades nine to 12. Our mission, supported by the Saratoga Springs community, is for every student to experience a personal connection to learning which will serve them for a lifetime. Each student’s innate desire to learn will be fostered through access to: challenging and relevant learning experiences; appropriately designed learning environments; skills instructors who are trained to utilize innovative instructional strategies.
SARATOGA SPRINGS HOUSING AUTHORITY
1 South Federal Street, Saratoga Springs, NY 12866
www.saratogaspringspha.org
pfeldman@sspha.org

Services: HOUSING AUTHORITY, Housing Authorities
Objectives: The Saratoga Springs Housing Authority has a total of 339 units of conventional housing and 90 units of Section 8 housing.
Eligibility: Call for details.
Intake Procedure: Call for information.
Documents: All applications require copies of birth certificates for all applicants. Social Security cards for all applicants and photo ID for any applicant over 18. Once application is submitted, it becomes the property of the Housing Authority.
Hours: Monday – Friday, 8 am -12 noon, 1 pm – 2pm.

SARATOGA SPRINGS OFFICE OF COMMUNITY DEVELOPMENT
474 Broadway, Saratoga Springs, NY 12866
www.saratoga-springs.org

Services: Housing rehabilitation grant and loan programs. Information and referral services.
Objectives: Administer Community Development Block Grant funds from HUD for a variety of projects that benefit low to moderate-income City residents, including housing rehabilitation grant and loan programs.
Target Population: Low and moderate-income persons.
Intake Procedure: Call 587-3550, Ext. 2575 for guidelines and applications.
Hours: Monday - Friday 9:00 a.m. - 4:30 p.m.

SARATOGA SPRINGS POLICE DEPARTMENT
5 Lake Avenue City Hall, Saratoga Springs, NY 12866

Services: Saratoga Springs Police Department, Municipal Police
Objectives: The Saratoga Springs Police Department provides police and emergency services.
Saratoga Springs Public Library provides a variety of library materials for adults, children, and teens including fiction and non-fiction books, large print books, DVDs, audiobooks, Music CDs, magazines, and newspapers. There are 40 computers available for public use and a wireless network for those who prefer to work on their own laptop within the library. For community members that are unable to get to the library due to a disability or illness, they may apply to the library’s Homebound Service. The program is available to Saratoga Springs City School District residents of any age. This service is for residents with either a temporary or permanent disability, and it is free of charge. A library staff member will bring requested library materials to patrons who qualify for Homebound Service. For consideration, please fill out an application which can be downloaded from the library’s website or by calling Jeannine Jeter at 518-584-7860 ext. 228 for assistance. Each year the library offers more than 500 programs for children, teens, families, and adults including: computer education classes, parenting workshops, after school programs, preschool story time, music, and art; local history lectures, author talks, live musical performances, gardening programs, cinema series, book and short story book discussions, tax assistance programs, and a variety of teen programs. The library also participates in the Collaborative Summer Library Program for children and teens, also known as Summer Reading.

Objectives: The mission of the Saratoga Springs Public Library is to inform, to inspire, and to entertain. It must provide access to the universe of knowledge through a variety of materials, programs, and services. As a publicly supported institution, the library should make primary services available without charge. Special emphasis should be given to areas of local interest. The mission of the library implies that the Library’s primary goal is to provide information resources that foster personal, family and community growth for the residents of the Saratoga Springs City School District.

Hours: Monday – Thursday, 9 am – 9 pm, Friday 9 am – 6 pm. Saturday 9 am – 5 pm, Sunday Noon – 5 pm.

Teen Room Hours: Monday–Thursday: 2–7 p.m. Friday: 2–6p.m.

Services: Book Bag Shop, 518-584-7860 ext.233

Hours: Book Bag Shop, 518-584-7860 ext.233

Target Population: The library is chartered to serve the residents of the Saratoga Springs Enlarged City School District.

Eligibility Criteria: The library and its programs are open to the public. Residents of any of the following New York Counties are eligible to register for a Saratoga Springs Public Library Card: Saratoga, Fulton, Hamilton, Montgomery, Schenectady, Schoharie, Warren and Washington. Visitors may be eligible for a temporary card. A parent or guardian’s signature is required for children under the sixth grade.

Borrowing privileges: Residents and property owners of the Saratoga Springs Public Library Service Area (the library’s chartered service area is identical to the Saratoga Springs Enlarged City School District) with cards in good standing may borrow every item in the circulating collection. Out-of-District Residents may borrow any item in the circulating collection, however, placing hold requests on high-demand materials such as books and feature films on DVD from the “New & Popular” collection is reserved for the residents of the library’s chartered service area, and loans of high-demand materials to nonresidents may be limited.

Intake Procedure: Library Card Applications are available at the library’s Circulation Desk. Your library card may be used to borrow three items on the day it is issued to you. It may take several business days for a new registration to be completed. Once complete, the borrowing limit will increase to 50 items.
Services: We provide many recreation programs for youth and adults including but not limited to soccer, ice skating, skateboarding/in-line skating, lacrosse, basketball, cheerleading, field hockey, volleyball, baseball, softball, summer camp and Zumba. Our facilities, including the Recreation center, Ice Rinks, Skate Park, playgrounds and parks provide the opportunities for individuals and their families to enjoy recreation. Our mission is to create fun, safe, affordable activities, and to enrich the community’s quality of life through outstanding recreation programs, resources, and facilities for all individuals. Our Focus Areas are Programs, Facilities, Community and Volunteers.

Objectives: The Saratoga Springs Recreation Department is a municipal agency offering recreational opportunities through programs and facilities for all ages. The mission of the Saratoga Springs Recreation Commission is to create fun, safe, affordable activities, and to enrich the community’s quality of life through outstanding recreation programs, resources, and facilities for all individuals.

Hours: Monday - Saturday 9 am - 8 pm, Sunday 11 am - 7 pm Holiday Hours when open 11 am—7 pm. Summer Hours (Memorial Day – Columbus Day) Monday – Saturday 9:00 am – 8:00 pm Saturday 11:30 am – 5:00 pm.

Eligibility Criteria: Varies

Intake Procedure: Call (518)587-3550 Ext. 2300 for information, download registration forms from our website www.saratogarec.org and mail to or register at the Saratoga Springs Recreation Center, 15 Vanderbilt Avenue, Saratoga Springs, NY 12866-4914.

SCHUYLER RIDGE RESIDENTIAL & ADULT DAY HEALTH CARE
1 Abele Boulevard, Clifton Park, NY 12065
www.schuyleridge.org
bbenamati@setonhealth.org

Services: SCHUYLER RIDGE RESIDENTIAL HEALTH CARE
A skilled nursing facility with 120 beds that offers a range of comprehensive medical services. Dementia care and sub-acute, short-term rehabilitative services are available. The Rehabilitation Center offers a progressive short-term program designed to assist patients with maximizing their independence with a primary goal of returning to the community. Our team works with patients and families to establish the safest, most functional level of discharge possible, in addition, we provide patients and their families with ongoing support and resources to ensure that return to the community is as successful as possible.

Objectives: SCHUYLER RIDGE ADULT DAY HEALTH CARE
Schuyler Ridge Adult Day Health Care is a medical model program staffed by a fulltime Registered Nurse and Certified Nursing Assistants. Our program is designed for adults in need of supervision and health services during the day. We are able to provide a comprehensive range of services from medication administration, assistance with activities of daily living, case management, clinical management, and social, recreational and rehabilitative services. Under the direction of a registered dietician, a well- balanced lunch is served and morning and afternoon snacks are provided, all tailored to meet the needs of the participant. We offer peace of mind for the caregiver, while providing an enriched safe and appealing environment for the participant.
Services: SENIOR CENTERS
Objectives: The Senior Citizens Center of Saratoga Springs offers programs for older adults.
Hours: Monday – Wednesday, 8 am – 2:30 pm, Thursday, 8 am – 3 pm, Friday, 8 am - 1:30 pm.

SENIOR SOLUTIONS
77 VAN DAM STREET, SUITE 4, SARATOGA SPRINGS, NY 12866
(518) 584-1200
www.seniorsolutionsony.com

Services: Home Health Care, Memory Care, Companionship, Housekeeping, Meal preparation, linen changes.
Hours: Office Monday through Friday 8:30 am – 4:30 pm. Care provided up to 24 hours.
Intake Procedures: RN- In Home Assessment.
Fees/Payment: Private Pay.

SETON HEALTH HOME CARE
1 Ross Tech Park, Troy, NY 12180
(518) 233-1802
www.setonhealthhomecare.com

Services: HOME HEALTH CARE SERVICES, Home Health Aide Services, Home Nursing
Objectives: Seton Health Home Care offers home health care services including registered nursing, physical therapy, occupational therapy, speech/language therapy, home health aides, prenatal care, pediatric nursing, social work, and registered dieticians.
Intake Procedure: Call for information.
Fees/Payment: Sliding fee, other various fixed costs. Medicaid, Medicare and private insurance are accepted.
Hours: 24-hour services.

SEFCU
700 PATROON CREEK BLVD, ALBANY, NY 12206
(518) 452-8183
www.sefcu.com

SEFCU is the largest credit union in the Capital Region and one of the largest in New York State with products targeted to all stages of life from children opening their first account to retirees. Check out what the credit union has to offer!

Personal Banking: Take advantage of our free checking account, online banking, high yield savings, low loan rates, and insurance and investment products to make managing your money and your life much easier!

Loans & Lines of Credit: Buying a home? Thinking of buying a new car? Preparing to further your education? See how SEFCU’s home, auto and education loans can help you achieve all of your goals. And, if you’re looking for a credit card with a low rate, great rewards and no fee balance transfers, a SEFCU MasterCard Credit Card is a great option!

Convenience Services: Save time and stay connected to your account with SEFCU’s convenience services. Check account balances, make transfers and get recent transactions with SEFCU Online, Text Banking or with SEFCU’s award-winning Mobile app. Need to deposit a check? Use iTeller on-the-Go and simply take a photo and the check will be automatically deposited into your account.
Free Financial Seminars: SEFCU’s Institute for Financial Well-Being offers free, interactive sessions that provide the tools, knowledge and skills needed to make informed financial decisions. The topics are suitable for all age groups ranging from kindergarten to retirement. To learn more about SEFCU’s Institute for Financial Well-Being, visit www.sefcu.com/financialeducation.
SEFCU makes banking easy and almost everyone can join!

SEXUAL TRAUMA & RECOVERY SERVICES (S.T.A.R.S.)
421 Lower Main St., Hudson Falls, NY 12839
(518) 747-8849
(800) 225-7114 Emergency
www.tcuwny.org revansky@medserv.net
(518) 746-1457 Fax

Services: S.T.A.R.S. (SEXUAL TRAUMA AND RECOVERY SERVICES)

Objectives: Sexual Trauma and Recovery Services provides a range of free and confidential services to all victims of sexual assault in Washington County - past or present, children or adults, friends or family. S.T.A.R.S. has a 24/7 hotline, and provides crisis intervention, short-term counseling, information and referrals. Support is available whether the assault occurred several hours ago or many years ago.

Eligibility: Washington County Residents
Intake Procedure: Call for information or walk-in. The intake procedure consists of a one-page intake form, release of information and OVS application if applicable.
Fees/Payment: No cost. Donations Accepted.
Hours: Monday – Thursday 8:00 am - 6:00 pm, Friday 8:00 am - 5:00 pm. 24-hour emergency service.

SHELTERS OF SARATOGA
14 Walworth Street, Saratoga Springs, NY 12866
(518) 581-1097
(518) 581-8735 Fax
www.sheltersofsaratoga.org

Services: Homeless Outreach Program Connections made through the outreach program are important first steps to building trust with adults, youth and families in need. Through direct outreach lodged in motels by increasing awareness of resources and helping individuals move toward stability and self-determination.

Drop-In Centers: The year-round programs offer a safe environment to do laundry, take a shower, get a meal and connect with critical resources at the SOS 20 Walworth Street, Saratoga Springs location. Various other community agencies provide additional support to ensure that individuals utilizing the program receive the full spectrum of services available to them.
Adult Drop-In Tuesdays 11 am. - 3 p.m. Youth Drop-In Thursdays 11 a.m. - 3 p.m.

Code Blue Emergency Shelter This program offers individuals the basic needs of food and shelter during hazardous winter weather and opens the door for potential stabilization.

Case Managed Shelter: Male and female adult guests are provided with safe shelter, hot meals and a structured environment. Houseguests gain self-sustainability by working collectively with case managers to identify employment and housing opportunities.

Affordable Housing: Affordable housing tenants receive ongoing support through a wide range of programs and services that promote housing stability.

Eligibility: Call for information.
Intake Procedure: Call for information.
Fees/Payment: No cost or low cost, reimbursement through public agency.
Hours: 24 hours a day, 7 days a week.

SHENENDEHOWA SENIOR CITIZENS CENTER
6 Clifton Common Court, Clifton Park, NY 12065
(518) 383-1343
(518) 371-5179 Care Line
jmckinn@nycap.rr.com
(518) 383-5942 Fax

Services: SENIOR CENTERS
**Objectives:**  Shenendehowa Senior Citizens Center provides healthy, supportive, recreational and educational programs that focus on preserving and promoting independence, quality of life, and lifelong learning opportunities for senior adults and other members of the community.

**Eligibility:**  Membership is open to anyone regardless of place of residence.

**Hours:**  Monday – Friday, 9 am – 4 pm.

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**SOCIAL SECURITY ADMINISTRATION**

8TH FLOOR, ONE BROADWAY CENTER, SCHENECTADY, NY 12305

(866) 964-1296  (518) 382-7847 Fax

www.socialsecurity.gov

**Services:**  Our office administers Social Security programs including but not limited to Retirement, Disability, Survivors and Supplemental Security Income (SSI) benefits. We process applications for new and replacement Social Security Cards and can resolve discrepancies on an individual’s Social Security earnings record. We also take applications for Medicare part A and B only, Extra Help with Prescription Drug Plan Costs and replacement Medicare cards.

**Objectives:**  Social Security has provided financial protection for our nation’s people for over 80 years. Chances are, you either receive Social Security benefits or know someone who does. With retirement, disability and survivor’s benefits, Social Security is one of the most successful anti-poverty programs in our nation’s history.

We are passionate about supporting our customers by delivering financial support, providing superior customer service, and ensuring the safety and security of your information-helping you secure today and tomorrow.

**Intake Procedure:**  Walk-In Service and Appointments available over the telephone and in office.

**Documents:**  Identification is always required.

**Hours:**  Monday, Tuesday, Thursday and Friday 9:00 am – 4:00 pm; Wednesday 9:00 am -12:00 pm.

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**SOLDIER ON**

421 N MAIN STREET, LEEDS, MA 01053

www.wesoldieron.org

**Services:**  Rent, security deposits, utility assistance for military veterans.

**Target:**  Military Vets below 50% area median income.

**Documents:**  DD214, Lease, Notice of Eviction (if applicable).

**Hours:**  Call anytime.

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**SOUTHERN ADIRONDACK CHILD CARE NETWORK**

88 Broad Street, Glens Falls, NY 12801

www.saccn.org

info@saccn.org

**Services:**  SOUTHERN ADIRONDACK CHILD CARE NETWORK, Child Care Provider Referrals

**Objectives:**  The Southern Adirondack Child Care Network assists parents in Warren, Washington and Hamilton Counties in their search for child care by providing referrals to area childcare providers, subsidy information and information on choosing quality childcare.

**Eligibility:**  No requirements.

**Intake Procedure:**  Call, visit or email for information.

**Fees/Payment:**  No cost.

**Hours:**  Monday – Friday, 9 am - 4 pm; after business hours, leave a message on the voicemail. Calls will be returned the next business day.
Services: SOUTHERN ADIRONDACK CHILD CARE NETWORK, Child Care Provider Training
Objectives: The Southern Adirondack Child Care Network:
• Offers training and technical assistance to childcare providers in Warren, Washington, and Hamilton and Northern Saratoga Counties.
• Helps develop quality childcare programs by recruiting and assisting person or organizations interested in the business of providing childcare.
• Helps to maintain the quality of childcare in the community by offering on-going training in health, safety, nutrition, child related and business topics.
• Administrative sponsor of the federally funded Child and Adult Care Food Program.
Eligibility: No requirements.
Intake Procedure: Call, visit or email for information.
Fees/payment: No or low cost registration fee. Scholarship/Financial Aid may be available.
Hours: Monday – Friday, 9 am - 4 pm; after business hours, leave a message on the voicemail. Calls will be returned the next business day.

SOUTHERN ADIRONDACK INDEPENDENT LIVING
71 Glenwood Avenue, Queensbury, NY 12804
(518) 792-3537
(518) 792-0979 Fax
(518) 792-0505 TDD
418 Geyser Road, Ballston Spa, NY 12020
(518) 584-8202
(518) 584-1195 Fax

www.sailhelps.org
Facebook: @SAIL.Helps

Services Provided:
Advocacy- providing advisement and guidance through benefit and entitlement programs such as housing, options for long-term care supports for individuals of any age, education, DSS programs, and Social Security Administration.
TRAID(Technology Related Assistance for Individuals with Disabilities)/EI(Early Intervention): Free 30 day short-term Durable Medical Equipment and Assistive Technology loans.
Navigators: Provide assistance and enrollment through the NY State of Health
NHTD(Nursing Home Transition and Diversion) & TBI(Traumatic Brain Injury) Waiver: Coordinate provision of entry services, waiver oversight and program management for individuals to receive home and community based long term care supports as an alternative to institutional living.
CHA (Community Health Advocate): Provides assistance with Medicare, appealing claims, prescription savings, non-marketplace health insurance enrollment, pre-authorization and any other health related questions, concerns or challenges.
ICAN (Independent Consumer Advocacy Network): Assist with any concerns and issues in regards to Managed Long Term Care and Long Term Care Insurance.
ABD (Aged, Blind & Disabled): Facilitated Enrollers provide assistance completing Medicaid applications and Medicare Savings Programs applications.
OHS(Olmstead Housing Subsidy): Providing housing subsidy and support for Medicaid beneficiaries that are nursing home level of care and have recently been in a nursing home.
OPEN DOORS (Previously Money Follows the Person)- Provides advocacy and support for residents of institutional settings who have expressed an interest in returning to their homes and/or communities.
Additional ILC services include communication services, mobility training, architectural barrier consultation (for businesses and individuals), community education, and support business/industry/agency with ADA consultation and implantation, and
computer classes and assistance.

S.T.A.Y. AT HOME PROGRAM: An annual fee based membership program available to people with disabilities and/or age 55+ who struggle with yard and housework, errands and basic repairs due to compromised health/disability. PLEASE NOTE: This is a fee-for-service program.

STEPS Soft Skills Program: A 10 week program that provides learning and hands on practice for young adults and adults looking to increase their skills and knowledge on soft skills and employment skills. PLEASE NOTE: This is a fee-for-service program.

**Objective:** SAIL’s mission is to promote the independence, equality and dignity of people with disabilities in all aspects of personal and community life.

**Target Population/Eligibility:** Individuals with disabilities

**Intake Procedures:** Call to ask a question or schedule an appointment!

**Documents:** None unless specified upon scheduling appointments

**Fees/Payment Source:** N/A, Grant Funded

**Hours:** Monday-Friday, 8am-4pm

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**SOUTHERN ADIRONDACK TOBACCO FREE COALITION (SATFC)**
36 Phila Street, Saratoga Springs NY 12866
[www.tobaccofreeadirondacks.org](http://www.tobaccofreeadirondacks.org)

**Services:** The Southern Adirondack Tobacco-Free Coalition (SATFC) is a grassroots coalition of local agencies and individuals committed to creating a tobacco-free communities. SATFC has been serving the Adirondack region for ten plus years while focusing on three main initiatives, decreasing tobacco marketing and advertising aimed at youth, increasing tobacco-free outdoors policies, and working with landlords and property owners on smoke free housing. SATFC serves a 3 county region of the Adirondacks: Saratoga, Warren and Washington Counties and is a program of The Prevention Council of Saratoga County. SATFC is located in Saratoga Springs, New York. The Coalition is funded by the New York State Department of Health, Tobacco Control Program.

**Intake Procedure:** Call for information.

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**STILLWATER AREA COMMUNITY CENTER & ROOM TO BLOOM PRESCHOOL LEARNING CENTER**
19 Palmer Street, PO Box 536, Stillwater, NY 12170
[www.stillwaterareacommunitycenter.org](http://www.stillwaterareacommunitycenter.org)

**Objectives:** Our goal at SACC is to enhance the quality of life in our community. We accomplish this by providing community service programs (such as Elder Care transportation and before and after school child care), recreation & activities for young and old (our gym is constantly filled), and entertainment. These programs are offered to the residents of our beautiful and historic town always in the spirit of bettering our community. We also host many public forums for Town Government to better inform our residents of changes taking shape throughout the region. Our vision is to maximize the educational and community service benefit of the Center by providing a range of programs that share resources, integrate activities where possible, and meet varying needs of the community as a whole.

**Hours:** Office hours: 9 am - 5:30 pm; Room to Bloom: 6:30 am – 6 pm.

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**SUNY ADIRONDACK**
640 Bay Road, Queensbury, NY 12804
[http://www.sunyacc.edu/](http://www.sunyacc.edu/)
info@sunyacc.edu or evansj@sunyacc.edu

(518) 681-5617
(518) 743-2318 Fax
COMMUNITY COLLEGE, Community Colleges Objectives: SUNY Adirondack is a two-year college, accredited by the Middle States Association of Colleges and Schools and offers a wide variety of Associate degrees and Certificate programs. In addition to credit-bearing courses, SUNY Adirondack offers business and industry training Programs as well as non-credit courses taught through the Department of Continuing Education.

ACADEMIC COUNSELING, Academic Counseling Objectives: Programs that assist students in selecting a course of study that is suited to their abilities, interests, future-plans and general circumstances.

CAREER COUNSELING, Career Counseling Objectives: Programs that provide information and guidance for people who need to evaluate their aptitude, abilities and interests in order to choose a vocation or career and select the type of training that will enable them to obtain and progress in positions in the public or private sector that are productive and fulfilling.

COLLEGE/UNIVERSITY ENTRANCE SUPPORT, College/University Entrance Support Objectives: Programs that provide information and guidance for high school students and others who are preparing for or in the process of choosing and applying for admission to a college, university or other postsecondary institution. Assistance may include information about various college/university programs and their requirements, advice on college/university selection, suggestions regarding high school classes students should take to best qualify for the school of their choice, information and counseling regarding financial aid, assistance in completing necessary application forms and supporting materials such as application essays, and advice regarding the scheduling of SATs/ACTs. The objective of most college/university entrance support programs is to help students select the most appropriate institution and present their credentials in a way that heightens their chances of having their application accepted. Included are programs that sponsor fairs where representatives from a broad range of postsecondary institutions are available to meet with prospective students and discuss course offerings, admission and financial aid requirements, college/university life in general and other information that is pertinent to the selection process.

Eligibility: SUNY Adirondack participates in the full opportunity program of the State University of New York (SUNY). Under this program, SUNY Adirondack generally grants admission to students who are high school graduates or receive a general equivalency diploma (GED)

Intake Procedure: Call for application and information, Walk-ins
Hours: Mon.-Fri. 8am-4pm, Wilton Extension Center Mon.-Thurs. 8:00 a.m. to 10:00p.m.

Services: CONTINUING EDUCATION
Objectives: Continuing Education at SUNY Adirondack offers high quality educational experiences for every member of our community, from children to adults, from business and career training to personal enrichment to youth programming. Courses are offered at our Queensbury campus, Wilton Center, off campus and online.

Services: Professional Development & Training Services *Workforce and Career Preparation Courses
*Non- Credit Certificate courses * Online, on-site, face to face training * Personal and youth enrichment programming

Intake Procedure: Registration can be done in-person, by phone, mail, Fax or email.
Hours: Monday - Friday, 8:00 am - 4:00 pm.
Target Population: All community members 8 – 80.
Fees/Payment: Courses vary in price. Payment is due at the time of registration.

Services: DISABLED STUDENT SERVICES, Accessibility Services
Objectives: Programs that provide special assistance for students with visual, hearing, physical, emotional, learning or other disabilities who might be prevented from obtaining an education without access to support services.
SUMMER ENRICHMENT PROGRAM, Youth Enrichment Programs

Objectives: SUNY Adirondack's Youth Enrichment Program is a three week program for children completing grades 3-9 and is designed to enrich and complement the learning that each student experiences at the home school. Eligibility criteria and a course listing are available by contacting the college.

SUSTAINABLE SARATOGA
PO Box 454 Saratoga Springs, NY 12866
info@sustainablesaratoga.org

Sustainable Saratoga is a not-for-profit organization that promotes sustainable practices and the protection of natural resources, through education, advocacy and action, for the benefit of current and future generations in the Saratoga Springs area.

TEEN AWARENESS GROUP OF HUDSON HEADWATERS HEALTH NETWORK
(A COMMUNITY ADOLESCENT PREGNANCY PREVENTION GRANT)
(518) 761-0300 ext. 31107
Contact Person: Phyllis Morreale
Physical: 45 Hudson Avenue, Glens Falls, NY 12801 Mailing: 9 Carey Road, Queensbury, NY 12804
www.teenawareness.net

Services: FACEBOOK: Teen Awareness of Warren & Washington Counties

Objectives: The Teen Awareness Group of Hudson Headwaters Health Network is focused on improving health outcomes for teens living in Warren and Washington Counties through education, improved access to reproductive/sexual healthcare services, and youth development to reduce the incidence of unplanned teen pregnancy and STI/HIV infection. The Teen Awareness Group works both independently as well as through collaborative efforts with other community agencies.

Services for Youth:

- TAKE 5 Teen Health Workshop – Utilizes a comprehensive, medically accurate, evidence-based curricula that provides adolescents with the knowledge, motivation, and skills necessary to encourage behaviors that reduce their risk of unplanned pregnancy and STDs. Upcoming workshop dates and registration available on line at www.teenawareness.net (Registration & parental permission are required)
- Various workshops and classroom resources available on - Sexting, Pregnancy & STD/HIV Prevention, Abstinence, Teen Dating Violence and Youth Development topics. Please contact our office for further information.

Services for Parents/Caregivers and Educators:

- What We Wish Our Parents Had Taught Us – A parent/caregiver workshop on family communication, discussing sexual health and responsibility with our youth and an overview of sexual health education topics and resources. Information and resources for parents and caregivers on a variety of adolescent development topics Educational programming and access to a lending library for groups, organizations and schools on adolescent focused topics and risk behaviors.
- Other Available Services: Transportation assistance for teens living in Warren or Washington Counties to access reproductive/sexual healthcare services. Free personal protection (condoms/safer sex supplies) and information for individuals to utilize and protect their
Intake Procedure: Interested persons may contact us either by phone or email using the “Contact Us” form on our website.

Eligibility Criteria: Services provided Free of Charge, but limited to Warren and Washington Counties.

Target Population: Youth age 13 and up.

Hours: Monday – Friday, 8:00 a.m. – 4:30 p.m.

THE ADULT & SENIOR CENTER OF SARATOGA
5 WILLIAMS STREET, SARATOGA SPRINGS, NY 12866 (518) 584-1621
seniorcentermarketing@gmail.com
www.saratogaseniorcenter.org

Services: The Adult and Senior Center of Saratoga is a non-profit, non-residential community center located in the heart of Saratoga Springs, Adults age 50 and over can join for only $25 a year and participate in programs, trips and social activities.

Hours: Monday - Friday, 8 am – 4 pm.

THE FOOD PANTRIES FOR THE CAPITAL DISTRICT
32 ESSEX ST., ALBANY, NY 12206 (518) 458-1167 EXT. 12
leah@thefoodpantries.org

TO LIFE!
410 KENWOOD AVE, DELMAR, NY 12054 (518) 439-5975
www.tolife.org


Objectives: Boutiques offering Breast prostheses, bras and post-surgical undergarments for breast cancer patients; also wigs, hats and scarves for women with any medically indicate hair loss. Accredited facility through the American Board for Certification in Orthotics, Prosthetics and Pedorthics. Many insurance plans accepted.

Eligibility: Greater Capital District including: Albany, Rensselaer, Saratoga, Washing, Warren, Schenectady, Montgomery, Columbia and Greene County.

Intake Procedure: Contact by telephone, email or in person.
Documents: Prescription, insurance care and photo ID for insurance coverage if using to cover wig or prosthesis related items only, none needed for other services.

Fee/Payment: Insurance coverage or cash for purchases only. Support services are free of charge.

Hours: Delmar Office: Monday – Friday, 9 am – 5 pm; Saratoga Office: Wednesday 6 – 9 pm, Thursday and Friday 10 am – 3pm.

TRANSITIONAL SERVICES ASSOCIATION, INC.
127 Union Street, Saratoga Springs, NY 12866 (518) 587-6193
http://www.tsa-inc.org
lnelson@tsamail.org

Sites:
EDGECOOD HOUSE (518) 584-6743
112 Cramer Road, Ballston Spa, NY 12020 (518) 584-8336 Fax

HAMMOND HOUSE (518) 584-6688
162 Circular Street, Saratoga Springs, NY 12866 (518) 581-9811 Fax
KAYDEROSS HOUSE
57 Kirby Road, Saratoga Springs, NY 12866
(518) 587-4277
Fax (518) 583-1196

MICA
46 Jefferson Street, Saratoga Springs, NY 12866
(518) 584-1205
Fax (518) 450-0279

PROGRESSIVE STEPS APARTMENT PROGRAM
127 Union Street, Saratoga Springs, NY 12866
(518) 587-2115
Fax (518) 587-2157

SARATOGA COUNTY SINGLE POINT OF ACCESS
127 Union Street, Saratoga Springs, NY 12866
(518) 691-0492
Fax (518) 587-8703

STONEBRIDGE
95 Van Dam Street, Saratoga Springs, NY 12866
(518) 584-2746
Fax (518) 584-9715

SUPPORTED HOUSING
127 Union Street, Saratoga Springs, NY 12866
(518) 587-2115
Fax (518) 587-2157

Services: GROUP HOME/ADOLESCENT/YOUTH COUNSELING, Adolescent/Youth Counseling * Group Home Residents
Objectives: Kaydeross House works closely with children and their families through mutually agreed-upon goals to facilitate the child’s successful return to home or to transition to more independent living. Individual, group, family and crisis counseling is provided in a safe, structured, therapeutic environment, incorporating local school and community experiences.

Services: INDEPENDENT LIVING SKILLS INSTRUCTION
Objectives: Progressive Steps Apartment Program provides counseling, supervision and instruction in skills necessary for independent living through individualized service planning on-site visitation, on-call service, social/recreational activities and case coordination.
Eligibility: Call for information.
Intake Procedure: Call for information.

Services: MICA COMPREHENSIVE SERVICES, Comprehensive Outpatient Substance Abuse Treatment * Dual Diagnosis Psychiatric/Mental Health Support Services * Dual Diagnosis
Objectives: MICA (Mentally Ill Chemical Abusers) Program is an outpatient service intended to enhance the substance abuse and mental health treatment services offered in Saratoga County. The program assists in the development and implementation of a comprehensive service package and promotes an integrated system approach to treatment. Staff works closely with other service providers from both the mental health and substance abuse communities in order to provide seamless services to dually diagnosed clients.
Eligibility: Call for information.
Intake Procedure: Call for information.

Services: MENTAL HEALTH HALFWAY/SUPPORTIVE HOUSES
Objectives: Supported Housing offers 43 beds to clients with psychiatric disabilities. These residents are seen on an as needed basis, and most of these individuals ultimately assume the leases on their own apartments after an appropriate period of time. A small number of the Supported Housing beds are specifically designated for single parents who have mental illnesses and have children residing with them. Eight beds are available for the specific needs of ICM clients.

Eligibility: Call for information.
Intake Procedure: Call for information.

Services: MENTAL HEALTH HALFWAY HOUSES
Objectives: This is a safe, structural environment that provides supportive counseling, goal planning, crisis intervention, recreation, and training in money management, conflict resolution and other daily living skills as needed.

Eligibility: Call for information.
Intake Procedure: Call for information.

Services: MENTAL HEALTH SCREENING/CASE MANAGEMENT
Objectives: Saratoga County Youth SPOA is designed to identify, screen and assign Care Coordination and Wraparound Services to eligible high-need/ high-risk children and youth with a serious emotional disturbance (SED) and/or behavioral disorder and their families. Saratoga County Adult SPOA expedites access to case management and residential services for adults diagnosed with serious and persistent mental illness (ages 18+) who require these intensive services in order to remain healthy and stable in the community.

Eligibility: Call for information.
Intake Procedure: Call for information.

Services: PSYCHIATRIC CASE MANAGEMENT
Objectives: Intensive Case Management (ICM) caseloads meet the criteria for serious and persistent mental illness and whose treatment needs have not been met by traditional mental health services. The Supportive Case Management (SCM) caseloads are individuals who have serious and persistent illness, but require less support in the community or who live in supervised residential settings. Assisted Outpatient Treatment (AOT of Kendra’s Law) clients are mandated to mental health services and the ICM Program assists these individuals in being compliant with their court order. The program utilizes a Holistic Approach philosophy of helping all individuals in every aspect of their lives including, but not limited to, medical care, parenting, education, work programs, housing, mental health care, substance abuse issues, legal assistance and general daily living skills.

Eligibility: Call for information. A referral to the Saratoga SPOA Coordinator is necessary in order to receive case management services.
Intake Procedure: Call for information.

Services: HEDGEROW HOUSE: Recovery Homes/Halfway Houses
Objectives: Hedgerow is a Chemical Dependency Community Residence (Halfway House). Our focus is on Relapse Prevention Planning which includes; individual and group counseling, tobacco recovery counseling, vocational planning, social/recreational activities, enhancement of communication and life skills and intense involvement with the recovery community (AA, NA, SLAA, CODA, OA, etc.).

Eligibility: Call for information.
Intake Procedure: Call for information.

TRI-COUNTY UNITED WAY
696 Upper Glen Street, Queensbury, NY 12084
(518) 798-0170
(518) 798-0533 Fax
TRI-COUNTY UNITED WAY, Federated Giving Programs

Services: The United Way collects donations of funds through payroll deductions, their website and individual gifts. These funds are then distributed to community agencies to provide services to those in need.

Objectives: 

Intake Procedure: Call for information.

UMBRELLA OF THE CAPITAL DISTRICT
9 North Broadway, Schenectady, NY 12305

Services: 

Objectives: Umbrella of the Capital District helps senior citizens and persons with disabilities live comfortably and safely in their own homes. By providing low-cost maintenance and a wide variety of personal services, Umbrella helps members keep their homes and their independence.

Eligibility: Senior citizens and persons with disabilities.

Intake Procedure: Call for information.

Fees/Payment: Clients pay a yearly sliding scale membership fee, and then pay a low-cost fee for service.

UNITED WAY OF THE GREATER CAPITAL REGION
One United Way, PO Box 13865, Albany, NY 12205

Services: United Way issues grants to local health & human service programs through its Community Care Fund in the areas of Basic Needs, Education, Income and Health. United Way also leads and participates in multi-partner initiatives that create lasting solutions. These initiatives include Family and Neighborhood Resource Centers, United Against Hunger, Bright Starts for Brilliant Futures, Creating Assets, Savings and Hope (CA$H) Coalition, and 2-1-1 information and referral line.

Objectives: United Way’s 2-1-1 is an easy to remember, 3-digit number, that is the leading information and referral system for the public to connect with community services. Dialing 2-1-1 connects callers with the help they need to solve non-emergency health, crisis and human services issues. In partnership with the CA$H Coalition, the United Way provides Volunteer Income Tax Assistance (VITA) to help taxpayers receive the credits and refunds they are entitled to. Family and Neighborhood Resource Centers provide one-stop coordinated services to individuals and families-in-crisis at five locations across the Capital Region. United Against Hunger brings funding, expertise and partner organizations together to help individuals and families in the Capital Region access enough affordable and nutritious food to live an active and health lifestyle. Bright Starts for Brilliant Futures brings funding, expertise and partner organizations together to tackle the issue of early-grade academic success.

Eligibility: Call for details

Intake Procedure: Call for information
UNLIMITED POTENTIAL
36 Cady Hill Boulevard, P.O. Box 4656, Saratoga Springs, NY 12866
www.unlimitedpotentialonline.com

Public transportation accessible.

Hours: Monday – Friday, 8:30 am-4:30 pm.

Services: Vocational Rehabilitation, Vocational Rehabilitation * Intellectual Disabilities

Objectives: Unlimited Potential is a vocational rehabilitation center for the mentally ill population. Provided person centered employment support services from resume writing, application assistance to job development and job coaching.

Eligibility: Mentally ill in Saratoga County.

Intake Procedure: Call for information

Hours: Monday, Friday 8 am - 3:30 pm, Tuesday, Wednesday, Thursday 8 am – 4 pm.

UPPER HUDSON PRIMARY CARE CONSORTIUM
9 Carey Road, Queensbury, NY 12804
nharrell@medserv.net

Public transportation accessible.

Services: State/Local Health Insurance Programs/Medicaid, Adult State/Local Health Insurance Programs Children's State/Local Health Insurance Programs, Medicaid.

Objectives: The Upper Hudson Primary Care Consortium is a facilitated enrollee for Family Health Plus, Child Health Plus and Medicaid, and will assist people in applying for these subsidized health insurance plans.

Eligibility: Income-eligible.

Intake Procedure: Call for information.

Documents: Proof of income, proof of citizenship, proof of identity, proof of residency. Other documentation depending on individual situation.

USDA – RURAL DEVELOPMENT
2530 NYS Route 40, Greenwich, NY 12834
www.rurdev.usda.gov/ny
mariann.cavanaugh@ny.usda.gov

Services: Greenwich Servicing Center, Home Rehabilitation Programs, Rural Economic Development

Objectives: The Greenwich Servicing Center offers single family homeownership loans, home repair loans and grants, multi-family housing, community facilities loans, business and industry guaranteed loans, water and sewer loans, renewable energy loans and grants, and value-added programs. The goal of USDA Rural Development is to increase economic opportunity and improve the quality of life for rural residents.

Eligibility: Call for details.

Intake Procedure: Call for information.

Hours: Monday – Friday, 8 am - 4:30 pm.

VANDERHEYDEN HALL, INC.
614 Cooper Hill Road, Wynantskill, NY 12198
http://vanderheyden.org/

Services: Residential treatment, community services, education, secondary school, emergency - crisis
respite, diagnostic assessment, Medicaid service coordination, exceptional group home and supportive services, home based family services, supervised independent living program.

Objectives: Empowering children, adults and families to build brighter futures.
Target Population: Youth - Adults - Families with emotional or developmental challenges, or experienced family disruption; or at risk at school.
Eligibility: Need, referral by county or other source.
Intake Procedure: Contact Mary Beth Carmen, Associate Executive Director at 518-283-6500 Ext. 272.
Hours: 24 hours/365 days per year. Office/Administration: 8:30 am – 4:30 pm.

VNSNY CHOICE
2 116th STREET, UNIT #175, TROY, NY 12182
Katiria.romero@vnsny.org

Services: Health Plans. Please call for more information.

VISITING NURSES HOME CARE/VNA HOME HEALTH
35 Colvin Ave, Albany, NY 12206
www.vnhc.com

(Satellite Office) 517 Broadway, Suite 203 Saratoga Springs, NY 12866

Services: Home Nursing, Rehabilitative Services, Medical Social Work.
Objectives: VNA Home Health is a Certified Home Health Agency (CHHA) providing short-term, intermittent, skilled nursing as well as physical, occupational and speech therapies, medical social workers, and home health aide services to qualified patients in their homes in Albany, Columbia, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington counties.
Intake Procedure: Referral required from patient’s doctor, hospital discharge departments, community agencies or family/caregiver. Patient’s physician must sign orders for home care. VNA does assessment, insurance provider(s) approval needed. Family/caregivers are also involved. Initial point of contact is VNA intake department. Call for information.
Eligibility: Individuals are qualified through physicians, hospitals, facilities, VNA and health insurance assessments, with family/caregiver input.

VISITING NURSES HOME CARE (Satellite Office)
71 Glenwood Avenue, Queensbury, NY 12804

Services: Visiting Nurses Home Care (VNHC) is a licensed home care agency and is an affiliate of VNA Home Health. VNHC provides supportive services including certified home health and personal care, homemakers, licensed practical nursing, and registered professional nursing. Services also include Consumer Directed Personal Assistant Program, and NHTD/TBI Waiver Program.
Objectives: VNHC provides services in 18 counties in the greater capital region. In addition to its main office in Menands, VNHC has satellite offices in Queensbury, Catskill, Cobleskill, and Johnstown.
Intake Procedure: Call 518-694-9907 for information.
Documents: Signed physician’s statement.
Fees/Payment Source: Insurance including Medicaid, Medicare and commercial insurance.
Hours: Mon-Fri 7:30am-5pm, Sat 7:30 am-3pm, Sun 7:30am-12pm, 24 hour, 7 day/week, 365
**VISITING NURSE SERVICE OF NORTHEASTERN NEW YORK**

108 Erie Boulevard, Schenectady, NY 12305

www.vnshomecare.org

info@vnshomecare.org

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**Services:**

SN, PT, OT, ST, RD, HHA, PCA, MSW, Homemaker, CHHA Long Term Care, Maternal Child, Palliative Care, Health Home

**Objectives:**

The Visiting Nurse Service provides comprehensive care for adults and children in the comfort of their own homes. Services are provided by skilled nurses, physical, occupational and speech therapists, Medical Social Workers, Registered Dieticians and Home Health Aides. VNS Home Care programs include: Certified Home Health Care, Care Choices (Palliative Care), Care Central (Health Home), Managed Long Term Care (MLTC) Benefit, Maternal Child Health, Telehealth and Emergency Voice Care.

**Intake Procedure:**

Call 518-382-7932 ext. 230 Central intake

**Documents:**

Demographics, medication list, history and physical and reason for referral.

**Fee/Payment:**

Medicare, Medicaid, Commercial Insurance, Managed Medicare, Managed Medicaid

**Hours:**

24 hours-7 days a week

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**Services:**

HOME HEALTH AIDES, Home Health Aide Services

**Objectives:**

The Visiting Nurse Service offers home health aide services as well as homemaker and personal care aide services to help patients with the requirements of daily living.

**Eligibility:**

No requirements.

**Intake Procedure:**

A referral is required from a hospital or nursing facility or physician. Call for information.

**Documents:**

Physician's statement and insurance authorization.

**Hours:**

Monday – Friday, 8 am - 4:30 pm. Saturdays and Sundays by appointment.

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**Services:**

SKILLED NURSING, Home Nursing

**Objectives:**

The Visiting Nurse Service's clinical nursing staff provide home evaluations, case management and direct care to patients in all of our programs. Nurses monitor all levels of health and well-being and allow patients the freedom to stay in the comfort and safety of home while retaining vital health care services.

**Eligibility:**

No requirements.

**Intake Procedure:**

Referral required from hospital, nursing facility or physician. Call for information.

**Documents:**

Physician's statement and insurance authorization.

**Fees/Payment:**

Medicaid, Medicare, commercial insurance, Managed Medicare and Medicaid.

**Hours:**

Monday – Friday, 8 am - 4:30 pm. Sat. and Sun. by appointment.

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**Services:**

LONG TERM CARE PROGRAM, Long Term Home Health Care

**Objectives:**

The Long Term Care Program offers ongoing services to enable Medicaid-eligible patients to stay in their homes and prevent premature nursing home placement.

**Eligibility:**

Medicaid eligible patients. Call for details.

**Intake Procedure:**

Central Intake 518-382-8050 Ext. 230

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**Services:**

MEDICAL SOCIAL WORK, Medical Social Work

**Objectives:**

The Medical Social Work team provides assistance with long-term planning, housing, financial concerns/budgets and helps resolve insurance reimbursement issues.

**Eligibility:**

No requirements

**Intake Procedure:**

Referral required from hospital, nursing facility or physician. Call for information.

**Fees/Payment:**

Medicaid, Medicare, commercial insurance, Managed Medicare and Medicaid.

**Hours:**

Monday – Friday, 8 am - 4:30 pm. Saturdays and Sundays by appointment.
Services: PHYSICAL, OCCUPATIONAL AND RESPIRATORY THERAPY, Occupational Therapy, Physical Therapy Pulmonary Rehabilitation

Objectives: Certified therapists from the Visiting Nurse Service provide in-home assessments, case management and direct rehab services to patients in the Home Health and Long Term Care Programs. Therapists develop care plans according to health needs and work with patients toward recovery from injury, surgery or for general wellness.

Eligibility: No requirements.
Intake Procedure: Referral required from hospital, nursing facility, or physician. Call for information.
Documents: Physician's statement and insurance authorization.
Fees/Payment: Medicaid, Medicare, commercial insurance, Managed Medicare and Medicaid.

Services: PALLIATIVE CARE

Objectives: The Visiting Nurse Service can assist patients with advanced chronic illnesses or progressive diseases in their homes with support services geared toward comfort and symptom control.

Eligibility: No requirements.
Intake Procedure: Referral required from nursing facility or physician.
Fees/Payment: Medicaid, Medicare, commercial insurance, Managed Medicare and Medicaid.
Hours: Monday – Friday, 8 am - 4:30 pm.

Services: SPEECH PATHOLOGY, Speech Therapy

Objectives: Visiting Nurse Services works with a contract speech pathologist to provide in-home services for patients in need. In addition to speech therapy, the speech pathologist monitors several related health functions including breathing and ingestion.

Intake Procedure: Referral required from hospital, nursing facility or physician. Call for information.
Documents: Physician's statement and insurance authorization.
Hours: Monday – Friday, 8 am - 4:30 pm. Saturdays and Sundays by appointment.
Services: VOCATIONAL REHABILITATION
Objectives: VESID offers vocational rehabilitation services for individuals with disabilities. Services include counseling guidance, educational training and assessment services for those whose disability is a barrier to employment. Agency efforts are to increase access to the range of services within the Department of Education and other agencies.

Eligibility: Disabled individuals age 16 and older who want to work.
Intake Procedure: Call for information or walk in to apply.
Documents: Physician’s statement.
Fees/Payment: No cost.
Hours: Monday – Friday, 8:30 am – 5 pm.

WAIT HOUSE
10-12 Wait St., Glens Falls, NY 12801
(518) 798-4384
10-12 Wait St., Glens Falls, NY 12801
(518) 531-3054 Fax
www.hycwaithouse.org

Services: Emergency shelter, transitional living, aftercare and permanent housing assistance programs.
Objectives: To provide stability to youth who present themselves as homeless. This is accomplished through the immediate provision of services, family reunification, ES, TLP and goal of self-sufficiency.
Target Population: Youth 16 to 21 ES, youth 16-21 pregnant/parenting.
Intake Procedure: Wait House crisis call and coordinates TLP Assessment form.
Hours: 24/7

WARREN COUNTY EMPLOYMENT & TRAINING
Northway Plaza Suite 13C, Queensbury, NY 12804
(518) 743-0925
www.thejoblink.org
ressew@co.warren.ny.us

Services: EMPLOYMENT AND TRAINING, Comprehensive Job Assistance Centers
Objectives: The Warren County Employment and Training is a one-stop comprehensive job assistance center offering access to job listings, apprenticeship opportunities, career planning and counseling, civil service, financial aid information, informational workshops, job fairs, job search assistance, labor market information, a resource room for job search, opportunities for individuals with disabilities, reading and writing help, reemployment services, referral to community resources, and help with resume writing.

Eligibility: Call for details
Intake Procedure: Call for information or walk in.
Fees/Payment: No cost.
Hours: Monday – Friday, 8:30 am – 5 pm.

WARREN COUNTY PROBATION DEPARTMENT
1340 State Route 9, Lake George, NY 12845
(518) 761-6444
www.co.warren.ny.us

Services: WARREN COUNTY PROBATION DEPARTMENT, Adult Probation, Juvenile Probation
Objectives: This agency services include the preparation of pre-sentence investigations and reports for the criminal courts and the supervision of criminals sentenced to probation. Investigation and
supervision functions are also provided for criminals released from jail by the local Conditional release Commission. Intake, investigation and supervision services are provided by Family Court. Many discretionary services for pretrial and alternative sentencing are also provided.

Hours: Monday – Friday, 9:00 am – 5:00 pm.

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WARREN-HAMILTON COUNTIES OFFICE FOR THE AGING

333 Glen Street Suite 306, Glens Falls, NY 12801

www.co.warren.ny.us/ofa

warrhamofa@co.warren.ny.us

Public transportation accessible.

Services: CAREGIVERS RESOURCE CENTER, Adult in Home Respite Care, Caregiver Counseling, Caregiver/Care Receiver Support Groups

Objectives: The Title IIIE Caregivers Support Program assists caregivers in the community with support groups, counseling, information and in-home respite care for caregivers.

Eligibility: Warren/Hamilton County caregivers age 18 and older.

Intake Procedure: Call or walk in for information

Fees/Payment: No cost or fixed cost. Reimbursement through public agency and donations accepted.

Hours: Monday – Friday, 8:00 am – 5 pm.

Services: ADVOCACY/CASE MANAGEMENT, Advocacy * Older Adults Case/Care Management * Older Adults

Objectives: The Warren/Hamilton Counties Office for the Aging advocates on behalf of seniors with legislative bodies and other agencies.

Eligibility: Warren/Hamilton County residents age 60 and older. Intake procedure: Walk in or call for information, or apply via internet.

Fees/Payment: No cost. Donations accepted.

Hours: Monday – Friday, 8:00 am – 5 pm.

Services: LEGAL ASSISTANCE, General Legal Aid * Older Adults

Objectives: The Warren/Hamilton County Office for Aging provides assistance with non-fee generating legal problems.

Eligibility: Warren/Hamilton County residents age 60 and older.

Intake Procedure: Call or walk in to apply.

Documents: Proof of age, proof of residency.

Fees/Payment: No cost or low cost. Donations accepted.

Hours: Monday – Friday, 8:00 am – 5 pm.

Services: HEALTH INSURANCE INFORMATION COUNSELING AND ASSISTANCE PROGRAM (HIICAP) Health Insurance Information/Counseling * Older Adults
Objectives: The Health Insurance Information Counseling and Assistance Program (HIICAP) supplies people over 60 with counseling regarding Medicare A, B and D, QMB, SLMB, retiree health plans, other health insurance, medigap policies, long term care insurance, claim processing, EPIC, etc.

Eligibility: Warren and Hamilton County residents age 60 and older.

Intake Procedure: Call or walk in to apply or apply via internet.

Fees/Payment: No cost.

Hours: Monday – Friday, 8:00 am – 5 pm.

Services: EXPANDED IN HOME SERVICES FOR THE ELDERLY PROGRAM (EISEP), In Home Supportive Services Subsidies Personal Care * Older Adults

Objectives: EISEP (Expanded in Home services for the Elderly Program) provides non-medical in-home services to elderly persons who have one or more disabling conditions which prevent them from performing activities of daily living. Services provided include case management, homemaker/personal care, housekeeper/chore, non-institutional respite, and ancillary services.

Eligibility: Warren/Hamilton County residents age 60 and older who meet health and income guidelines. Call for details.

Intake Procedure: Application procedure. Referral required.

Documents: Proof of income, physician's statement.

Fees/Payment: Sliding fee scale. Personal check, donations accepted.

Hours: Monday – Friday, 8:00 am – 5 pm.

Services: NUTRITION COUNSELING, Nutrition Assessment Services

Objectives: The Warren/Hamilton Office for Aging has a Registered Dietician available to evaluate, counsel and plan for an adequate diet.

Eligibility: Warren/Hamilton County residents age 60 and older.

Intake Procedure: Call for information and appointment.

Fees/Payment: Tuesday, Thursday, 8 am – 3 pm.

Services: TRANSPORTATION, Senior Ride Programs

Objectives: The Warren/Hamilton Office for the Aging coordinates transportation for senior citizens via town services and volunteers.

Fees/Payment: Donations accepted.

Hours: Monday – Friday, 8:00 am – 5 pm.

Services: NY CONNECTS, Specialized Information and Referral * Long Term Care Issues

Objectives: NY Connects provides specialized information and referral services to assist older adults and the disabled in maintaining long term care.

Eligibility: Older adult and disabled residents of Warren and Hamilton Counties.

Services: OME ENERGY ASSISTANCE PROGRAM (HEAP), Utility Service Payment Assistance * Older Adults

Objectives: The Warren/Hamilton Office for Aging assists seniors in filing for the Home Energy Assistance Program (HEAP) to obtain assistance in paying their utility bills.

Eligibility: Warren and Hamilton County residents age 60 or older.

Documents: Proof of income, birth certificate, driver's license, proof of age, proof of residency, W-2 or 1099, and utility bill with address.

Hours: Monday – Friday, 8:00 am – 5 pm.

WARREN, WASHINGTON & ALBANY COUNTIES NYSARC, INC. (518) 935-4303
Services:

Residential
Operating over 70 residential homes and apartments in three Counties as well as a free standing respite center.

Day Habilitation
Opportunities are presented to explore different venues for community involvement through numerous volunteer and recreational programs focusing on the development of individualized interests.

Clinical Services
Family Support Services Respite services, recreation and community habilitation programs
Highly skilled nursing, rehabilitative (PT, OT, ST) and behavioral support staff Medicaid Service Coordination navigates families through the Medicaid services available and assists with the individual’s life plan.

Guardianship
Our trained professionals assist with this process if an individual is determined unable to manage his or her own personal affairs.

Transportation
Includes trips to and from our programs, services and outings

Programs:

Employment Programs for individuals with disabilities using a person centered approach, community based assessments and comprehensive placement services to provide optimum support for those seeking to obtain and maintain employment. We offer career counseling, job coaching and intensive job training and development with on-going support.

Crossroads Industries & Mailing: Full service contract manufacturing, assembly and bulk mailing business employing over 125 individuals with disabilities at Krumkill Rd.

Food Service Program: Offering training and employment opportunities in catering and food preparation at our Krumkill location.

Janitorial Service Program: Provides training and employment opportunities to individuals with disabilities with several janitorial contracts throughout the capital district.

Eligibility:
Determined by the Office of Persons with Developmental Disabilities (OPWDD) Our Medicaid Service Coordinators (MSC) can assist with this process.

Office Hours:
Monday – Friday, 8 am – 5 pm.

Eligibility:
Determined by the Office of Persons with Developmental Disabilities (OPWDD) Our Medicaid Service Coordinators (MSC) can assist with this process.

Public transportation accessible.

Services:
CASE MANAGEMENT/REFERRALS & ASSESSMENTS, Case/Care Management

Objectives:
The Homeless Youth Coalition WAIT House assesses needs of individuals and links them to necessary services (medical, mental health, substance abuse treatment.) Wait House also offers case management for youth, including goal planning.

Hours:
24/7

Services:
TUTORING/GED PREPARATION

Objectives:
Instruction is provided to prepare students to take the GED exam.

Services:
HYC AFTERCARE PROGRAM, Home Management Instruction

Objectives:
The Homeless Youth Coalition Aftercare Program helps: create a household budget based on current income; determines what can be paid for rent, utilities, and other housing expenses;
find safe, affordable housing in the community; pay part of the security deposit for an apartment that fits a budget; connect with other services such as transportation, continuing education, child care, job training, and goal planning for the future.

Eligibility: Qualified individuals ages 18-25 and families with head of household 18 years old and up.

Services: REUNIFICATION, Homeless Family Reunification Services * Homeless Youth
Objectives: HYC WAIT House helps facilitate reunification with family/linkage to a stable living environment and supports the reconnection with school and/or employment.

Services: CRISIS INTERVENTION, In Person Crisis Intervention * Homeless Youth
Objectives: Programs that provide an opportunity for people who are emotionally distressed and/or for their significant others to talk with someone who has been trained to assess and resolve the immediate crisis, if possible, and to link the person with appropriate resources for ongoing assistance.

WARREN-HAMILTON COUNTIES COMMUNITY ACTION
190 Maple Street, Glens Falls, NY 12801
WAHACAA@aol.com
(518) 793-0636 Service/Intake
(800) 339-7159 Toll Free
(518) 793-2910 Fax

Services: FOOD, CLOTHING, HOUSEHOLD ITEMS, COOPERATIVE GLEANING, Food Pantries, General Clothing Provision
Objectives: The Warren Hamilton Community Action Agency provides food, clothing and household items as well as a cooperative gleaning program and case management to those in need.

Eligibility: Individuals and families with low incomes.
Intake Procedure: Walk in for service.
Fees/Payment: No cost
Hours: Glens Falls: Mon.-Fri. 8am-4:30pm Indian Lake: Mon.-Fri. 7am-3pm

Services: WEATHERIZATION, EMERGENCY FURNACE REPAIR/REPLACEMENT, Furnace Maintenance/Repair Furnaces, Home Maintenance and Minor Repair Services * Older Adults, Weatherization Programs
Objectives: Warren-Hamilton Counties ACEO offers weatherization and emergency furnace repair or Replacement, as well as a senior handyman.

Eligibility: Individuals and families with low incomes
Intake Procedure: Walk in for service
Documents: Weatherization requires a completed application and documentation.
Fees/Payment: No cost.
Hours: Glens Falls: 8 am - 4:30 pm; Indian Lake: 7am-3pm

Services: TRANSPORTATION, Indigent Transportation
Objectives: The Warren-Hamilton Counties ACEO provides transportation and case management.

Eligibility: Individuals and families with low incomes
Intake Procedure: Walk in for service.
Hours: Glens Falls: 8am-4:30pm Indian Lake: 7am-3pm

Services: EMERGENCY RENTAL, SECURITY, UTILITY ASSISTANCE, Rent Payment Assistance, Rental Deposit Assistance Utility Service Payment Assistance
Objectives: Warren-Hamilton Counties ACEO provides emergency rental, security, utility assistance and case management.

Intake Procedure: Walk in for service
**WARREN WASHINGTON CARE CENTER**
24 Dix Avenue, Glens Falls, NY 12801
(518) 792-2731
www.wwcarecenter.org

**Services:**
WARREN WASHINGTON CARE CENTER

**Objectives:**
Provide a child friendly environment for the purpose of forensic interviews. Limit the number of interviews reduce trauma to child victims of sexual and physical abuse. Reduce trauma to victims and non-offending family members. Provide forensic medical exams at no cost.

**Services:**
Forensic interviews of child victims of sexual and physical abuse, forensic medical exams, follow up and track progress of cases, child abuse prevention education. Appropriate referrals to mental health medical and crisis intervention programs.

**Intake Procedure:**
Contact center.

**WASHINGTON COUNTY ECONOMIC OPPORTUNITY COUNCIL**
383 Broadway, Fort Edward, NY 12828
(518) 746-2390
Fax: (518) 746-2392
Public transportation accessible.

**Services:**
EMERGENCY ASSISTANCE

**Objectives:**
The Emergency Assistance grant is a limited fund available to help with utility disconnect notices and with eviction/foreclosure.

**Eligibility:**
Washington County residents.

**Intake Procedure:**
Call for appointment

**Documents:**
Applicants must have a denial from the Department of Social Services in order to apply for emergency assistance funds. If applying for utility assistance, applicant must have a disconnect notice. If applying for rent assistance, applicant must have a legal eviction notice.

**Hours:**
Mon.-Fri. 8 am-4 pm

**Services:**
EMERGENCY FOOD PANTRY, Food Pantries

**Objectives:**
The Washington County Economic Opportunity Council offers a food pantry.

**Eligibility:**
Washington County Resident/ Once every 3 months

**Intake Procedure:**
Please bring valid Washington County identification

**Hours:**
Monday, Tuesday, and Friday 1:30 - 3:30

**Services:**
WASHINGTON COUNTY COMMUNITY ACTION ANGELS - School supplies, winter clothing, professional clothing

**Objectives:**
Washington County Community Action Angels volunteers organize community services projects
and raise unrestricted funds to help Washington County residents in need. Annual projects include an annual coat drive. They also provide school supplies to school districts for children in need.

Eligibility: Depends on project. Call for details.
Intake Procedure: Call for information. People in need of school supplies should contact their local school district.
Fees/Payment: No cost, donation accepted.
Hours: Mon.-Fri. 8 am-4 pm

Services: WASHINGTON COUNTY TRANSPORTATION
Objectives: To provide transportation to and from doctors and other necessary appointments
Eligibility: Washington County Resident, 60 years of age or older, ability to get in/out of car on your own. If on Medicaid the only eligibility is Washington County Resident and ability to get in/out of car.
Intake Procedure: Call for appointment
Fees/Payment: No Cost, Donations Accepted
Hours: Mon - Fri 8 am-4 pm

WASHINGTON COUNTY HEAD START/EARLY HEAD START AND CHILD CARE PROGRAMS
18 River Street, Hudson Falls, NY 12839
www.washcohs.org
info@washcohs.org

Public transportation accessible.

Services: DISABILITIES, Development Assessment * Children and youth with Disabilities
Objectives: Children with disabilities participate in the full range of activities provided for all children in the Head Start/Early Head Start program. In order to receive related services such as speech therapy, occupational therapy, or physical therapy, each qualified child will have a complete assessment by an evaluator approved by the New York State Department of Education. Once it has been determined that a child is eligible, additional assistance and services are provided in the classroom or at another location within the center. Younger children, birth to three, generally have services provided at home.
Eligibility: Children with disabilities age 0 to 5.
Hours: Monday—Friday, 8:00 am – 4:00 pm.

Services: EARLY HEAD START
Objectives: Early Head Start is a federally funded child development and family support program that provides early education, health, mental health, nutrition and social services for low income pregnant women and families with children from birth to age three
Eligibility: Low-income pregnant women and families with children from birth to age 3
Intake Procedure: Call for information
Hours: Monday—Friday, 8:00 am – 4:00 pm.

Services: FAMILY DEVELOPMENT TEAMS, Family Based Services
Objectives: Family and community partnership services are provided by four family workers and six family worker/site managers. Family workers recruit, enroll and maintain relationships with families, encourage parent involvement, and provide referral, advocacy and follow-up for needed family services. They are supervised by the Family Services Coordinator.
Eligibility: Families with children age 0 to 5.
Hours: Monday—Friday, 8:00 am – 4:00 pm.

Services: HEAD START
Objectives: Head Start is a federally funded child development program that provides educational experiences, medical and dental services, nutritional meals, counseling and opportunities for parental involvement to help prepare low-income children with disabilities age three to five to enter and succeed in school.

Eligibility: Families with children 3 to 5.

Intake Procedure: Call for information.

Hours: Mon. - Fri. 8 am to 4 pm

Services: HOME BASED SERVICES, Home Based Parenting Education

Objectives: The Home Visitor and parent create an ongoing relationship to support the bond between the parent and child. The parent and the Home Visitor work together to create and sustain a warm, nurturing environment for the young child. The Home Visitor builds on the principles of adult learning to support parent as they foster the growth and development of their child.

Eligibility: Families with children age 0 to 5.

Hours: Mon. - Thurs. 8 am - 4 pm

WASHINGTON-SARATOGA-WARREN-HAMILTON ESSEX
BOARD OF COOPERATIVE EDUCATIONAL SERVICES (BOCES)
1153 Burgoyne Avenue Suite 2, Fort Edward, NY12828
www.wswhебoces.org

Sites:
GLENS FALLS ADULT EDUCATION OFFICE
11 South Street, Glens Falls, NY 12801
(518) 746-3560 Intake/Classes

SARATOGA ADULT EDUCATION CENTER
27 Gick Road, Saratoga Springs, NY 12866
(518) 581-3560 Intake/Classes

WELLCARe HEALTH PLANs, INC.
For the State of New York, please call:
Prospective Members call: 1-866-765-4385 Monday - Friday, 8 am to 9 pm
Current Members call: WellCare (Medicare - HMO Plans): 1-800-278-5155
WellCare Access: 1- 866-482- 3363 WellCare Advocate Complete: 1-866-661-1232
WellCare Liberty: 1-866-491-5746 TTY/TDD (All Plans) call: 1-877-247-6272

Services: WellCare Health Plans, Inc. provides managed care services targeted to government-sponsored health care programs, focusing on Medicaid and Medicare. Headquartered in Tampa, Fla.,
WellCare offers a variety of health plans for families, children, and the aged, blind and disabled, as well as prescription drug plans. The company serves approximately 2.7 million members nationwide as of Dec. 31, 2012.

Hours: Monday - Sunday, 8 a.m. to 9 p.m. Nurse Advice Line call: 1-800-919-8807 Nurse Advice Line - TTY/TDD call: 711 24 hours a day, 7 days a week

WELSPRING
480 Broadway LL20, Saratoga Springs, NY 12866
www.wellspringcares.org
(518) 583-2215 Fax
(518) 587-2336 Hotline Domestic Violence
(518) 584-8188 Hotline Rape

Services: Rape Crisis-Domestic Violence-Prevention and Education Abuse/Violence Related Support Groups, Adult Sexual Assault Counseling, Assertiveness Training, Dating Violence Prevention, Domestic Violence Hotlines, Domestic Violence Intervention Programs, Domestic/Family Violence Legal Services, Financial Management Workshops, General Crisis Intervention Hotlines, Legal Counseling * Sexual Assault Issues, Self Esteem Workshops, Sexual Assault Counseling Sexual Assault Hotlines, Sexual Assault Prevention

Objectives: Wellspring offers 24-hour domestic violence and rape crisis hotlines, 24-hour crisis intervention and accompaniment, counseling, comprehensive case management, legal advocacy, legal clinics, specialized children's and youth counseling and support groups, financial literacy training, support groups for adult domestic violence/sexual assault survivors, Safe Pet Partnership, transitional and permanent supportive housing programs, prevention programs for youth and adults.

Eligibility: Domestic Violence-Saratoga County; Sexual Assault-Saratoga and Washington Counties
Intake Procedure: Call or walk in.
Fees: None/Not applicable.
Hours: Monday – Thursday, 9 am - 6 pm, Friday, 8a – 5p.

Services: EMERGENCY DOMESTIC VIOLENCE SHELTER, Domestic Violence Shelters
Objectives: Emergency shelter for individuals and families fleeing abuse.
Eligibility: Men, women and their children who are domestic violence victims residing in Saratoga County with a current safety issue.
Intake Procedure: Contact 24 hour hotline.
Hours: 24/7

Services: LEGAL ADVOCACY AND LEGAL CLINICS, Domestic/Family Violence Legal Services
Objectives: Legal advocacy, court accompaniment, and legal clinics for victims of domestic violence and sexual assault.
Eligibility: Current abuse victim.
Intake Procedure: Call for appointment.

Services: HOUSING AND EMPLOYMENT ASSISTANCE FOR VICTIMS OF DOMESTIC VIOLENCE Housing Search Assistance * Domestic Violence Issues, Job Search/Placement * Domestic Violence Issues
Objectives: Case management assistance with employment, housing, child care, transportation, and other self- sufficiency needs.
Eligibility: Current victim of domestic violence.
Intake Procedure: Call for appointment.

THE WESLEY HEALTH CARE COMMUNITY
131 Lawrence Street, Saratoga Springs, NY 12866
www.thewesleycommunity.org
(518) 691-1563
(518) 587-1773
Services: Wesley Health Care Center-long term care, short-term rehabilitation, Embury Apartments-Affordable independent senior housing, Woodlawn Commons-independent and enriched senior living, Wesley Outpatient Therapy-Physical, Occupational and Speech Therapy for all ages.

Intake Procedure: Call for information

WILDWOOD PROGRAMS, INC.  
(518) 356-6410 ext. 4419  
2995C Curry Road Extension, Schenectady, NY 12303  
(518)785-9670 Fax  
www.wildwood.edu

WILDWOOD FAMILY & COMMUNITY SERVICES  
(518) 783-3421  
1190 Troy-Schenectady Road Building #1, Latham, NY 12110  
(518) 785-9670 Fax  
www.wildwood.edu

Public transportation accessible

Services: MEDICAID SERVICE COORDINATION, Case/Care Management, Medicaid Recipients, Developmental Disabilities

Objectives: Wildwood Programs Medicaid Service Coordination assists individuals with developmental disabilities to gain access to the full array of services and supports available to them in the community, while promoting the concepts of choice, individualized services and supports and consumer satisfaction. The services coordinator works collaboratively with the individual, family and other service providers to develop and implement an individualized service plan, which outlines a person’s goals, desires and dreams.

Intake Procedure: Call for Information

Services: PARENT NETWORK OF THE CAPITAL REGION, Parenting Skills Classes, Parents of Children with Disabilities

Objectives: The Parent Network of the Capital region is one of thirteen parent centers in the State funded by the State Education Department. It provides training and support to families who have school age children with disabilities. The mission is to provide parents with the knowledge, skills, and resources to facilitate productive relationships with their school districts ensuring an appropriate education for their child. These services are offered free of charge.

Intake Procedure: Call for information or go to website.

Services: FAMILY AND COMMUNITY SERVICES, Specialized Information and Referral, Developmental Disabilities

Objectives: Wildwood can provide information about a variety of developmental disabilities, such as autism, Asperger’s Syndrome, learning disabilities, attention deficit disorder and other neurologically based disabilities and can also make referrals to professional’s expert in working with people with developmental disabilities, including doctors, psychologists, lawyers and other human service agencies. Family and Community Services provide advertisement on the issues of medical and psychological evaluations, service provider locations and understanding of the special education system. The department also facilitates advocacy and support groups and guidance in financial assistance.

Intake Procedure: Call for information.

WILTON WILDLIFE PRESERVE AND PARK  
(518) 450-0321  
80 Scout Road, Gansevoort, NY 12831  
www.wiltonpreserve.org

Services & Objectives: The Wilton Wildlife Preserve and Park’s mission is to conserve ecological systems and natural settings while providing opportunities for environmental education and outdoor recreation. The Wilton Wildlife Preserve and Park is a non-profit organization that partners with the Town
of Wilton, Saratoga County, the NYS Department of Environmental Conservation and the Nature Conservancy to conserve ecological systems and natural settings while providing opportunities for environmental education and recreation. The Wilton Wildlife Preserve and Park is part of the geologically significant Saratoga Sand plains. This area of ancient sand dunes, small but important wetlands and diverse ecological communities is home to the federally endangered Karner blue butterfly, the threatened Frosted elfin, and the Hognose snake species of special concern. While the Karner blue butterfly was the catalyst behind the effort to conserve this increasingly rare landscape, within just a few years of the establishment of the Preserve and Park, other extremely rare species, the Eastern spadefoot toad and the Blanding’s turtle were discovered on its protected lands. Today, almost 2,400 acres of protected land and 14 miles of trails protect significant habitats and provide a wonderfully fun, healthy and educational place for children and their families. Educational programming and recreational opportunities are at the heart of the organization. We provide a full range of educational programs for the public throughout the year and work with local schools, scout groups and others to present programs at the Preserve and Park and off-site. We have several events during the year including our Moonlight and Ski and Snowshoe, Lupine Festival, a 5K Fun Run series in the summer, and a 8K Snowshoe Race in the winter.

Hours: Open year round

WORKFORCE DEVELOPMENT INSTITUTE (WDI) (518) 272-3530
433 River Street, Troy, NY 12180 (518) 272-3501 Fax
www.wdiny.org

Services: WDI promotes affordable, accessible and quality childcare through its Child Care Subsidy Facilitated Enrollment Program. Funded through the NYS Office of Children & Family Services (OCFS), childcare subsidies are provided to working families with incomes up to 275% of the federal poverty level (FPL) in the Capital Region, Oneida, Monroe and Onondaga Counties.

Objectives: To financially assist qualified working families with childcare.

Target Population/Eligibility: Working families with children under 13 years of age

Documents: Application and supporting documents are required

Intake Procedure: Call for prescreening

Hours: 8:00 am – 4:00 pm
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Home-Health Care Partners
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NABA
Northeastern Association of the Blind at Albany
www.naba-vision.org

VNSNY
Visiting Nurse Service of New York

CHOICE Health Plans
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AIM SERVICES, INC.
The power of potential

The Legal Project
Capital District Women’s Bar Association

BERKSHIRE FARM CENTER & SERVICES FOR YOUTH
www.berkshirefarm.org

shelters of saratoga

The Wesley Community

HEALING SPRINGS
Recovery Community and Outreach Center

MVP HEALTH CARE
New York State
EPIC Elderly Pharmaceutical Insurance Coverage Program
FREE PRESCHOOL

SARATOGA COUNTY EOC HEAD START

Free Preschool Programs for Children 6 weeks—5 years
Free Programs for Pregnant Women

Head Start Is For Limited Income Families
  • NYS Day Care Licensed Classrooms
  • NYS Certified Pre-Kindergarten Teachers
    • Breakfast and Lunch Daily
  • Programs for Children with Disabilities
  • Home-Based Programs for Pregnant Women,
    Infants, Toddlers, Pre-Schoolers

Head Start Locations:
Ballston Spa, Burnt Hills/Ballston Lake, Clifton
Park, Corinth, South Glens Falls, Stillwater,
Schuylerville, Waterford

Call 288-3206 for information
WE KNOW THE MOMENTS...
The ones that define us and give meaning to our lives. The moments that make us breathe deeply and then take our breath away... the ones when having our health makes everything possible.

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Meet with a Representative:
Call 1-888-FIDELIS to meet with a Representative or visit fideliscare.org/offices to find a community office close to you

1-888-FIDELIS (1-888-343-3547)
TTY: 1-800-421-1220
fideliscare.org

To learn more about applying for health insurance, including Child Health Plus and Medicaid through NY State of Health: The Official Health Plan Marketplace, visit www.nystateofhealth.ny.gov or call 1-855-355-5777.
Published by the Saratoga County Economic Opportunity Council, Inc.

For more information regarding this directory, or to have your organization added, please contact Saratoga County Economic Opportunity Council, Inc. at (518) 288-3206

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Note: The listing of an organization in this directory does not necessarily imply an endorsement of its purpose or quality, nor does omission signify disapproval.